

Huntingfield roundabout approved

Kingborough Council, in its role as a planning authority, has approved a Development Application for a new roundabout on the Channel Highway, Huntingfield with an amended condition at the most recent council meeting.

Acting Mayor of Kingborough, Cr Jo Westwood said the purpose of the roundabout is to provide access to the proposed Huntingfield housing estate. "Council approved the Development Application for the roundabout with an additional condition that a northbound slip lane be included," Acting Mayor Westwood said.

Acting Mayor Jo Westwood acknowledged the widespread community unease about the roundabout in the lead up to the council meeting on Monday, July 5.

"It was clear there was significant community angst about the design of the roundabout and the impact it would have on residents travelling up from the Channel," Acting Mayor Westwood said.

"Although the original Development Application met the requirements of the planning scheme, the inclusion of a northbound slip lane was considered necessary to avoid potential traffic issues.

"Traffic on Kingborough's roads is increasing rapidly and our road network needs to keep ahead of this.

"It is important that new road infrastructure is built with future growth in mind," Acting Mayor Westwood said.

Former Mayor of Kingborough and Member for Franklin, Dean Winter MP commented on the approval of the Huntingfield roundabout.

"First, I'd like to acknowledge Kingborough Councillors for their innovative response to a flawed application by the Liberal Government.

"It is highly unusual that a Planning Authority would have to condition an additional lane on a roundabout, but the outcome is good, so well done to them.

"It is beyond belief that the Tasmanian Government was going to try and build this roundabout without a northern slip lane.

"It just reinforces what we already know; they do not understand the infrastructure pressures that will be created by 500 more homes at Huntingfield.

"The Alguna Road roundabout construction should have been done before the homes were built, yet we are told they are only just starting planning and design.

"Kingborough does all the heavy lifting in terms of housing growth but gets none of the investment in supporting infrastructure.

"I'll be keeping the pressure on them," Mr Winter concluded.

Acting Mayor Westwood reminded community members prior to the meeting that because the Kingborough Council was considering the Development Application as a Planning Authority, its only decision was whether the application met the requirements of the Planning Scheme.

"Like the people who put in their submissions, I understand that there are potential traffic issues arising from this roundabout, particularly for residents at Margate, Electrona, Snug and further south," Acting Mayor Westwood said.

"However, Councillors' role as a Planning Authority is not to make a judgement on whether we like a development, rather we are required to make a judgement about whether the application meets the requirements of the planning scheme.

"Council's professional planners have provided the advice that the development application meets the requirements of the scheme," Acting Mayor Westwood concluded.



Levi (5), Harry (3), Georgia (8 months) and their mum Kathryn enjoyed the story and craft session at Kingston Library on Thursday, July 8. See next week's *Kingborough Chronicle* for more school holiday photos.

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LETTERS TO THE EDITOR

Extra security for park, but not neighbourhoods

Dear Editor,
If I am not mistaken, did I read in last week's *Kingborough Chronicle*, that the Kingborough Council has organised 18 extra security cameras to protect the Kingston Playground?
Is this to protect the users of the playground in the wee hours of night?
Or is this to protect millions of dollars of vulnerable assets?
From the very beginning I have voiced my belief and opinion the Playground was an egregious and utterly obscene cost for a single piece of what is essentially a

luxury item (such an exorbitant amount spent on a single playground that is) and at the same time I voiced that it would be a magnet to anti-social behaviour, given its location and design, and no security fencing to protect it after hours.
Of course, now the cost burden I assume is mounting up.
Why is it I can foresee these issues, but seemingly an entire council cannot?
Where are the security cameras for protecting general residents in Kingborough like other countries, we should have had a rollout of CCTV in public locations and roads implemented years ago.
But no, let's spend massively on an only just opened playground, not on the residents that have lived in Kingborough over half a century and more.
I believe this whole situation is nonsense, and in my opinion some accountability is needed now.

Michael Whayman
Huntingfield

MMG mine, why not choose another location?

Dear Editor,
The Bob Brown Foundation has been campaigning to protect the takayna/Tarkine for 10 years now, preceded by the Tarkine National Coalition and concerned environmentalists for many decades before that.
Why is protection of the takayna/Tarkine such a difficult notion?
There are numerous options for alternate tailings dam locations for the Rosebery MMG mine.
Why does MMG persist with a location that has a beautiful, intact rainforest and heavily contested?
Maybe it is time for a Tarkine National Park or a Tarkine World Heritage Area.
The protesters are gaining momentum.
Is it really worth the effort, MMG?

Felicity Holmes
Blackmans Bay

White returns to leadership

Rebecca White MP will again lead the Tasmanian Labor party after being elected by her colleagues to fill the position vacated by Member for Franklin, David O'Byrne MP.

The announcement was made on July 7.
Ms White gave birth to her second child on Friday, June 25.
Anita Dow MP retains her position as Deputy Leader.
Ms White is the third leader of the party since she stepped down from the position following the State

election in May.
Responding the announcement, Premier for Tasmania, Peter Gutwein MP did not welcome the return of his opposition colleague, rather he criticised Ms White for the party's election results.
"In their traditional heartland of Clark, Labor's vote of 22.1 per cent was the worst Labor primary vote in any electorate, ever," Mr Gutwein stated.
State Parliament resumes on August 24.

Edna's soup and sandwich lunch

A major fundraiser is happening at the Kingston Twin Ovals on Sunday, July 25.
Edna Pennicott is hosting Edna's Soup and Sandwich Luncheon to raise funds for Kingborough Helping Hands.
Warm soup, tasty sandwiches and sweets are on the menu.
The doors open at 12noon for a 12:30pm start.

The entertainment commences at 2pm and includes The Fabulous Croon Live, singing talents of John X, Colin Dean and Andrew Colrain.
Bookings are not required however there is an entry fee.
Kingborough Helping Hands provide food and other forms of relief on an ongoing basis to people in need in the local community.



From Our Walls to your Walls art exhibition is running at the Channel Museum this month. The exhibition is open Sunday to Friday and includes works from Winifred Knight and others. Along with being a well-known Tasmanian artist, Winifred was a lifelong student and teacher of art. Large oils on canvas, smaller oil and gouache works on canvas and board will be on display. Winifred's work centred around Tasmanian landscapes and she was renowned for her use of colour and composition. (PS)

Kingborough Chronicle

AT THE HEART OF THE COMMUNITY

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Fashion and bowls collide

In recent times the Kingborough Bowls and Community Club has lived up to its name of being a Community Club as well as a Bowls Club.

On Friday, July 2, the club catered for and hosted a fashion parade in the club rooms, courtesy of Fellahamilton Fashions.

After enjoying lunch, fashions from Fellahamilton were modelled by Judy Franks and three Kingborough Bowls Club members, Lorraine Walker (Club President), Carmel Rainbird and Sally Bowes.

The parade held the attention of the 63 ladies in attendance. Plans are in the pipeline for future parades.



Club member Carmel Rainbird is centre of attention modelling during the Fellahamilton Fashion Parade. (PS)



Club member Sally Bowes models on the catwalk during the Fellahamilton Fashion Parade. (PS)



Club President Lorraine Walker modelling an outfit during the Fellahamilton Fashion Parade at the Kingborough Bowls and Community Club. (PS)

Drive safely through roadworks this winter

Road users are reminded to slow down when travelling through road works sites, even when workers aren't present.

Activity at some roadworks sites around the state will be scaled back or temporarily paused over the winter months where construction works are dependent on temperature or weather conditions.

Roadworks are currently underway by the State Government at the Sandfly and Longley intersection on the Huon Highway.

Wherever appropriate, speed limits will be increased through roadwork sites when workers aren't on site.

However, in some locations, speed limits will remain reduced even when people aren't working, to keep everyone safe as they travel through the site.

Reduced speed limits at work sites can be in place for

several reasons, including changes to the road surface, narrower traffic lanes, new or no line marking, unfenced drop-offs, loose road edges, and gravel on the road.

For more information on these current road projects visit https://www.transport.tas.gov.au/projects/planning/road_projects

Don't forgot to vote

The deadline for the Local Government by-election for Kingborough Council to elect a new mayor and councillor is 2pm, Tuesday, July 20.

Your vote is submitted through the postal ballot pack set out to residents around three weeks ago.

Postal services now take a number of days, meaning you should submit your postal vote as soon as possible.

The elected mayor and councillor will serve until the next Kingborough Council election in October 2022.

Late votes will not be counted, if you have any questions you can contact the Tasmanian Electoral Commission on 1800 801 701.

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Burning passion to heal Country

The South East Tasmanian Aboriginal Corporation (SETAC) commemorated this year's National Aborigines and Islanders Day Observance Committee (NAIDOC) with an intimate smoking ceremony and flag raising at Nicholls Rivulet, with the local Aboriginal community.

NAIDOC Week is an Australian observance, with its roots in the 1938 Day of Mourning, becoming a week-long event in 1975.

This year's NAIDOC theme 'Heal Country' is a plea to empower Aboriginal people to reintroduce ancient practices, with the right to protect Country and culture as fundamental, and SETAC particularly emphasizing the traditional burning practices.

Tasmania is in a unique situation, with a major city located only hours away from the Tasmanian Wilderness World Heritage Area (TWWHA), a UNESCO World Heritage Site that meets seven out of ten criteria.

Only one other site on the planet meets this many criteria.

SETAC's main focus is the health of the Aboriginal community in south-eastern Tasmania and this includes their cultural, spiritual, social and emotional wellbeing.

"In response to this we ensure that all of our services are delivered within an Aboriginal Cultural Framework, and that includes access to our Country and the ability to ensure that our land, culture, sacred sites and values are respected and protected," said a representative of SETAC.

"This, coupled with our idyllic forest and sea country living, means that many properties including the TWWHA are at risk of being burned every summer.

"The destruction this would cause, not only on an Aboriginal cultural level, but to everyone who has some connection to this place whether emotionally, spiritually or even economically would be devastating."

SETAC expressed deep concern over these risks and successfully applied for funding from the Federal Government to develop and implement an Indigenous Fire Program.

Working with Jason and Danny from *patrula nayri*, SETCA plans to educate all Australians on Aboriginal Culturing Burning.

"We are also working with the Department of Parks and Wildlife's Working on Country Rangers and TAS Fire to share this practice, that implements more gentle ways to prepare and cool burn in mosaic patterns, so as not to

displace local fauna and to ensure that native seed stocks are unharmed," explained the SETAC representative.

"We have had a lot of interest from local landowners, far too many to respond to, who are concerned about being burned out.

"Unfortunately, because we cannot meet the demand, we have pooled our resources and are hosting the Ngune Healing Country Festival on *weetapoona* Aboriginal Corporation's Murrayfield property on Bruny Island, on October 1 to 3.

"*patrula nayri* will be facilitating Fire Workshops, we'll have plenty of spaces to critically analyse land management practices, with academics who specialise in land management, as well as conservation groups who focus on Tasmanian flora and fauna."

The festival will include a lineup of Aboriginal musical artists, Aboriginal dance and storytelling.

Festivalgoers will be able to engage in sculpture making and skills like kelp water carrier making, clapsticks and more.

Anyone interested in attending the festival can contact SETAC for further information.



Tuesday, July 6, Kingston Library celebrated NAIDOC week with a special story time and displays of books acknowledging Australia's First Nations people.



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Authorised by S. Wass, Estuary Drive, Blackmans Bay

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Lowering power bills in Tasmania

Tasmanian households and small businesses have begun to enjoy some of the lowest electricity prices in the country starting this month.

Since July 1 2021, Tasmanian households have received a 7.11 per cent decrease in electricity prices and small businesses have received an 11 per cent drop in regulated prices, depending on their tariffs.

This decision by the Tasmanian Economic Regulator will see around 243,000 households saving between \$126-\$145 on their annual power bill and 29,000 small businesses saving about \$183.

The cost of living is a major issue for all Tasmanians making these decreasing prices welcome news for many.

Also from 1 July, the Tasmanian Government has provided a \$125 winter supplement for eligible electricity concession holders reducing energy bills for around 90,000 Tasmanians at a cost of up to \$12 million.

To support more Tasmanians, have also made an adjustment to the eligibility for the \$125 winter supplement to cover customers in embedded networks, like aged care facilities, caravan parks and some retirement villages, where customers do not have a direct relationship with a power retailer.

These customers will receive a one-off \$125 COVID Cost of Living Grant.

The Grant Program will be organised by the Department of State Growth with advertising in the coming weeks to ensure Tasmanians understand their eligibility and how to receive the grant.

For more information about the Annual Electricity Concession and eligibility go to https://www.concessions.tas.gov.au/concessions/electricity_and_heat ing or call your electricity retailer.



Australian Water Association young water professionals on site at the Blackmans Bay Sewage Treatment Plant during their professional development program. (PS)

Behind the scenes tour for young water professionals

The Australian Water Association (AWA) in partnership with TasWater hosted a professional development event at Waterworks Reserve in Hobart, followed by a site tour of the upgraded Blackmans Bay Sewage Treatment Plant (STP).

Around 20 AWA Young Water Professionals from Stornoway, Hazell Brothers, the Department of Primary Industries, Parks, Water and Environment and other organisations toured the sites.

The AWA Young Water Professional Program aims to attract, engage and empower Tasmania's young water professionals and emerging leaders.

Community and Stakeholder Engagement Officer Kate Beard said these special interest tours allow TasWater to engage with industry professionals, to share knowledge and build networks.

"It provides the chance for the water professionals to see our infrastructure, the technologies we use, and the improvements being made in the water and sewerage industry."

"In addition, it allows our experienced staff to pass on their knowledge to those starting out in their career."

"Young professionals are important so organisations like TasWater can continue to deliver essential services to Tasmanians."

At Waterworks Reserve, attendees learnt about the science and engineering that is involved to get drinking water from the environment to the taps.

The Blackmans Bay STP visit featured a demonstration of what it takes to process wastewater and return it back to the environment in a safe and sustainable way.

"We have had some great feedback from those who took part in the tours and look forward to delivering more of them in the future," Ms Beard said.

The day was organised through the AWA as part of their program to engage their members through visiting places, hearing about emerging products and networking with others in the industry.

Recognising successful Kingborough exporters

Exporters in Kingborough can now nominate for the Australian Export Awards, where they can be recognised for contributions they are making to business and the community.

This year will be the 59th of the awards and will showcase Australian export businesses succeeding across 13 categories, with the 2021 Australian Exporter of the Year chosen from the 13 category winners.

Senator Abetz has encouraged local businesses to nominate in their relevant categories.

"From one person working from home to large organisations, there are exporters in Kingborough who are successful, innovative and resilient," Senator Abetz said.

"Trade supports one in five Australian jobs and these awards recognise the substantial contribution our exporters and investors make to the nation's economy and right down to the Kingborough community."

"I urge Kingborough business people to nominate for an award so we can thank you for the work that you do and the jobs you support."

"Businesses that go down the export path typically find that new customers and clients drive profits which results in employing more people locally."

Nominations for the awards opened on July 1 and close on August 6, with winners to be announced in November.

For more information, including the full list of categories and details about how to apply, go to exportawards.gov.au

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Excited youngsters put on gloves, ready for their first fencing lesson as the Van Diemen Fencing Club celebrated its 10th anniversary at the Tarremah Steiner School in Huntingfield on Saturday, July 3.



First-time fencers line up for action at Van Diemen Fencing Club in Huntingfield on Saturday, July 3.



Roisin and Kuan Yu engaged in a high-action joust on Saturday, July 3 at the Van Diemen Fencing Club's 10th anniversary.

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UTAS student Tash began fencing last year and has been a regular participant at Van Diemen Fencing Club since February.



Tim and Thomas were among the experienced fencers present at Van Diemen Fencing Club's 10th year anniversary on Saturday, July 3. Tim has been fencing for three years and Thomas has been fencing for around 10 years, on and off.

Fencing club celebrates 10th year

First-time fencers put on gloves and lined up for lesson one, as the Van Diemen Fencing Club celebrated its 10th anniversary on Saturday, July 3.

The *Kingborough Chronicle* went along to check out the fencing action at Tarremah Steiner School Hall in Huntingfield. Van Diemen Fencing Club founding coach and President of Tasmanian Fencing Association Inc, Avery Holderness-Roddam, said the club has been integral in raising the level of the Olympic sport in Tasmania over the past decade. Members include kids, teens and adults. "We encourage new fencers of all ages," said Avery.

"Many fencers start learning to fence later in life. "A large number of fencers continue into their seventies. "Our oldest member is Brian Sibson, who is 86 years old and lives in Kingston. "Brian regularly coaches our senior fencers. "Fencing is not just a guys' sport, in fact Tasmania's most successful fencers at Nationals have been women in recent years. "We want to encourage more women and girls to take up fencing. "It's a fun and challenging sport." Fencers wear specially designed masks, padded

clothing and gloves and use an epee, foil or sabre. Fencers salute their opponents before and after a bout. Avery said the sport has a few misconceptions "It's actually one of the safest Olympic sports," noted Avery. "Injuries only occur when a fencer doesn't warm up correctly prior to training. "The sport is very affordable, costing less than two coffees a week, and we provide all of the clean and safe equipment." Avery said the club celebrates diversity. "We aim to make it accessible to everybody, no matter what their background is. "Fencers aren't separated into category by gender unless

they're in a large tournament, and we're working on ways to make non-binary individuals feel more included. "There are adjustments that are made for fencers with a range of disabilities. "Wheelchair fencing is a recognised sport at the Paralympics. "Fencing is great for deaf and hearing-impaired individuals as the lights indicate when a touch is scored and referees use standard hand gestures to communicate their decisions. "Fencing can even be adjusted so that fencers with little to no vision can fence," Avery concluded.



Winter, aged 5, and Franklin, aged 8, visited Van Diemen's Fencing Club with Sarah and Ben to try out fencing for the first time on Saturday, July 3.

M12114

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STANDING UP FOR WHAT MATTERS

Authorised by Rosalie Woodruff, Parliament House Hobart, TAS, 2020.

THE GREENS

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M13953

Locals fighting breast cancer

Michelle Bath has been raising awareness and money for the National Breast Cancer Foundation.

The National Breast Cancer Foundation is Australia's leading national body funding breast cancer research. They receive no government funding and need supporters like Michelle and the community to continue supporting research.

Michelle spoke to close friends about the impact of breast cancer on the person and their family.

"I asked myself the question, what can I do to help my friends and family and others who receive a diagnosis of breast cancer?"

After seeing a targeted ad online, Michelle decided to GOPINK and raise funds and awareness for the National Breast Cancer Research Foundation.

"One of my closest friends' family have the BRCA2 gene," explained Michelle.

"Her father was diagnosed with breast cancer and had a double mastectomy.

"Her brother and two sisters also carry the gene.

"The two sisters have undergone a double mastectomy.

"The impact on the family has been quite significant.

"The anguish associated with getting a positive result and then getting the right medical information to make a decision whether to proceed with preventative surgery or just wait and see."

Another of Michelle's friends, Judy Gale, is a familiar

face around the Kingborough community.

Judy was diagnosed with breast cancer, not once but twice in the last 10 years and was keen to help Michelle on her quest to raise vital funds for research.

"I decided that I would approach a hair salon in Kingston and tell them my idea about fundraising for National Breast Cancer Research and ask if they would be happy to donate their time and products to dye my hair pink," said Michelle.

"I thought the worst they could say is no, right?"

"Luckily, I was introduced to Sarah Lorkin from Zala Hair.

"Sarah was more than happy to help and she got straight into planning how and which colours she would use to make my hair 'glow pink'."

Michelle thanked Sarah for donating her time and products.

On her birthday in June, Michelle took the opportunity to raise more funds at the Brookfield Shed.

Michelle placed a large jar and information from the National Breast Cancer Research page on the presents table to collect all the loose change from the night's celebrations.

"My hair is certainly a conversation starter and one of the reasons I have been able to raise over \$1200 throughout June," said Michelle.

"I'm overwhelmed with the support of donations received thus far."



Michelle Bath of Margate is raising funds and awareness for The National Breast Cancer Foundation. Double breast cancer survivor, Judy Gale of Kingston is pictured (left) with Michelle (seated). Owner of Zala Hair, Sarah Lorkin (right), dyed Michelle's hair for the cause, donating her time and products. (PS)



Chunky and Possum Pyke of Kingston celebrated their 50th wedding anniversary over lunch with friends at the Brookfield Shed in Margate on Saturday, July 3. The happy couple were awarded the weekly bunch of Grown Here flowers from the Brookfield Margate Market. (PS)

Avoid asthma flare-ups this winter

Winter is upon us and this can be a difficult time for people with asthma.

Before the seasonal change blasted through, Asthma Australia reached out to the community to find out what impacted their asthma most in winter.

By far, their biggest concern was the cold air impacting their breathing.

"The cold air makes my lungs feel like there are razor blades running up and down," responded one participant according to Asthma Australia.

Others reported that winter generally makes things worse for asthma.

"Usually, my asthma symptoms worsen during the winter months," Asthma Australia reported the participants as saying.

"Especially when I get sick.

"I do not look forward to the colder months of the year."

During winter, cold air can affect the airways and lead to the muscles tightening.

The colder and less humid winter air can dry out the thin layer of protective fluid in the airways and increase

the risk of inflammation.

These factors can lead to asthma symptoms or more sensitivity in the airways.

Consistent and controlled asthma management reduces inflammation inside the airways and is the best way to make sure people with asthma are less affected by cold air.

To breathe better this winter, Asthma Australia has put together some important advice for those with asthma.

- Take your prescribed preventer, even when well
- Visit your doctor for an asthma review and get an up-to-date written Asthma Action Plan
- Practice good winter hygiene
- Stay up to date with vaccinations
- Learn the steps of asthma first aid

According to Asthma Australia, taking these steps towards having good asthma control means fewer asthma flare-ups, doctor visits, time off work or hospitalisations.

For more information call 1800 ASTHMA (1800 278 462) and speak with an Asthma Educator or visit asthma.org.au/winter-asthma

Community vehicle applications open

Applications are now open for the Tasmanian Government's Community Car and Coach Fund.

The initiative supports locally-based solutions by providing funds to eligible organisations to purchase a vehicle that best meet the needs of each community, whether that's a car, mini-bus or van.

Vehicles may enable people to access employment, education, health and wellbeing services, and social and other support networks.

The \$500,000 fund was established to provide access to essential services for Tasmanian communities, particularly in rural and regional areas where transport options may be limited.

Applications close on August 30.

Further information is available via the Department of Communities Tasmania website at <https://www.communities.tas.gov.au>



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Kingborough Real Estate Guide

Stunning waterfront home on esplanade

A renovated two-storey federation home is available for rent, fully furnished and located on the idyllic waterfront in Margate.
Having undergone extensive restorations, the property offers an exciting opportunity for those looking to move straight in with everything ready.

The home features original hardwood flooring throughout. There's an open plan living/dining and kitchen, with quality appliances, comfortable furnishings and all-day sunshine.
The comfort continues with electric heating and reverse-cycle air-conditioner/heat pump options.

The master bedroom contains a king-size bed, while two further bedrooms include single beds.
All bedrooms contain suitable storage/wardrobes.
Downstairs the family bathroom features a claw-foot bath, and an additional bathroom is located upstairs.
A European-style laundry is included in the thought-

fully designed kitchen.
The low-maintenance, fenced yard is great for kids to play and there's a garden shed for storage.
Sit on the lovely front porch and watch the world go by.
Located on The Esplanade, Margate, stroll to the waterfront or around the corner to the ever-popular Dru-Point.



MARGATE 56 Esplanade Rental price \$625 per week 3 beds 2 baths 3 cars
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Kingborough Real Estate Guide

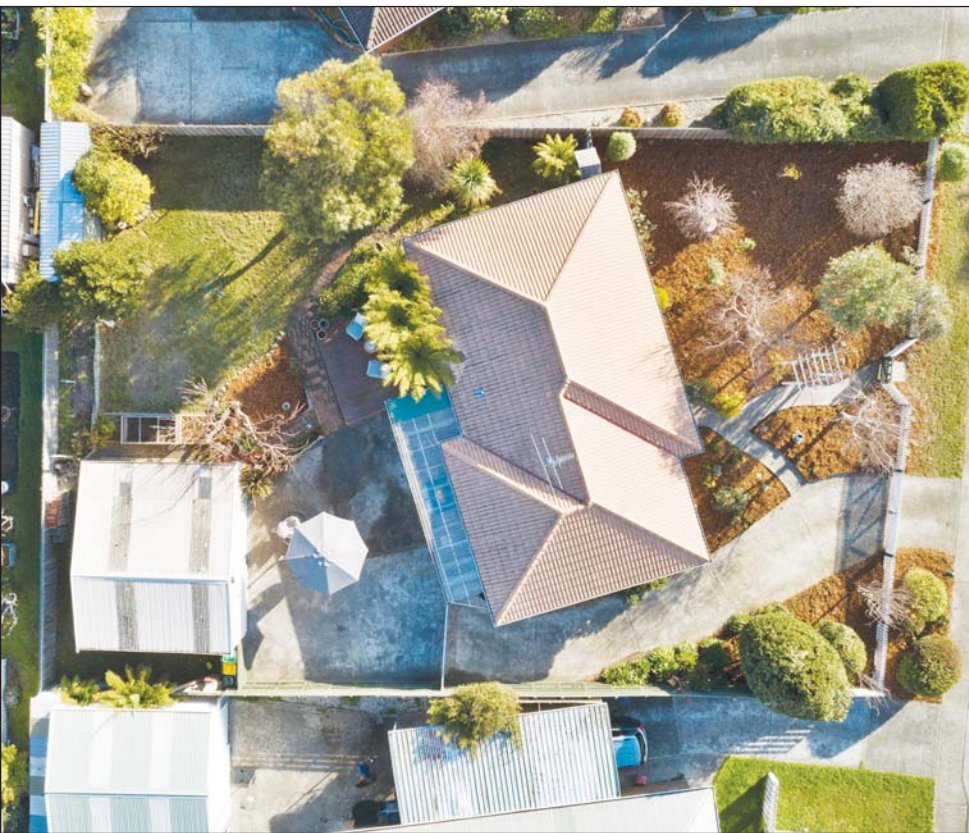
Picture perfect in Peppermint Place

Positioned in a quiet cul-de-sac and family friendly neighbourhood, this beautiful three-bedroom home just minutes from great schools, shops and Dru Point Reserve, presents an outstanding opportunity. With nothing to do but enjoy the lovely garden, light-filled interiors and serene location, the presentation and convenience of this wonderful property will both surprise and delight you.

Entering via a white picket fence, the stunning cottage garden offers an indication of just how lovingly the property has been maintained. Expect to be delighted by nature all year round given the variety of plants on display here. Everything from lemons, apricots, limes and silver birches perfect for the kids to climb and a plethora of flower beds. The generous double garage at the rear of the prop-

erty is fitted with kitchen cabinets and is ideal for all your gardening tools and handyman equipment. When your green thumb needs a rest, pull up a seat on the raised deck perfectly situated to drink in the dappled sunshine. Inside the property is warm and welcoming. Offering views to Mount Wellington from the large picture windows, the generous living room is flooded with light. The combined modern kitchen and dining area offers

convenient access to the backyard and with updated fixtures in the kitchen including a dishwasher and large gas stove top, there is plenty of room to cook up a storm. The three bedrooms, two featuring built-ins and one with drawer storage, are spacious and inviting and the family bathroom is conveniently located nearby. Ideal for a first home-buyer, investor or downsizer, this immaculate property showcases beauty, serenity and great value.



MARGATE 4 Peppermint Place Offers over \$575,000 3 1 2
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Kingborough Chronicle

AT THE HEART OF THE COMMUNITY

FREE WEEKLY TV GUIDE

Wednesday July 14 – Tuesday July 20

WEDNESDAY JULY 14

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Search For Second Earth [s] 11:00 The Repair Shop [s] 12:00 ABC News [s] 12:30 National Press Club Address [s] 1:35 Media Watch [s] 2:05 Mystery Road (M I,v) [s] 3:00 ABC News [s] 4:00 Think Tank (PG) [s] 5:00 Barrie Cassidy's One Plus One [s] 5:30 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Win The Week [s] 8:30 Shaun Micallef's Mad As Hell (M) [s] 9:00 Starstruck (M I,s) [s] 9:25 Supergog (MA15+) [s] 9:45 Adam Hills: The Last Leg (M) [s]

ABC TV PLUS 5:05 Children's Programs 1:35 Mister Maker 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 5:05 PJ Masks 5:25 Fireman Sam 5:55 Remy & Boo 6:25 Peter Rabbit 7:05 Dino Dana 7:30 Spicks And Specks (PG) 8:00 Would I Lie To You? (PG) 8:30 Art Works 9:00 And We Danced 10:00 Doctor Who (PG) 10:45 Old People's Home For 4 Year Olds 11:45 Back Roads 12:15 Louis Theroux: Law And Disorder In Johannesburg (MA15+)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Mommy's Little Girl" (M v) ('16) Stars: Fiona Gubelmann 2:00 Manhunt (M v) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 Farmer Wants A Wife (PG) [s] 9:00 The Front Bar (M) [s] 10:00 The Latest Seven News [s] 10:30 10 Years Younger In 10 Days (PG) [s] 11:30 Ramsay's 24 Hours To Hell And Back (MA15+) [s] 12:30 Home Shopping

7TWO 6:00 Home Shopping 7:00 House Calls To The Rescue 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 Travel And Eat With Dan & Steph (PG) 2:30 Koochie's Business Builders 3:00 Surf Patrol (PG) 3:30 TBA 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 TBA 7:30 The Coroner: Napoleon's Violin (M v) 8:30 A Touch Of Frost: Line Of Fire (Part 2) (M v) 10:15 Murdoch Mysteries (M v) 1:30 Surf Patrol 2:00 Home Shopping

NINE 5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Driving Test (PG) [s] 12:30 Explore [s] 12:40 Beauty And The Geek (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 NRL: State Of Origin "Live" From Stadium Australia, Sydney [s] 10:10 NRL: State Of Origin: Post Match [s] 11:10 NINE News Late [s] 11:40 The First 48: Fast Friends/ The Thin Line (M) [s] 12:35 Tipping Point (PG) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs 12:30 Power Rangers Beast Morphers (PG) 1:00 3rd Rock From The Sun (PG) 1:30 The Road Trick (PG) 2:00 The Xtreme CollXtion (PG) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 Paranormal Caught On Camera (M) 8:30 Movie: "Inferno" (M v,I) ('16) Stars: Tom Hanks 11:00 Police Ten 7 (PG)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 MasterChef Australia [s] 3:10 Judge Judy (PG) [s] 3:40 My Market Kitchen [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 The Queen Carries On: Gayle King Special (PG) [s] 8:30 Royals Revealed: Growing Up Royal: Children Of The Palace (PG) [s] 9:30 Bull (M) [s] 10:30 The Project (PG) [s]

WIN BOLD 6:00 Home Shopping 8:00 JAG (PG) 9:00 Diagnosis Murder (PG) 10:00 Star Trek: Voyager (PG) 12:00 Star Trek: The Next Generation (PG) 1:00 WIN's All Australian News 2:00 Diagnosis Murder (PG) 5:00 JAG: Fit For Duty/ Straits Of Malacca (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: 16 Years (M) 8:30 NCIS: Los Angeles (M v) 11:15 Seal Team: Danger Crossing (M v) 12:10 Home Shopping 2:10 Elementary: Sand Trap (M v) 3:10 Diagnosis Murder (M v) 5:00 Star Trek: Voyager (M v)

SBS 5:30 Worldwatch 7:00 Cycling: Tour De France: Morning Update 8:00 Worldwatch 11:00 Cycling: Tour De France: Stage 16 "Replay" 1:00 PBS Newshour 2:05 French Voyages: Discovery To Australia (PG) (In English/ French) 2:55 Great British Railway Journeys 3:30 The Cook Up With Adam Liaw (PG) 4:00 Jeopardy! (PG) 4:30 Letters And Numbers 5:00 Cycling: Tour De France: Preview Show 6:00 Mastermind 6:30 SBS World News 7:35 Secrets Of The Tower Of London (PG) 8:30 Cycling: Tour De France: Stage 17 "Live" 1:30 Food Safari

SBS VICE 5:00 Worldwatch 12:00 The X-Files (M h,v) 12:50 Rex In Rome (PG) (In Italian) 1:40 ABC America: World News Tonight 2:05 Cycling: Tour De France: Morning Update 4:05 PBS Newshour 5:05 The Joy Of Painting 5:35 Shortland Street (PG) 6:05 Forged In Fire (M) 7:00 Jeopardy! (PG) 7:25 NITV News Update 7:30 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 The Act (MA15+) 9:30 Movie: "The Godfather Part II" (MA15+) ('74) Stars: Al Pacino (In Latin/ English/ Italian) 1:05 Vice News Tonight

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THURSDAY JULY 15

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Courtney Act's One Plus One [s] 10:30 Ms Represented With Annabel Crabb [s] 11:00 Secrets Of The Museum [s] 12:00 ABC News [s] 1:00 Win The Week [s] 1:30 Shaun Micallef's Mad As Hell (M) [s] 2:00 Mystery Road (M I,v) [s] 3:00 ABC News [s] 4:00 Think Tank (PG) [s] 5:00 Barrie Cassidy's One Plus One [s] 5:25 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Foreign Correspondent [s] 8:30 Q&A [s] 9:35 Australia Banates [s]

ABC TV PLUS 5:05 Children's Programs 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 5:05 PJ Masks 5:25 Fireman Sam 5:55 Remy & Boo 6:25 Peter Rabbit 7:05 Dino Dana 7:30 Spicks And Specks (PG) 8:30 Would I Lie To You? 9:00 Win The Week 9:30 Shaun Micallef's Mad As Hell (M) 10:00 Doctor Who (PG) 10:45 You Can't Ask That (M I) 11:15 Australia's Ocean Odyssey: A Journey Down The East Australian Current (PG)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "A Mother's Nightmare" (M d,v,s) ('12) Stars: Annabeth Gish 2:00 Manhunt (M v) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away [s] 8:30 The Front Bar (PG) [s] 9:30 The Latest Seven News [s] 11:00 10 Years Younger In 10 Days (PG) [s] 12:00 Black-ish (PG) [s] 12:30 Home Shopping

7TWO 6:00 Home Shopping 7:00 House Calls To The Rescue 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 Weekender 2:30 Creek To Coast 3:00 Sydney Weekender 3:30 Surf Patrol 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 TBA 7:30 Father Brown (M v) 8:30 Inspector Morse (M v) 10:50 Murdoch Mysteries (M) 11:50 Andrew Denton's Interview (PG) 12:50 The Fine Art Auction (PG) 4:00 Harry's Practice

NINE 5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Talking Honey [s] 12:15 Movie: "Undercover Blues" (PG) ('93) Stars: Dennis Quaid 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair [s] 7:30 RBT (PG) [s] 8:30 Paramedics (PG) [s] 9:30 Kings Cross ER (M) [s] 10:30 NINE News Late [s] 11:00 Chicago Med (M) [s] 11:50 The Bad Seed (M I,s) [s] 12:40 Tipping Point (PG) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs 1:00 Power Rangers Beast Morphers (PG) 1:30 The Road Trick (PG) 2:00 The Xtreme CollXtion (PG) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 America's Top Dog (PG) 8:30 Movie: "Den Of Thieves" (MA15+) ('18) Stars: Gerard Butler 11:15 3rd Rock From The Sun (PG)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 Jamie & The Nonnas [s] 2:00 Entertainment Tonight [s] 2:30 Farm To Fork [s] 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:30 The Project (PG) [s] 7:30 Diana's Decades (PG) [s] 8:30 Law & Order: SVU (M v) [s] 10:30 Off The Bench (M) [s] 11:00 Blue Bloods (M v) [s] 12:00 The Project (PG) [s]

WIN BOLD 6:00 Home Shopping 8:00 JAG (PG) 9:00 Diagnosis Murder (PG) 10:00 Star Trek: Voyager (PG) 12:00 Walker, Texas Ranger (M v) 1:00 WIN's All Australian News 2:00 Diagnosis Murder (PG) 5:00 JAG: San Diego/ Two Towns (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: Saviors (M v) 8:30 Hawaii Five-0 (M v) 10:30 Seal Team: Kill Or Cure (M v) 11:30 FBI (M v) 12:30 Home Shopping 2:00 Walker, Texas Ranger (M v) 3:00 Elementary (M v) 4:00 JAG (M v) 5:00 Star Trek: Voyager (PG)

SBS 5:30 Worldwatch 7:00 Cycling: Tour De France: Morning Update 8:00 Worldwatch 11:00 Cycling: Tour De France: Stage 17 "Replay" 1:00 PBS Newshour 2:00 Secrets Of HM Prison (M) 2:55 Great British Railway Journeys (PG) 3:30 The Cook Up With Adam Liaw (PG) 4:00 Jeopardy! (PG) 4:30 Letters And Numbers 5:00 Cycling: Tour De France: Preview Show 6:00 Mastermind 6:30 SBS World News 7:30 Great Asian Railways Journeys (PG) 8:30 The Good Fight (M) 9:30 Cycling: Tour De France: Stage 18 "Live" 1:50 Italian Food Safari

SBS VICE 5:00 Worldwatch 12:00 The Curse Of Oak Island (M) 1:00 Rex In Rome (M v) (In Italian) 1:50 ABC America: World News Tonight 2:15 Cycling: Tour De France: Morning Update 4:15 PBS Newshour 5:15 The Joy Of Painting 5:45 Shortland Street (PG) 6:15 Forged In Fire (M) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 The Curse Of Oak Island (M) 10:10 Dave Gorman: Modern Life Is Goodish (M) 11:10 Over The Black Dot 11:40 British Columbia Is Burning (M)

FRIDAY JULY 16

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Q&A [s] 11:05 George Clarke's Amazing Spaces [s] 12:00 ABC News [s] 1:00 Foreign Correspondent [s] 1:30 Back Roads [s] 2:05 Mystery Road (M I,d,v) [s] 3:00 ABC News [s] 4:00 Think Tank (PG) [s] 5:00 Barrie Cassidy's One Plus One [s] 5:30 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 Movin' To The Country [s] 8:00 Dream Gardens [s] 8:30 Midsomer Murders (M) [s] 10:05 Baptiste (MA15+) [s] 11:00 ABC Late News [s] 11:15 The Vaccine [s]

ABC TV PLUS 5:05 Children's Programs 1:35 Mister Maker 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 5:05 PJ Masks 5:25 Fireman Sam 5:55 Remy & Boo 6:25 Peter Rabbit 7:05 Dino Dana 7:30 Spicks And Specks (PG) 8:00 Hard Quiz (PG) 8:30 Movie: "The Kids Are All Right" (MA15+) ('10) Stars: Annette Bening 10:20 Doctor Who (PG) 11:00 Art Works 11:30 Anh's Brush With Fame (PG) 12:00 Insert Name Here (M I,s) 12:30 QI (M)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "19th Wife" (M v,s) ('10) Stars: Chyler Leigh 2:00 House Of Wellness [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News Tasmania [s] 7:00 Better Homes And Gardens [s] 7:30 AFL: Round 18: Teams TBA "Live" [s] 11:00 TBA 11:30 TBA 12:30 Home Shopping

7TWO 6:00 Home Shopping 7:00 House Calls To The Rescue 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 Better Homes And Gardens 3:30 Crash Investigation Unit (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 TBA 7:30 Vintage Roads: Great And Small (PG) 8:30 Escape To The Country 9:30 Selling Houses Australia 10:30 Charlie Luxton's Homes By The Sea (PG) 11:30 Home Rescue (PG) 12:00 Before And After

NINE 5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Talking Honey: Princess Diana [s] 12:15 Movie: "Cooking With Love" (G) ('18) Stars: Ali Liebert 2:00 Pointless (PG) [s] 3:00 Tipping Point [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Westgate Bridge Disasters: The Untold Stories (PG) [s] 8:30 Movie: "Robin Hood" (M v,s) ('10) Stars: Cate Blanchett 11:10 Movie: "Good People" (MA15+) ('14) Stars: Sam Spruell

9GO! 6:00 Children's Programs 11:00 Movie: "Pokémon The Movie: I Choose You!" (PG) ('17) Stars: Rikako Aikawa 1:00 Power Rangers Beast Morphers (PG) 1:30 The Road Trick (PG) 2:00 The Xtreme CollXtion (PG) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 5:30 Movie: "The Smurfs 2" (G) ('13) Stars: Brendan Gleeson 7:30 Movie: "Minions" (PG) ('15) Stars: Pierre Coffin 9:15 Movie: "Evolution" (PG) ('01) Stars: Julianne Moore

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 TBA 2:00 Entertainment Tonight [s] 2:30 Farm To Fork [s] 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 The Living Room [s] 8:30 TBA 9:30 The Graham Norton Show (M I,s) [s] 10:30 The Montreal Comedy Festival (MA15+) [s] 11:30 The Project (PG)

WIN BOLD 6:00 Home Shopping 8:00 JAG (PG) 9:00 Diagnosis Murder (PG) 10:00 Star Trek: Voyager (PG) 12:00 Walker, Texas Ranger (M v) 1:00 WIN's All Australian News 2:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: Day In Court (M v,d) 8:30 Law & Order: SVU: Anchor/ Quickie/ Shadow (M v,s) 11:30 CSI: Crime Scene Investigation: Anatomy Of A Lye (M v) 12:30 Home Shopping 2:00 Walker, Texas Ranger (M v) 3:00 JAG (PG) 4:00 Hawaii Five-0 (M v) 5:00 Star Trek: Voyager

SBS 5:30 Worldwatch 7:00 Cycling: Tour De France: Morning Update 8:00 Worldwatch 11:00 Cycling: Tour De France: Stage 18 "Replay" 1:00 PBS Newshour 2:00 Dishonesty - The Truth About Lies (M I) 3:00 NITV News: Nula 3:30 The Cook Up With Adam Liaw (PG) 4:00 Jeopardy! (PG) 4:30 Letters And Numbers 5:00 Cycling: Tour De France: Preview Show 6:00 Mastermind 6:30 SBS World News 7:35 Walking Britain's Lost Railways: Cotswolds (PG) 8:30 Cycling: Tour De France: Stage 19 "Live" 2:15 Italian Food Safari 2:45 Food Safari

SBS VICE 5:00 Worldwatch 12:00 The X-Files (M h,v) 12:50 Rex In Rome (M v) (In Italian) 1:40 ABC America: World News Tonight 2:05 Cycling: Tour De France: Morning Update 4:05 PBS Newshour 5:05 The Joy Of Painting 5:35 Shortland Street (PG) 6:05 Forged In Fire (M) 7:00 Jeopardy! (PG) 7:25 NITV News Update 7:30 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Dynamo: Magician Impossible (M) 9:30 City Porn (MA15+) 10:25 Fear The Walking Dead (MA15+) 12:25 Yokai Footy 1:00 Vice News Tonight

SATURDAY JULY 17

ABC 6:00 rage (PG) [s] 7:00 Weekend Breakfast [s] 10:00 rage (PG) [s] 11:00 rage Guest Programmer (PG) [s] 12:00 ABC News [s] 12:30 George Clarke's Amazing Spaces [s] 1:20 Restoration Australia [s] 2:15 Will Australia Ever Have A Black Prime Minister? [s] 3:20 Back In Time For Dinner [s] 4:25 Landline [s] 4:55 Scottish Vets Down Under (PG) [s] 5:25 Secrets Of The Museum [s] 6:15 The Repair Shop [s] 7:00 ABC News [s] 7:30 The Durrells (PG) [s] 8:20 Belgravia (PG) [s] 9:10 The Trouble With Maggie Cole [s] 9:55 MotherFatherSon (M)

ABC TV PLUS 5:05 Children's Programs 1:25 Sarah And Duck 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:05 Curious George 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 5:05 PJ Masks 5:25 Fireman Sam 5:55 Remy & Boo 6:25 Shaun The Sheep 7:05 Dino Dana 7:30 Spicks And Specks (PG) 8:00 QI: Oceans (M s) 8:30 Live At The Apollo (M s) 9:15 Black Mirror (M) 10:15 Sammy J (PG) 10:20 Would I Lie To You? (PG) 10:50 Fleabag (M I,s) 11:15 The Moaning Of Life (M I,n)

SEVEN 6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show - Weekend [s] 12:00 Kachie's Business Builders [s] 12:30 Dog Patrol (PG) [s] 1:00 TBA 2:30 TBA 4:00 Better Homes And Gardens [s] 5:00 Seven News At 5 [s] 5:30 Border Security - Australia's Front Line (PG) [s] 6:00 Seven News Tasmania [s] 7:00 AFL: Pre Game Show [s] 7:30 AFL: Round 18: Teams TBA [s] 11:00 Crime Investigation Australia: Most Infamous: John Ernest Cribb - The Devil Inside (MA15+) [s] 12:30 Home Shopping

7TWO 6:00 Home Shopping 8:30 Travel Oz (PG) 10:00 RSPCA Animal Rescue 10:30 Mystic 11:30 RSPCA Animal Rescue 12:00 The Great Australian Doorstep (PG) 12:30 Weekend 1:00 House Of Wellness (PG) 2:00 Creek To Coast 2:30 Sydney Weekender 3:00 RSPCA Animal Rescue 3:30 Movie: "North By Northwest" (PG) ('59) Stars: Cary Grant 6:30 Dr Harry's Animal Encounters (PG) 7:30 The Yorkshire Vet (PG) 8:30 Escape To The Country 11:30 Home Rescue (PG) 12:00 Before And After 12:30 The Fine Art Auction (PG)

NINE 7:00 Weekend Today [s] 10:00 Today Extra - Saturday [s] 12:00 Surfing Australia TV [s] 12:30 The Rebound [s] 1:00 Cybershack (PG) [s] 1:30 Talking Honey [s] 1:45 Beauty And The Geek (PG) [s] 3:00 Netball: Suncorp Super Netball: Firebirds v Magpies 'Live' [s] 5:00 NINE News: First At Five [s] 5:30 Getaway (PG) [s] 6:00 NINE News Saturday [s] 7:00 A Current Affair (PG) [s] 7:30 Rugby Union: Australia v France 'Live' [s] 10:00 Rugby Union: Post Match [s] 10:30 Movie: "The Man With The Iron Heart" (G) ('18) Stars: Jason Clarke

9GO! 6:00 Children's Programs 12:30 Beyblade Burst Surge (PG) 1:00 Power Rangers Dino Super Charge (PG) 1:30 Clarence (PG) 1:40 Red Bull Soapbox Race (PG) 2:40 Movie: "Pokémon The Movie: Genesect And The Legend Awakened" (G) ('13) Stars: Sarah Natochenny 4:05 Movie: "Open Season: Scared Silly" (G) ('15) Stars: Donny Lucas 5:45 Movie: "Astro Boy" (PG) ('09) Stars: Freddie Highmore 7:30 Movie: "The Italian Job" (M v,I) ('03) Stars: Mark Wahlberg 9:45 Movie: "Atomic Blonde" (MA15+) ('17) Stars: Charlize Theron

WIN 7:30 The Offroad Adventure Show [s] 8:30 RV Daily Foodie Trails [s] 9:00 Place We Go (PG) [s] 9:30 Studio 10 Saturday (PG) [s] 12:00 The Living Room [s] 12:30 Everyday Gourmet [s] 1:00 The Dog House (PG) [s] 2:00 Pooches At Play [s] 2:30 By Design Heroes [s] 3:00 What's Up Down Under [s] 3:30 Farm To Fork [s] 4:00 Taste Of Australia [s] 4:30 Three Blue Ducks [s] 5:00 10 News First [s] 6:00 Jamie's Easy Meals For Every Day [s] 6:30 Bondi Rescue (PG) [s] 7:00 The Dog House (PG) [s] 8:00 TBA 9:00 TBA 10:00 TBA 11:00 TBA

WIN BOLD 6:00 Home Shopping 9:00 Star Trek: Voyager 10:00 Diagnosis Murder (PG) 12:00 JAG (PG) 2:00 The Doctors (PG) 3:00 Star Trek: Voyager: Cold Fire (PG) 4:00 Bondi Rescue (PG) 4:30 I Fish 5:00 Escape Fishing With ET 5:30 Scorpion (PG) 7:30 NCIS: Blood Brothers (M) 8:30 NCIS: New Orleans: No Man's Land/ Second Chances (M v,d,mp) 10:20 Hawaii Five-0 (M v) 12:15 Elementary (M v) 2:10 48 Hours (M) 3:05 Blue Bloods (M v) 4:00 The Doctors (PG) 5:00 Home Shopping

SBS 5:30 Worldwatch 7:00 Cycling: Tour De France: Morning Update 8:00 Worldwatch 11:00 Cycling: Tour De France: Stage 19 "Replay" 1:00 PBS Newshour 2:00 Monty Don's Paradise Gardens 4:10 Trail Towns (PG) 4:40 Hitler's World: The Post War (PG) 5:30 Cycling: Tour De France: Preview Show 6:30 SBS World News 7:30 Walking Britain's Lost Railways: Midlands (PG) 8:30 Cycling: Tour De France: Stage 20 "Live" 2:15 Italian Food Safari 2:45 Food Safari: 3:15 Rick Stein's Long Weekends 4:25 Vice Guide To Film (M d,I,v)

SBS VICE 5:00 Worldwatch 12:00 Letterkenny (M I,s) 1:05 New Girl (PG) 1:35 ABC America: World News Tonight 2:00 Cycling: Tour De France: Morning Update 4:00 PBS Newshour 5:00 Seconds From Disaster (PG) 7:35 Building The Ultimate: Mega Cruise Ship (PG) 8:30 The X-Files (MA15+) 11:00 Sex In The World's Cities (MA15+) 12:05 Movie: "Top Five" (MA15+) ('14) Stars: Chris Rock 1:55 Balls Deep (M d,I) 2:45 France 24 News In English From Paris 3:00 Thai News 3:30 Bangla News 4:00 Punjabi News

SUNDAY JULY 18

ABC 7:00 Weekend Breakfast [s] 9:00 Insiders [s] 10:00 Offsiders [s] 10:30 The World This Week [s] 11:00 Compass [s] 11:30 Songs Of Praise [s] 12:00 ABC News [s] 12:30 Landline [s] 1:30 Movin' To The Country [s] 2:00 Dream Gardens [s] 2:30 Shakespeare And Hathaway (PG) [s] 3:15 Scottish Vets Down Under (PG) [s] 4:00 The Sound [s] 5:00 Art Works [s] 5:30 Antiques Roadshow (PG) [s] 6:30 Compass [s] 7:00 ABC News Sunday [s] 7:40 Grand Designs [s] 8:30 Innocent (M I,s) [s] 9:15 Agatha Christie's The ABC Murders (M I,v) [s]

ABC TV PLUS 5:05 Children's Programs 1:25 Sarah And Duck 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:05 Curious George 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 4:55 Play School Science Time 5:25 Fireman Sam 5:55 Remy & Boo 6:25 Peter Rabbit 7:05 Dino Dana 7:15 Sir Mouse 7:30 Spicks And Specks (PG) 8:00 Compass 8:30 Louis Theroux's LA Stories: Among The Sex Offenders (M I,s) 9:30 Cracking COVID 10:45 And We Danced 11:45 Black Mirror (M) 12:40 Arj Barker: Get In My Head (M I,s)

SEVEN 6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show - Weekend (PG) [s] 11:00 House Of Wellness (PG) [s] 12:00 VFL: Round 14: Teams TBA 'Live' [s] 2:30 AFL: Pre Game [s] 3:00 AFL: Round 18: Teams TBA 'Live' [s] 6:00 Seven News Tasmania [s] 7:00 Farmer Wants A Wife (PG) [s] 8:30 Crime Investigation Australia: Most Infamous (M v) [s] 9:40 The Real Manhunter (M v) [s] 10:40 Criminal Confessions (MA15+) [s] 11:40 The Blacklist: Rakitin (M v) [s] 1:00 Home Shopping

7TWO 6:00 Home Shopping 7:30 Religious Programs (PG) 8:30 Home Shopping 10:00 House Of Wellness (PG) 11:00 The Great Australian Doorstep (PG) 11:30 Your 4x4 (PG) 12:00 Dr Harry's Animal Encounters (PG) 1:00 Kachie's Business Builders 1:30 Travel And Eat With Dan & Steph (PG) 2:00 The Bowls Show 3:00 My Greek Odyssey (PG) 4:00 Escape To The Country 7:00 Border Security - Australia's Front Line (PG) 9:00 Harbour Cops (M) 9:30 Air Crash Investigations (PG) 12:30 The Fine Art Auction (PG)

NINE 6:00 Easy Eats [s] 7:00 Weekend Today [s] 10:00 Sunday Footy Show (PG) [s] 12:00 Sports Sunday (PG) [s] 1:00 Netball: Suncorp Super Netball: Swifts v Lightning 'Live' [s] 3:00 Explore [s] 3:10 The Pet Rescuers (PG) [s] 3:40 Beauty And The Geek (PG) [s] 5:00 NINE News: First At Five [s] 5:30 Postcards (PG) [s] 6:00 NINE News Sunday [s] 7:00 Beauty And The Geek (PG) [s] 8:30 60 Minutes [s] 9:30 NINE News Late [s] 10:00 Catching A Serial Killer (M) [s] 11:50 Killed By My Stalker (M v) [s] 12:40 Dr Christian Jessen Will See You Now (M s) [s]

9GO! 6:00 Children's Programs 11:00 Ninjago (PG) 11:30 Monkie Kid (PG) 12:00 Bakugan: Geogan Rising (PG) 12:30 Beyblade Burst Surge (PG) 1:00 Power Rangers Dino Super Charge (PG) 1:30 Malcolm In The Middle (PG) 2:00 Making A Model With Yolanda Hadid (PG) 2:55 Hollywood Medium With Tyler Henry (PG) 3:50 Say Yes To The Dress Atlanta (PG) 5:45 Beauty And The Geek (PG) 7:00 Movie: "Get Smart" (PG) ('08) Stars: Steve Carell 9:10 Movie: "Jason Bourne" (M v) ('16) Stars: Matt Damon 11:35 Police Ten 7 (PG)

WIN 8:00 Pooches At Play [s] 8:30 Destination Dessert [s] 9:00 Australia By Design [s] 9:30 Studio 10 Sunday [s] 12:00 Left Off The Map [s] 12:30 Freshly Picked [s] 1:00 My Market Kitchen [s] 1:30 Good Chef Bad Chef [s] 2:00 Three Veg And Meat [s] 2:30 Everyday Gourmet [s] 3:00 The Dog House UK (PG) [s] 4:00 The Queen Carries On: Gayle King Special (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Sunday Project (PG) [s] 7:30 Australian Survivor (PG) [s] 9:00 FBI (M) [s] 12:00 The Sunday Project (PG) [s] 1:00 Home Shopping

WIN BOLD 6:00 Home Shopping 7:30 Religious Programs (PG) 8:00 Bondi Rescue (PG) 8:30 Star Trek: Voyager (PG) 10:30 Escape Fishing With ET 11:00 Scorpion (PG) 12:50 Movie: "Dead Poets Society" (M) ('89) Stars: Robin Williams 3:30 By Design Heroes 4:00 Pooches At Play 4:30 What's Up Down Under 5:00 I Fish 5:30 Bondi Rescue (PG) 6:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 9:25 NCIS: Los Angeles (M) 10:20 48 Hours (M) 11:20 Movie: "Draft Day" (M I) ('14) Stars: Chris Berman

SBS 5:30 Worldwatch 7:00 Cycling: Tour De France: Morning Update 8:00 Worldwatch 11:00 Cycling: Tour De France: Morning Update 1:00 Speedweek 3:00 Football: FIFA World Cup 2022 Magazine 3:30 Cycling: National Road Series 2021 4:00 Rivals (PG) 4:30 Green For Gold: The Boomers, Australian Men's National Basketball Team 5:30 Cycling: Tour De France: Preview Show 6:30 SBS World News 7:30 The Birth Of Empire (PG) 9:45 Grand Tours Of Scotland's Lochs (PG) 11:00 Cycling: Tour De France: Stage 21 "Live"

SBS VICE 5:00 Worldwatch 12:00 Chinese Dating With The Parents (PG) (In Mandarin) 2:00 Cycling: Tour De France Preview Show 3:00 Cycling: Tour De France Morning Update 4:00 ABC America: World News Tonight 4:30 New Girl (PG) 6:00 Abandoned Engineering (PG) 6:50 Life After People (PG) 7:40 The Buildings That Fought Hitler (PG) 8:30 WWE Legends (M) 10:10 Dark Side Of The Ring (M I,v) 11:00 The Investigation (M I,s) (In Danish/ Swedish) 12:40 South Park (M s,v) 2:30 France 24 News In English From Paris

MONDAY JULY 19

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Landline [s] 11:00 Grand Designs [s] 12:00 ABC News [s] 1:00 The Durrells (PG) [s] 1:45 Chopsticks Or Fork? [s] 2:05 Harrow (M I,n) [s] 3:00 ABC News [s] 4:00 Escape From The City (PG) [s] 5:00 Barrie Cassidy's One Plus One [s] 5:30 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Courtney Act's One Plus One [s] 8:30 Four Corners [s] 9:15 Media Watch (PG) [s] 9:35 Bad Influencer (M) [s] 10:20 ABC Late News [s] 10:55 Cracking COVID [s]

ABC TV PLUS 5:05 Children's Programs 1:35 Mister Maker 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 5:05 PJ Masks 5:25 Fireman Sam 5:50 Peppa Pig 6:25 Peter Rabbit 7:00 Grace's Amazing Machines 7:30 Spicks And Specks 8:00 QI (M I,s) 8:30 David Attenborough's First Life 9:30 Doctor Who (PG) 10:15 TBA 11:10 TBA 11:50 QI (M s) 12:20 Escape From The City 1:20 30 Rock (PG) 1:40 The Catherine Tate Show (M I)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show (PG) [s] 11:30 Seven Morning News [s] 12:00 Movie: "Her Husband's Betrayal" (M v) ('13) Stars: Jacqueline MacInnes Wood 2:00 Manhunt (M v) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 Farmer Wants A Wife (PG) [s] 9:00 9-1-1: Lone Star (M) [s] 10:00 S.W.A.T.: Good Cop (M) [s] 11:00 The Latest Seven News [s] 11:30 Filthy Rich: Romans 12:21 (M s) [s] 12:30 Home Shopping

7TWO 6:00 Home Shopping 7:00 House Calls To The Rescue 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 10:30 Kachie's Business Builders 11:00 The Bowls Show 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 SA Weekender (PG) 2:30 Air Crash Investigations (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Doc Martin (M) 8:30 Judge John Deed (M v) 10:30 Mafia's Greatest Hits (MA15+) 11:30 Border Patrol (PG) 12:00 Australia's Deadliest (PG)

NINE 5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Getaway (PG) [s] 12:30 Beauty And The Geek (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Beauty And The Geek (PG) [s] 8:40 Botched (M) [s] 9:40 Footy Classified (M) [s] 10:40 NINE News Late [s] 11:10 The Arrangement (M s) [s] 12:05 Tipping Point (PG) [s] 1:00 A Current Affair [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs (PG) 11:00 Movie: "Pokémon The Movie: The Power Of Us" (G) ('18) 1:00 Power Rangers Beast Morphers (PG) 1:30 The Road Trick (PG) 2:00 Karl Meltzer: Made To Be Broken (PG) 3:00 Malcolm In The Middle (PG) 4:00 The Incredible Hulk (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 RBT (M I,d) 8:30 Movie: "Training Day" (MA15+) ('01) Stars: Denzel Washington 11:00 Paranormal Caught On Camera (M I)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 TBA 2:30 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 Australian Survivor (PG) [s] 9:00 Have You Been Paying Attention? (M s,I,n) [s] 10:00 Just For Laughs Australia (M) [s] 10:30 The Project (PG) [s] 11:30 The Late Show (M)

WIN BOLD 6:00 Home Shopping 8:00 TBA 9:30 Bondi Rescue (PG) 10:00 Star Trek: Voyager (PG) 12:00 Walker, Texas Ranger (M v) 1:00 WIN's All Australian News 2:00 NCIS: Los Angeles (M) 3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 10:20 Formula 1 British Grand Prix 2021 11:20 Blue Bloods: Something Blue (M v) 12:15 Home Shopping 2:15 Elementary: Through The Fog (M) 3:15 Diagnosis Murder (PG) 4:10 NCIS (MA15+) 5:05 Star Trek: Voyager (PG)

SBS 5:30 Worldwatch 7:00 Cycling: Tour De France: Morning Update 8:00 Worldwatch 11:00 Cycling: Tour De France: Morning Update 1:00 Worldwatch 2:00 Arabia With Levison Wood (M I,v) 3:00 Great British Railway Journeys (PG) 3:30 The Cook Up With Adam Liaw (PG) 4:00 Jeopardy! (PG) 4:30 Letters And Numbers 5:00 Cycling: Tour De France: Preview Show 6:00 Mastermind 6:30 SBS World News 7:35 Secrets Of The Tower Of London (PG) 8:30 Secret Scotland (PG) 9:25 24 Hours In Emergency (M) 10:20 SBS World News

SBS VICE 5:00 Worldwatch 12:00 The X-Files (M h,s,v) 1:45 Cycling: Tour De France: Morning Update 3:45 ABC America: World News Tonight 4:15 This Week With George Stephanopoulos 5:15 The Joy Of Painting 5:45 Shortland Street (PG) 6:15 Forged In Fire (M) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Hypothetical (M) 9:25 Taskmaster (M) 10:15 Black Lives Matter: A Global Reckoning (M I,v) 11:05 Savages (M I,v) (In French)

TUESDAY JULY 20

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Four Corners [s] 11:00 Antiques Roadshow (PG) [s] 12:00 ABC News [s] 1:00 Belgravia (PG) [s] 1:45 Chopsticks Or Fork? [s] 2:05 Harrow (M I,v) [s] 3:00 ABC News [s] 4:00 Escape From The City (PG) [s] 5:00 Barrie Cassidy's One Plus One [s] 5:30 Hard Quiz (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Ms Represented With Annabel Crabb: The Juggle [s] 8:30 A Story Of Hope - A Catalyst Special [s] 9:30 And We Danced [s] 10:30 ABC Late News [s] 11:00 Q&A [s]

ABC TV PLUS 5:05 Children's Programs 1:35 Mister Maker 2:05 Dinosaur Train 2:30 Book Hungry Bears 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:35 Kiddets 5:05 PJ Masks 5:25 Fireman Sam 5:50 Peppa Pig 6:25 Peter Rabbit 7:00 Grace's Amazing Machines 7:30 Spicks And Specks (PG) 8:30 TBA 9:10 Intelligence (M I) 9:35 Doctor Who (PG) 10:35 Superwog (MA15+) 11:00 Starstruck (M I,s) 11:20 Fleabag (M I,s) 11:50 The Games 12:15 Would I Lie To You?

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show (PG) [s] 11:30 Seven Morning News [s] 12:00 Movie: "Secrets In The Attic" (AKA 'Boy In The Attic') (M v) ('16) Stars: Abbie Cobb 2:00 Manhunt (M v) [s] 3:00 The Chase UK [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 Farmer Wants A Wife (PG) [s] 9:00 The Rookie: Lockdown/ Revelations (M) [s] 11:00 The Latest Seven News [s] 11:30 Filthy Rich (M v) [s] 12:30 Home Shopping

7TWO 6:00 Home Shopping 7:00 House Calls To The Rescue 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 My Greek Odyssey (PG) 3:00 Border Patrol (PG) 4:00 Australia's Deadliest (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Pie In The Sky (PG) 8:30 Lewis (M v) 10:30 Deadly Dates (M v) 11:30 Special: The Day We Walked On The Moon (PG) 12:30 Pie In The Sky (PG) 1:30 Surf Patrol 2:00 Escape To The Country

NINE 5:30 Today [s] 9:00 Today Extra [s] 11:30 NINE's Morning News [s] 12:00 Desperate Housewives (M) [s] 1:00 Beauty And The Geek (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Beauty And The Geek (PG) [s] 8:40 The Weakest Link [s] 9:40 Kath & Kim Kountdown: The Creme De La Menthe (PG) [s] 10:40 NINE News Late [s] 11:10 Emergency (M) [s] 12:05 Tipping Point (PG) [s]

9GO! 6:00 Children's Programs 11:00 Making A Model With Yolanda Hadid (PG) 12:00 Parenthood (PG) 1:00 Keeping Up With The Kardashians (M) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 Movie: "The Terminator" (M) ('84) Stars: Arnold Schwarzenegger 9:40 Movie: "Sin City" (MA15+) ('05) Stars: Micky Rourke 12:10 Love Island USA (MA15+)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 TBA 2:30 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 My Market Kitchen [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:00 WIN News [s] 6:30 The Project (PG) [s] 7:30 Australian Survivor (PG) [s] 9:00 NCIS (M v) [s] 11:00 The Project (PG) [s] 12:00 The Late Show (PG) [s] 1:00 Home Shopping 4:30 CBS This Morning [s]

WIN BOLD 6:00 Home Shopping 8:00 TBA 9:30 I Fish 10:00 Star Trek: Voyager (PG) 12:00 Walker, Texas Ranger (M v) 1:00 WIN's All Australian News 2:00 NCIS: Los Angeles: Blaze Of Glory (M v) 3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: After Hours (M) 8:30 Blue Bloods: The Real Deal/ Naughty Or Nice (M v) 10:25 NCIS: New Orleans (M v,d) 12:15 Home Shopping 2:15 Movie: "Room" (M I) ('15) Stars: Brie Larson 4:40 Escape Fishing With ET 5:05 JAG (PG)

SBS 5:30 Worldwatch 1:00 PBS Newshour 2:00 Arabia With Levison Wood: The Empty Quarter (M I) 3:00 Great British Railway Journeys (PG) 3:30 The Cook Up With Adam Liaw (PG) 4:00 Mediterranean With Simon Reeve (PG) (In English/ Albanian/ Italian) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind 6:30 SBS World News 7:30 Who Do You Think You Are? (PG) 8:30 Insight (M) 9:30 Dateline 10:30 SBS World News 11:00 Cacciatore (MA15+) (In Italian) 12:00 Cardinal (MA15+) 3:20 8 Out Of 10 Cats Does Countdown (M I,s)

SBS VICE 5:00 Worldwatch 12:00 The X-Files (M h,v) 1:40 Rex In Rome (M v) (In Italian) 3:25 New Girl (PG) 3:50 ABC America: World News Tonight 4:15 PBS Newshour 5:15 The Joy Of Painting 5:45 Shortland Street (PG) 6:15 Forged In Fire (M) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Wild Things (M) 9:35 Earth Emergency (PG) 10:35 Counter Space (M) 11:35 Detective Chinatown (M h) (In Mandarin) 12:25 Vice News Tonight

Tasmanian vocalist emerges with new release

Tasmanian-based recording artist Susannah Coleman-Brown grew up in the Huon Valley and has launched a new independent EP, Hunger and Fate.

The EP brings together jazz talent from Australia's southern island including Jason Whatley (Piano), Kelly Ottaway (Vibraphone), Beau Thomas (Drums) and Hamish Houston (double bass) from the Channel area.

Six original compositions were recorded live in the studio with Susannah's quintet, with no edits being made except backing vocals that were added later.

"I wanted to create a high-quality recording that allowed listeners to hear exactly how we sounded in the room, on the day," Susannah commented.

"To hear and feel the energy lifts as our solos take flight and the moments of deep hush where there is space and time to absorb what's been spoken in a solo."

The project successfully secured funding from government arts funding body, Arts Tasmania, Contemporary Music Fund in 2020 when all the musicians on the EP were out of work.

"There was an opportunity to showcase some incredible improvisers from Tasmania at a time when the arts community really needed the money coming out of COVID-19," Susannah said.

"It was also an opportunity to stretch myself as a composer and to return to jazz after nearly two decades writing and performing in other styles."

Hunger and Fate is available on all streaming platforms.



Susannah Coleman-Brown has launched a new EP, Hunger and Fate, which involves jazz talent from Tasmania, including Hamish Houston from the Channel area. (PS)

Getting junior anglers hooked

Young anglers will have greater access to the sport over the next four years, with junior licences free for those aged 14 to 17.

Junior anglers, from 14 up to and including 17 years of age, are still required to hold an inland angling licence but can now apply for free online on the Inland Fisheries Service website at <https://www.ifs.tas.gov.au/anglers/> manage or through a local agent.

Junior anglers under 14 years old do not require an angling licence.

Minister for Primary Industries and Water, Guy Barnett said the State Government wants to continue to encourage the participation of junior anglers.

"Trout fishing is a way of life for thousands of Tasmanians and we want to ensure access to fishing our inland lakes and waterways remains free for junior anglers," Minister Barnett said.

"Waiving these fees will encourage more young people to enjoy the state's world class trout fishery and increase angling participation and time in our beautiful outdoors."

"More than 1000 angling licenses sold each year are

to junior anglers and we encourage all juniors, and their families, to apply for or renew their licence early and be ready when the majority of waters open on Saturday, August 7."

The Inland Fisheries Service has also developed a Draft Strategy to increase participation in inland recreational fishing.

The strategy outlines the goals, strategies and actions that will be used to increase participation of inland fisheries and will put in place measures to ensure informed fisheries management decisions.

It also allows for continued development of infrastructure, facilities and access to support the fishing experience, as well as supporting angling clubs to promote junior angling, encourage female participation and engage anglers in the stewardship of the state's inland fisheries and waterways.

The Draft Strategy is open for public consultation until midnight on Friday, August 13 and can be viewed at the Inland Fisheries Service website at <https://www.ifs.tas.gov.au/draft-strategy-to-increase-participation-in-tasmanias-inland-recreational-fishery>

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Holiday at Home



Pristine South Tasmania holiday magazine is producing another special edition that will showcase holiday and travel experiences for local Tasmanians and interstate visitors to enjoy in our beautiful state. In it's 28th year the magazine will be distributed across more of Tasmania including the North West, North, East Coast and the South, encouraging Tasmanians to explore their island home throughout the year.

HUON NEWS

KINGBOROUGH CHRONICLE

Contact Greta Watson

Contact Matthew Noffke

Contact Chelsea Emery

0491 138 368

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6229 3655

greta@huonnews.com

matt@kchronicle.com.au

trades@kchronicle.com.au

LOCAL BUSINESSES

Due out late 2021 and online, Pristine South Tasmania – Holiday at home, invites all tourism, hospitality, accommodation and retail businesses, to be included in the publication.

For more information, please contact the Huon News or Kingborough Chronicle newspapers.



positive ageing for seniors

ADVERTISING FEATURE

Positive aging and possible benefits of tea

Art of Tea has a large range of herbal, caffeine free and traditional blends to enjoy with friends or as part of your wellbeing approach to aging.

“One of the most popular teas is our Organic After Dinner Blend,” notes Samantha, owner of Art of Tea. “The ingredients have been found to aid digestion after a meal, ease IBS symptoms, soothe acidity and

bloating, and are especially popular with our more mature customers.

“Our friendly team is always on hand to help customers select from our range of over 130 varieties.”

Art of Tea has been serving customers in Tasmania for over 20 years with a huge loyal local following.

“Positive aging can also mean healthy aging and can be achieved by making better health choices to

improve our lives for the future,” said Samantha.

“Having a positive mindset helps us to continue doing what we love.

“Some tips recommended by many experts are to continue with regular activity, exercise our brains with mental challenging activities, and begin to learn new things.

“Keeping an overall healthy lifestyle helps maintain

our weight and our attitude to health aging.

“Small things, such as changing to herbal blend at night to help promote sleep, instead of caffeine, or a herbal tea to help digestion after dinner, can have significant positive effects.”

Art of Tea are offering 15 per cent off all their herbal teas to readers who mention this editorial or ad for a limited time.

Make your hearing health a priority

Hearing Australia have provided the following advice to assist in making hearing health a priority.

Monitoring signs of hearing difficulty

Noise-induced hearing loss can happen so slowly you might not even notice it.

Some of the signs to look, or rather, hear out for include:

- Struggling to hear family or friends around the table
- Ending phone calls early or handing the phone when it is hard to hear
- Mishearing words or needing to ask for repeats
- Others complaining about the volume of the TV/phone/radio
- Needing to concentrate more with unfamiliar voices
- Noticing family/friends becoming frustrated when repeating themselves
- Avoiding noisy places because it is difficult to have a conversation
- Struggling to follow conversations in films and TV shows
- Feeling tired after talking with others or in a group
- Increased difficulties following the speech of someone who isn't looking at you
- Noticing that sounds are less clear than you'd like.

Communication strategies

Everybody occasionally misses something said in conversation.

Almost everyone, even those with no hearing loss, struggle to understand every bit of a conversation when there's a lot of background noise.

However, this difficulty is greater for people with hearing loss.

The challenge comes with trying to focus on the person talking while attempting to ignore the noises around them.

The following strategies will help you communicate better with background noise and hear your friends and family more easily.

Make sure you can clearly see the person speaking

Sun and bright lights behind someone casts shadows over their face, making it harder to see their lip patterns.

Reduce background noise

If there is competing sound, look for ways to turn this down, turn it off, or move away from it.

Put your back to the noise

Our ears are designed to favour sounds arriving from in front of us and pay less attention to sounds from behind.

Try to position yourself to be in front of the person you're speaking to as this will help you to follow the conversation better.

Check for understanding

When someone shares key information, repeat it back to them.

This way you can confirm with the other if you've missed or misheard anything.

If you're having difficulty understanding someone, ask if they could repeat themselves using different words and perhaps more slowly.

Encourage friends and family to gain your attention before speaking to you

Before someone talks to you, get them into the habit

of saying your name first, then let them know to wait until you're directly facing them, and ask them to speak clearly.

A little helpful direction with others can mean a big difference in hearing what's being said.

Take listening breaks

If you feel overwhelmed and tired after continuous listening, especially in noise, take a break from listening and then join back in the conversation.

For further information contact Hearing Australia on 131 797 or visit the website at <https://hearing.com.au/>



Art of Tea's Organic After Dinner Blend is popular and the ingredients have been found to aid digestion after a meal, ease IBS symptoms, soothe acidity and bloating, notes Samantha, owner of Art of Tea. The blend is especially popular with mature customers. (PS)

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M14731



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*Only 15 minute hearing checks are free. Other services may attract charges/fees or may be subsidised for those eligible under the Australian Government Hearing Services Program, to which conditions apply. A hearing check is a screening that helps identify people that may have hearing loss.



positive ageing for seniors

ADVERTISING FEATURE

Don't let hearing loss isolate you

Is your hearing stopping you from going out with friends and family?

It is a well-known phenomenon amongst hearing professionals that there is a strong correlation between hearing loss and increasing social isolation leading to depression in older adults. "We see this often in our clinic," says Nick Modrovich,

Audiologist at Ability Hearing and Balance. "The hearing loss creeps up on people as it is gradual. "Before you know it, the person starts withdrawing from social situations more and more. "Often they couldn't even tell you why they don't enjoy being around people anymore," commented Nick. "Older clients tell me that it takes more effort to social-

ize so they just don't bother anymore. "They start to struggle following conversations, especially if there is more than one or two other people in the room. "Things become hopeless in more noisy situations like cafes and restaurants." Some clients tend to attribute this to getting old and being slower at following conversations. What they don't realise is that ease of conversations has no age limit. "Our brains are wired to follow conversations naturally," Nick continued. "It should happen in the background but, when there is an underlying hearing problem, we start to tap into the more active parts of our problem-solving brain, and this is what makes us tired quickly in conversations. "You start to notice that you are no longer able to con-

centrate on someone's voice whilst doing something else like you used to be able to," Nick explained. "This can give you a clue that it might be worth having your hearing checked to get a baseline of where things are at." Ability Hearing and Balance is the only Tasmanian owned hearing clinic in Kingborough. The clinic offers comprehensive hearing tests carried out by Audiology Australia accredited audiologists. Eligible pensioners can access services that are fully subsidized by the Commonwealth Government with minimal waiting period. Private clients can access an obligation free 14-day take home trial for hearing aids. For further information or to book an appointment phone 1300 327 776.



Hearing loss can creep up on us as we get older and make social outings less enjoyable. The Ability Hearing and Balance clinic offers comprehensive hearing tests carried out by Audiology Australia accredited audiologists. (PS)

Mobile aid for life

For anyone in need of mobility aid equipment, such as a mobility scooter, electric lift/recline armchair, home care bed, hand brake walker or an electric or manual wheelchair, Mobility4All offer a range of well-known brands and offer delivery and services to clients in the Kingborough, Huon and Channel area. Items are competitively priced with options for every budget. Mobility4All also regularly deal with Home Care Package and NDIS customers and are an NDIS registered provider. Their showroom in Derwent Park has easy off-street

parking and friendly staff providing personal service to assist with enquiries. Visit the Mobility4All showroom at 23 Derwent Park Road, Derwent Park. Their partner organisation, Stairlift Tasmania, can fit and install straight or curved stairlifts, indoor or outdoor stairlifts, anywhere in Tasmania. A stairlift from Stairlift Tasmania will make a positive difference to the lives of those experiencing difficulty managing stairs in their home. To find out more, visit the Stairlift Tasmania website at <https://www.stairlifttasmania.com.au/>

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positive ageing for seniors

ADVERTISING FEATURE

Loving life in beautiful Kingston

Lenna and John Cannell are loving life and looking forward to celebrating their 60th wedding anniversary next year.

Lenna has diabetes and problems with her back and heart, John has arthritis and other health issues, and each are on a home care package through Uniting AgeWell which affords them help with housework at their retirement village unit in Kingston.

The retired butcher and parking and information officer spends his days reading, playing bowls and doing the garden, while Lenna, a retired chiropractic clinic manager, is never happier than when knitting for the family.

"I'm very meticulous when it comes to having a clean house and I can't speak highly enough of Uniting AgeWell," said Lenna.

"Nothing is too much trouble for them, they are fantastic."

The couple also bought a computer tablet through Uniting AgeWell and enjoy zooming with friends across Australia.

Their children and grandchildren are all in Tasmania, and they also love going out to lunch with friends.

Meanwhile Pamela Tyrrell, 73, gets help with housework, gardening and podiatry on her home care package through Uniting AgeWell and has nothing but praise for Uniting AgeWell's services and level of care.

She lives in a little unit in a retirement complex in Kingston and lives for her family, who are in Tasmania, Victoria and Queensland.

Pamela spent her whole life working as a carer for people with intellectual disabilities, a role she found very rewarding.

She has a huge heart and has also volunteered at Red Cross and at the Uniting Church for many years.

Uniting AgeWell Program Manager Home Care Southern Tasmania, Ria Padman says they're happy to assist people with information about home care packages and support them registering with My Aged Care and through the assessment, a process which many find daunting.

Ria says they're seeing a greater need for social services from clients keen to socialise more now that pandemic restrictions have eased.

This can entail outings, trips to the shops, or simply going out for a cup of coffee with a carer.

Uniting AgeWell provides a continuum of care in Hobart.

In addition to home care services supporting people with both low and high level needs including nursing care to continue living independently at home, there are day activities and outings offered through the Hobart AgeWell Centre.

This includes independent living units in Kingston, Sandy Bay, New Town, Mornington, Montrose, Berriedale and Sorell; and five residential care facilities offering 24/7 care and support including specialist dementia and palliative care: Lillian Martin in Mornington, Queenborough Rise in Sandy Bay, Ningana in Sorell and the Rosetta Communities of Strathaven and Strathglen.

Respite care and support is also available in people's own homes and in Uniting AgeWell residential facilities.

For further information about how Uniting AgeWell can support you to live well and tailor services to suit your needs, phone 6289 8800 and check out their links to independent living <https://unitingagewell.org/our-services/independent-retirement-living> and for residential facilities <https://unitingagewell.org/our-services/residential-care>



Lenna and John Cannell are on a home care package through Uniting AgeWell which affords them help with housework at their retirement village unit in Kingston. (PS)



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Uniting AgeWell

SUDOKU

8						1		7
					1		5	
4	5		6			3		
9			7					
3	2						8	4
					2			5
		2			4		6	8
	6		5					
5		9						2

Sudoku is a number placing puzzle based on a 9x9 grid with several given numbers.

The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.

LAST WEEK'S SOLUTION

4	5	9	6	7	8	1	2	3
2	1	8	4	3	5	9	7	6
3	7	6	1	2	9	8	5	4
1	8	2	3	4	6	7	9	5
5	4	7	8	9	1	6	3	2
6	9	3	2	5	7	4	1	8
9	3	1	5	6	4	2	8	7
8	2	4	7	1	3	5	6	9
7	6	5	9	8	2	3	4	1

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CROSSWORD

1		2			3			4			5			6			7		
8								9											
10											11								
								12											
13	14										15			16					
17				18							19				20				
										21									
22														23					
24								25											

QUICK

CRYPTIC

ACROSS

1. Felon (8)

6. Despatch (4)

8. Number (4)

9. Free (8)

10. Lukewarm (5)

11. Referee (6)

13. Tap (6)

15. Weirdly (6)

17. Bound (6)

19. Struck (5)

22. Soup (8)

23. Den (4)

24. Depend (4)

25. Booked (8)

DOWN

2. Lift (5)

3. Assembly (7)

4. Invalid (4)

5. Workman (8)

6. Fight (5)

7. Unaffected (7)

12. Pennon (8)

14. Aim (7)

16. Drifter (7)

18. Objectionable (5)

20. Rubbish (5)

21. Dregs (4)

ACROSS

1. It keeps a robot's front on - that 's funny! (8).

6. What a top singer does? (4).

8. She's fifty-one and South African (4).

9. A yellow or a demure pink (8).

10. Measures you take to learn dancing? (5).

11. A dye Ann put in the tin (6).

13. The forgiving find it unbearable! (6).

15. Not a toothless infant! (6).

17. A right the French have to de deft (6).

19. Expressions you'll remember from your school-days (5).

22. Like the beauty of leather? (4-4).

23. Grains in their thousands (4).

24. She'll have dinner on the way back (4).

25. During his training he learns to take orders (8).

DOWN

2. The lift is externally heated (5).

3. Showed one's annoyance at being branded (7).

4. What the punter dreams of when he sleeps? (4).

5. What's breaking the tit's wing? (8).

6. The bird ridden by the lady had! (5).

7. For the girl I have a letter (7).

12. Advice to the lazy and fidgety (8).

14. A paleface who's got sunburnt? (7).

16. Pushes hard against the cupboards (7).

18. Confessed one had had it (5).

20. Heavenly food! (5).

21. The stone s for a ringfriend (4).

LAST WEEK'S SOLUTIONS

CRYPTIC PUZZLE

Across - 6, Potting-shed. 7, Item (anag.). 8, Chest-nut. 9, Ch(or)se. 10, De-bat-e. 12, Arrest (a rest). 15, Single. 17, Intrepid (anag). 19, Sore (rev.). 20, Wisdom teeth. Down - 1, Stam-pede. 2, Miscue. 3, Ag-re-ed. 4, Shot. 5, (he)Ad-just. 6, Pitch. 11, Ban-is-he-d. 13, Re-news. 14, Tip-toe. 15, Sed-a-te. 16, (pop)Lar-ch(estnut). 18, Rose.

QUICK PUZZLE

Across - 6, Flabbergast. 7, Trap. 8, Ungainly. 9, Behind. 10, Thrush. 12, Assent. 15, Sudden. 17, Cribbage. 19, Cute. 20, Crestfallen. Down - 1, Sapphire. 2, Absurd. 3, Bright. 4, Taxi. 5, Stalls. 6, Force. 11, Ridicule. 13, Struck. 14, Traits. 15, Seesaw. 16, Eaten. 18, Brew.

Scouts slept outdoors
to support homeless

Blackmans Bay Scouts held a weekend challenge with a homelessness theme on June 26 and 27, to raise funds for local charities.

In the carboard boxed sleepout challenge youth members were tasked with designing and constructing their own shelter, in which they slept outdoors.

Prior to commencing the task, the Scouts were taught various survival skills, including how to make ropes from natural fibre material, build shelters and filter water.

As construction began the Scouts demonstrated their skills and creativity, adding installations such as a pulley door, dog house and luggage compartment to their box.

Blackmans Bay Scout Group reported the sleepout on their Facebook page.

"With a few light showers coming down, tarps were added just in case," noted the Scout group.

"A fun night was had by all."

The weekend activity focussed on both people and animals in need of support.

A collection was held for Kingborough Helping Hands and Tasmanian Animal Rescue and Sanctuary.

Blackmans Bay Scout Group's Tammy Webster informed the *Kingborough Chronicle* that representatives from the charities attended the event and were given donations of food, towels and funds raised.

"The Cubs and Scouts learned more about the two charities and their work within the local area," Ms Webster noted.

"They especially enjoyed meeting Sora the Husky."



Blackmans Bay Scouts designed and constructed their own carboard box sleepout as part of a weekend challenge with a homelessness theme. (PS)



The Scouts slept outdoors in their carboard box constructions. (PS)



Scouts met Sora the Husky during their recent fundraising challenge for Kingborough Helping Hands and the Tasmanian Animal Rescue and Sanctuary. (PS)

Kingborough Chronicle 2021 ROUND 18

TOP TIPSTERS

MATCHES AND TIPS MAY CHANGE DUE TO COVID RESTRICTIONS.
WINS AND TOTALS DO NOT INCLUDE THE RESULT FROM MONDAY'S MATCH.

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Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 3
TOTAL: 95

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 4
TOTAL: 81



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Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 4
TOTAL: 98

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 4
TOTAL: 97



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Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 3
TOTAL: 90

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 2
TOTAL: 98



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Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 2
TOTAL: 88

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 3
TOTAL: 92



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North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 4
TOTAL: 93

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 3
TOTAL: 91



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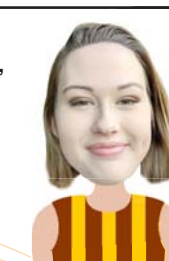
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Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 5
TOTAL: 77

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 3
TOTAL: 93



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Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 4
TOTAL: 72

Adelaide Crows v West Coast Eagles
Collingwood v Carlton
Fremantle v Geelong Cats
Gold Coast Suns v Western Bulldogs
GWS Giants v Sydney Swans
Melbourne v Hawthorn
North Melbourne v Essendon
Richmond v Brisbane Lions
St Kilda v Port Adelaide

WIN: 4
TOTAL: 80



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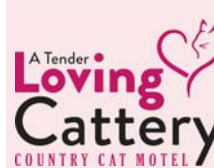
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The joy of bowls

On Wednesday, July 7 and Thursday, July 8, several participants from Possability Tasmania attended the Donald Hazell Indoor Centre to learn bowls and to enjoy playing on the indoor rink.

Possability Tasmania supports people to develop independence and confidence to live the life they choose, to achieve their goals and be a part of the community.

Bill Curtis and other Possability Tasmania staff attended the indoor centre with six participants.

They thoroughly enjoyed their two and a half hours at the centre each day, showing enthusiasm and joy from their bowling experience.

It provided a great atmosphere to the centre and delighted the club members helping out, including Kerri Lane, Michael Andersch, Stuart and Judy Traill and Ian Harris.

Bill Curtis said the attention given by the Kingborough Bowls Club to the participants, was a benchmark for other organisations to aspire to.

Bill said the club members had been very accommodating and he was grateful to all who had made the experience so enjoyable for the participants.

Bill remarked the visit was the best experience the organisation had encountered of those he had attended with Possability.



Possability group member Heath Barratt bowling in Donald Hazell Indoor Centre. (PS)



Stuart Traill explaining the bowls procedure to Possability participant Heath Barratt in the Donald Hazell Indoor Centre. (PS)



Possability group member Tim Cashion enjoying learning about bowls during his outing to the Donald Hazell Indoor Centre. (PS)

GOLF RESULTS

North West Bay Golf Club

Stableford and Monthly Medal, Wednesday, July 7
Division 1: B. Lovell 39, W. Su 39.
Division 2: M. Johnson 41, G. Burns 40.
Ball winners: B. Denton, N. Webb 38, K. Michael, G. Brightman 37, D. Christensen, J. Magrath, P.J. Morgan 36, W. Park, K. Glasson, C. James, D. Muir 35.
Nearest the pins: 7th R. King 231cm, 10th G. Burns 299cm, 14th D. Sawford 32cm.
Birdies: 7th B. Denton, M. Costello, 10th N. Webb, 14th N. Webb.
Super pin: R. King.
Monthly medal: M. Johnson 41.

Stroke, Tuesday, July 6
18 hole: D. Muir cb, V. Bullard 73, E. Collins 74, H. Dwyer 77, S. Hall 79.

Stableford, Thursday, July 8
18 hole: E. Collins 37, D. Muir 36, R. Sawford 35, K. Roberts 34, M. Cormack 34.
18 hole pairs: R. Sawford and D. Muir 44, K. Roberts and P. Irvine 42, B. Collins and J. Collet 42.
9 hole: S. Ball 15, G. Morriss 13, M. Bedding 11.

Kingston Beach Golf Club

Stroke Monthly Medal, Wednesday, July 7
Best gross: D. Pretzman 71.
Division 1: 1st D. Pretzman 69, R. Chandler 70cb.
Division 2: 1st N. McShane 69, C. Lucas 71.
Division 3: 1st H. Smith 71, V. Lulitanond 72.
Nearest the pins: 1st P. McKibben, 7th B. Kellam, 8th S. Gregg, 16th B. Malcolm, 18th M. Glover.

Super pins: 7th S. Palmer, 18th M. Glover.
Eagle: D. Patmore 6th.
Run downs: T. Newlands 70, D. Patmore 71, T. O. Sullivan, C. Tabor, S. Gregg 72, S. Saunders, S. Palmer, P. Bucher, M. Butler 73, S. Figg, R. Ker 74, P. Roberts 75cb.
Seniors: 1st I. Johnson 74cb, D. Nejman 74cb.
Run downs: J. St. Hill 74, B. Irons, R. More, P. Hammond 78.
Medal winner: D. Pretzman 69cb.

Stableford, Saturday, July 10
Division 1: 1st C. Meades 39, J. Smith 37.
Division 2: 1st L. Roe 36cb, T. Denne 36.
Division 3: 1st P. Dwyer 43, B. Handbury 38.
Nearest the pins: 1st D. Loveless, 7th R. Busch, 8th S. Portlock, 16th R. Abbott, 18th J. Conroy.
Super pins: 7th R. Busch, 18th J. Conroy.
Run downs: T. Peebles 37, S. Rice, T. Newlands 36, N. Johns, S. Dance 35, C. Lane, M. Ranson, P. Mineely, R. Busch, P. Dalton 34.
Seniors: 1st R. Sturzaker 31, D. Nejman 30.
Run downs: C. Hickton 29.

Kingston Beach Golf Club Ladies

Stableford, Tuesday, July 6
18 hole: 1st A. Johnston 34, B. Meyer 31cb.
Run downs: J. Henebury, K. Nesbitt 31.

Stableford, Thursday, July 8
18 hole: 1st S. Clark 36, D. Cook 34.
Run downs: R. Lamprill 32, D. Males 31, P. Donaghy, B. Pretzman 30.
9 hole: 1st R. Knight 18, L. Brown 16.
Run downs: V. Sorrentino 14.

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Anyone interested in trying something different in sport is welcome to attend the Peter Murrell Reserve on Sunday, July 18 anytime between 10am and 12noon.
The start is just off Scarborough Road, and you can follow the signs.
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For more information go to <https://eventor.orienteering.asn.au/Events/Show/15670> or call Kate Lucas on 0427 564 143.



The Tigers FC Development League had a thrilling three point win against North Hobart Demons, after trailing by 24 points. (PS Carolyn Whitehouse)

Bowlers gather in great numbers

On Saturday afternoon, July 3, the usual random draw competition went ahead in the Donald Hazell Indoor Centre.
At the same time 20 members of the club travelled to Cygnet on the club bus to attend the Cygnet vs Huonville SFL football matches.
Playing the reserve game for Huonville was Kingborough Bowls Club Premier Division skip Ryan Guy, who demonstrated his football skills for his bowls colleagues.
To add to the Kingborough Bowls Club connection on the day, ex-Kingborough bowler Jason Williams was umpiring the reserve game.
The Monday afternoon random draw competition is still drawing large numbers of bowlers who enjoy the warm indoor atmosphere of the Donald Hazell Indoor Centre during the cold winter days.
Bowlers attending the random draw competitions enjoy that the teams are organised around the number of players attending, meaning every attending bowler plays a game on the day.
Week 12 of 15 of the Tuesday Fours Competition was conducted in the air conditioned comfort at the Kingborough Bowls and Community Club, on a very cool winters day outside.
The competition was indeed hot, with the Claremont based Morgan team, comprised on the day of Pam Ritchie, Maree Careless, Jan McPherson and skip Meekie Salter topping the scoring list, winning by 22 shots over the Cygnet based, Team Schooling.
Competition leaders Team Cawthorn had a tough battle but overcome Team Kosi to win their game by six shots and maintain competition leadership.
Other major winners were Newbold by 14, Harra's Harem by 12 and Hinkley by 11.
The game between McIlroy and Bridge (previously neither has won a game in the series) was an intense and score changing battle.
However, the final couple of ends were won by the Cygnet based McIlroy team and they won overall.
The top six on the ladder are Cawthorn, Baker, Hinkley, Newbold, Harra's Harem and Mus.
Team Rosevear, due to their loss to Harra's Harem this week, dropped out of the six.
Results of play, in rink order, Cawthorn defeated Kosi 19-13, Hinkley defeated Mus 22-11, McIlroy defeated Bridge 21-16, Chaffey defeated Hickey 23-20, Newbold defeated Monk 27-13, Morgan defeated Schooling 29-7, Baker defeated Hemmings 21-13 and Harra's Harem defeated Rosevear 26-18.

The Wednesday night Fours Competition for the first time in many weeks saw the top three positions on the competition ladder remain unchanged.
The top three teams won their games on the night.
The South Africans came up against the Mark Burgess Seagulls, defeating them 20-12.
The South Africans are on top of the ladder on 33 points, with an impressive plus 179 shots up.
Still in second place with 31 points (plus 83 shots up) is Allen Sculthorpe's team, who downed Willie Wonkers 20-11.
The Pumpkin Patch remained in third place on 28 points (plus 83 shots up) when they defeated the Oaktree Raiders 29-5.
Other results on the night saw the Geeveston Woodcutters attack the orchard-logging Cherry Pickers down 26-8.
Better Performance regained their name this week downing the Royal Hobart Dodgers 21-15.
The Leftovers did not leave anything on the floor for the Scrubbers, cleaning them up 31-12.
The Dynamics displayed their old form when they bounced the Sandy Bay Boomers 26-4.
Titan Sylvia triumphed over the Claremont Monties, downing them 19-10.



Kingborough Bowls Club Premier Division player Ryan Guy in his winter role playing for Huonville Lions in the SFL Reserves game against Cygnet on July 3. (PS)



Allen Sculthorpe bowling against Willie Wonkers on Wednesday night in the Donald Hazell Indoor Centre. (PS)



Tigers FC chased down the North Hobart Demons to win 12.14.86 to 7.4.46 on Saturday, July 10 at North Hobart Oval. Pictured making a tackle, Lachie Clifford was one of the Tigers' best for the day. (PS Carolyn Whitehouse)

Tigers beat their Demons

Tigers FC travelled to North Hobart Oval on Saturday, July 10 to take on the North Hobart Demons.
After a tight first quarter with Tigers on 15, just in front of the Demons on 13.
That was as close as North Hobart came, as the Tigers grew the lead for the next three quarters.

Multiple goals came from W.Campbell, L.Graham, M.Collidge, and Sam Duigan, all with two each, and E.Reardon, C.Sawdy, Riley Ashlin, and T.Wright scoring one goal each.
Tigers 12.14.86 defeated North Hobart Demons 7.4.46.
It was a great afternoon for the Tigers' Development League team as they fought hard to take their second

win for the season.
After being left behind in the first half of the game and down by 24 points, the young Tigers played tough football to push the Demons.
The Demons fought back, but a goal in the dying minutes saved the Tigers' day, winning by 3 points.

Tigers 9.10.64 defeated North Hobart Demons 9.7.61.
The Tigers FC Women side travelled to Pembroke Park to play the South-East Suns, with Gilly Millar playing her last game for the club before moving away.
Gilly's team mates made sure she celebrated her last game in style, winning 7.13.55 to South-East Suns 0.2.2.

Football community unites for Ryan

The Tasmanian State League (TSL) match on Saturday, July 10 between Kingborough Tigers Football Club and North Hobart Football Club raised money for SFL footballer Ryan Wiggins.

Ryan suffered an off-field accident on Saturday night,

July 3 after kicking four goals for Cygnet Football Club in their 120-point win over the Huonville Lions.
A GoFundMe fundraising page has been set up by the family and community support has been overwhelming for the popular footballer, raising \$162,688 at the time of printing.
"Ryan suffered a devastating near-fatal accident which has left him with a serious spinal injury," the GoFundMe page stated.
"He is in a critical condition fighting for his life at the Royal Hobart Hospital, early diagnoses suggests he may end up paralyzed."
A donation bucket collected funds at the TSL match and all gate takings for the day were also donated to help Ryan's road to recovery.
The Tigers posted the following comment on their facebook page last week in support of Ryan and his family.
"On the football field clubs battle against each other every weekend of the season for victory, but in times of need following significant injury to players, the football community becomes unified together off field in support of one another.
"From everyone in Tigerland, we pass on our best wishes and thoughts to Ryan and his family at this time."
The Cygnet Football Club travelled to the Dover Golf Club as a team with their family, friends and supporters for the Ryan Wiggins Golf Day.
Roberts Coaches donated their buses to transport people from Cygnet to Dover and the Dover Golf Club donated their greens fees and \$1 per drink.
The day was a huge success for the Cygnet and Dover communities, raising \$5000.
Donations are still being collected through GoFundMe, by going to <https://gofund.me/91f2900d>



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