

Kingston Ladies Probus Club's 30th anniversary



The 30th anniversary of the Kingston Ladies Probus Club was celebrated at its recent meeting Monday, September 20. Club President, Kate Stephenson, conducted the meeting at the Community Centre in Redwood Road, Kingston, which had been decorated in the Probus colours of blue and yellow. All past presidents of the Kingston Ladies Probus Club were present at the 30th celebrations with presentations made by several including Ann Nish, Peggy Duggan, Di MacFarlane and Daphne Driessen about the club's history. The past Probus Presidents pictured are Margaret Grieve, Glenys Rands, Daphne Driessen, Julianne Edwards, Josie Davey, Ann Nish, Peggy Duggan, Di MacFarlane, Veronika Maddock, Rosemarie Hillier, Elizabeth MacDonald and Kate Stephenson. (PS)

Land tax concerns for Kingborough

Tasmania's land tax structure was built for another time when houses were comparatively cheap and bills were manageable, according to Louise Elliot, President of the Tasmanian Residential Property Owners Association.

Louise said that today the land tax picture in Tasmania is very different, it's unsustainable, worsening housing affordability and in urgent need of attention.

"Looking at the national picture, Tasmania is a complete outlier, with everyday Tasmanians who have small land holdings often paying quadruple what our mainland friends do for the same land value.

"For example, if you hold \$500,000 of taxable land in any other state, the most you'll pay in land tax is \$780 per year, but in Tasmania, it's \$3475.

"If you hold \$750,000, the highest bill you'll cop elsewhere is \$2000, at home here in Tasmania, it's \$7225."

Louise acknowledges that the property has grown in value, however, mentions the issue is land tax bills come in every year and the State Revenue Office won't accept an IOU until the property is sold.

"An urgent review of Tasmania's land tax system is overdue.

"Tasmania's extreme and outdated land tax system is hurting everyone.

"Many shack owners will struggle to keep their property, landlords will be forced to absorb the costs or pass the additional cost on to tenants through rent increases."

Louise warns Kingborough residents to brace for land tax increases as fresh valuations roll out across the municipality next year.

"From what we have already seen, increases of 30 per cent are common, with many going much higher.

"The good news is, there are options, other states like NSW are already well down the track of overhauling their land tax and stamp duty structure, recognising that there are fairer and more equitable ways of ensuring that the Government has the revenue it needs.

"Tasmania needs to urgently start what will be a lengthy but inevitable process as the status quo is not an option," Louise concluded.

The *Kingborough Chronicle* wrote to the State

Government about the concerns for land tax rates.

"Land tax is an important source of funding to the Tasmanian Government," said the Tasmanian Government spokesperson.

"The Tasmanian Government recognises that it is important that land tax arrangements remain contemporary, fair and equitable for those required to pay it.

"That is why we recently legislated changes to land tax thresholds by increasing the tax-free threshold from \$24,999 to \$49,999, and increasing the top tax band threshold from \$350,000 to \$400,000 and reducing the threshold for paying land tax in three instalments from \$1,000 to \$500.

"These changes are estimated to save around 70,000 Tasmanians up to \$613 on their land tax bill.

"It will also mean an additional 4,100 land owners will now pay no land tax in the 2021/22 year.

"The Government has also asked Treasury to provide options on capping significant land tax increases and the introduction of a foreign investor land tax surcharge.

"Consultation with relevant stakeholders are currently

underway in relation to a number of policy and implementation aspects of the surcharge."

Tasmanian Greens Leader and MP, Cassy O'Connor, made the following comments on Tasmania's land tax rate.

"It should also be recognised that, while Tasmania may have a higher rate of land tax for lower value properties, it in fact has the lowest maximum rate," said Ms O'Connor.

"This means that those with a smaller property portfolio may pay a higher rate in Tasmania, but those with a larger portfolio in fact pay a lower rate.

"There has been no (land tax) hike.

"The land tax rate has, in fact, been reduced in this year's State Budget.

"No evidence has been presented that tax increases, following land value adjustments, has impacted renters.

"Rent hikes have occurred consistently prior to land value adjustments occurring.

"This is a red herring, all the evidence suggests that rental rates are increasing because demand outstrips supply," Ms O'Connor concluded.

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LETTERS TO THE EDITOR

Channel development 'sugar', a highway to tourism decline

Dear Editor,
The Hobart area is an ideal subject for social physics analysis, being relatively small and has serious topological boundaries.
Historically those who worked in the D'Entrecasteaux Channel coast region lived in the Channel coast region.
The Channel is an agricultural and marine production facility a "contained system".
This changed with the construction of the Southern Outlet. Slowly Kingston became a dormitory suburb for city workers.

There is some kind of formula of human nature that if you make a highway, then human nature will try to fill it to capacity.
This has happened and current proposals to increase flow will be quickly absorbed by large housing develops such as Spring Farm, Whitewater Park and now Huntingfield.
These types of developments on virgin farmland are an "economic sugar hit".
The Huntingfield development will, when fully established, cause a short-term economic boost of around half a billion dollars.
They are addictive to both the private sector and government.

Governments must realise that it is a finite world and in areas such as the Channel, the old simplistic expansionist economics are no longer appropriate and indeed have long-term, damaging effects.

Perhaps a new word should now enter the scene for the Channel, sustainability.

A far more challenging concept of living than simple expansionist economics.

If anything, Kingston, or the Channel does not need any more population but suitable attractive local employment to absorb our current working population and therefore reduce the peak hour load on the Southern Outlet, the goods transport link to the port of Hobart.

I find it hard to believe government town planning has not advised our political decision makers of these basic limitations that we are facing.

Therefore, where political/commercial factors are involved in a physical science analysis, the question must be asked "In who's interest are our political leaders making their decisions?"

One last point when tourism returns, just imagine tourists driving down our Channel of "suburban sprawl".

What a tourist attraction.
I can you tell you from my life in Perth, Western Australia, how quickly this can happen when you deliberately push in population into large virgin land releases.
Higher housing densities compounding the problems on a scarce and expensive Channel resource, our roads.
Be warned suburban development sugar is highly addictive, quickly leading to obesity and severe chronic health conditions.

Kelvin Jones
Kingston

Mandate drug tests for public officials

Dear Editor,
It is about time that the implementation of regular compulsory drug testing for all public servants, including government workers, Members of Parliament and Councillors.

We need to be reassured that while these people are serving us, we are one hundred percent confident drugs are nowhere near our government organizations.

The private sector has long ago implemented these kinds of measures.

It is now time the public sector caught up and implemented mandatory testing for drugs as soon as possible.

I'm astonished this was not done years ago.
I am not alone in thinking this.

Michael Whayman
Huntingfield

Road signs ignored

Dear Editor,
I refer to Ray Quinn's letter of September 21, titled "Crowded Streets".

Like Ray Quinn, I too have noted the illegal and unsafe right hand turns from vehicles exiting from Myuna Road on to Roslyn Avenue near a blind crest.

Another much larger road sign which does not appear to be working is the one on the hill up Algona Road from Blackmans Bay.

It reads "Keep left unless overtaking".
I have followed many slower vehicles using the incorrect lane while the correct lane was empty.
It is not just etiquette and good road manners.
It is sign posted road law.

Ross Chopping
Blackmans Bay



Federal Senator Catryna Bilyk is pictured with Vanessa Vonau, Rémy Boyer and son Romain at a citizenship ceremony held at Kingborough Community Hub on Friday, September 24. Ms Vonau and Mr Boyer were among 33 new citizens sworn in at the ceremony. (PS)

Shark south of Blackmans Bay

A shark was sighted approximately two kilometres south of Blackmans Bay beach on Tuesday, September 28.

Tasmania Police posted a community alert around 3:30pm in the afternoon, warning anyone considering entering the water near Blackmans Bay to take caution.

The shark was spotted by a group of divers in the area.
Tasmania Police advised that no further description was available regarding the species or size of the shark.



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Kingborough turns yellow for Blake

Microcephaly Awareness Day was celebrated on Friday, September 24 at Snug Primary School for local student, Blake Woolley.

Due to the school holidays, Microcephaly Awareness Day was brought forward from its official day on September 30 to 24 so the students could create awareness and wear yellow on the special day.

Jacinta Woolley, Blake's mum who helps organise the awareness day at Snug Primary School and her workplace, Kingborough Medical Centre, explained Blake's condition.

"Blake, who is now nine years-old, was first diagnosed in 2015 with the life-long neurological condition in which his brain is underdeveloped due to his head being a small circumference," said Jacinta.

"This means he has global development delays and intellectual disability.

"He is a happy little boy, full of life.

"As a mum I want to raise awareness for his condition and splash yellow in everyone's life.

"I want to create a yellow army." Jacinta said.



Blake's mum Jacinta spread the awareness for microcephaly to her workplace, Kingborough Medical Centre, with Dr Tim Ikin, Dr Mark McKay, nurses Jacinta and Jess. (PS)



Dr Rachel Goodwin, nurses Jacinta, Jess and Kate wearing yellow to raise awareness for Microcephaly Awareness Day. Jacinta's son Blake was first diagnosed in 2015 when he was three years-old with microcephaly. (PS)



Microcephaly Awareness Day was celebrated on Friday, September 24 at Snug Primary School. Student Blake Woolley (right) is pictured wearing yellow with his sister Mia and mum Jacinta. (PS)

Family day to replace Middleton Fair

A new event for families is planned for early next year as a replacement for the Middleton Country Fair.

The fair has been the major community event in the Channel region for 30 years.

Due to coronavirus requirements and additional pressure on the event organisers, the long-term future of the fair has been in doubt.

The fair will be replaced with a family-based Community Fun Day on the first Saturday in February, the traditional date for the fair.

Organisers hope the Community Fun Day will be as successful in bringing past and present Channel residents together.

Middleton resident Gloria Lonergan, whom along with a group of volunteers has been a driving force behind

the fair, said maintaining the first Saturday in February as a special day for the community was important.

Community input is now invited to ensure the February 6 event has a wide-ranging appeal.

Musical entertainment from local performers, along with special attractions for children will be held in the area around Middleton Community Hall which for years has been the traditional home of the fair.

Organisers said the decision to cancel next year's fair and replace it with a new event had been taken well in advance to avoid confusion and disappointment for the many stallholders, some of who have supported the fair for years.

The fair has raised thousands for local community projects and had been cancelled twice in the past three years; first because of smoke hazards from bushfires in

the Huon Valley and last year because of COVID.

"The decision to cancel this iconic event is heart-breaking", said Gloria.

"But with so much uncertainty surrounding COVID 19 we felt there was no alternative.

"We would have needed many more volunteers to meet the standards required for public events during COVID."

It is hoped that the Scarecrow Competition, which brings colour and creativity each year with scarecrows dotted along Channel Highway, will continue.

The fair began life as a market in Middleton with stalls and displays of cattle and sheep before becoming an annual event.

It was for a few years known as the Middleton Expo before becoming Middleton Country Fair and one of the most anticipated yearly events in the Channel.

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Senator Eric Abetz with Mariae Leckie, Senior Consultant at cybersecurity firm The Project Lab and Kerry Muller from the Kingborough and Huon Business Enterprise Centre at the recent free workshop in Kingston. (PS)

Importance of cybersecurity

With a cyberattack on an Australian business every eight minutes, it's only a matter of time before your business might be targeted, according to Tasmanian Liberal Senator, Eric Abetz.

To assist with spreading the message, small business operators were given a free cybersecurity workshop hosted by the Kingborough and Huon Business Enterprise Centre at the Kingborough Hub on Thursday, September 23.

The seminar was run by Mariae Leckie of CyberUp and was most informative and well attended.

Funded by the Federal Government, CyberUp runs workshops which are designed to assist small busi-

nesses to protect themselves against cyberattacks, which are both financially costly and disrupt business.

Presenter Mariae Leckie provided an easy-to-understand presentation, highlighting the need for greater awareness.

Her advice was summed up as, "be prepared, not scared." Senator Abetz, who attended the presentation, said he was exceptionally impressed by the service being delivered by CyberUp.

"I took myself along to check out the presentation and see if we were getting value for the taxpayer investment," said Senator Abetz.

"I have no doubt CyberUp are doing an excellent job."

Spirited local directs acclaimed classic

Blithe Spirit, Noël Coward's classic farce, is coming to the Playhouse Theatre this October and is directed by local director, Nicholas Lahey.

Blithe Spirit is often considered the acclaimed playwright's best work.

Produced and published in 1941, it set a record for the longest running non-musical play on London's West End, and remains popular today, with a movie adaptation recently released.

Blithe Spirit tells the story of author Charles Condomine. In search of material for his next book, Charles invites an eccentric clairvoyant to his home to conduct a séance but gets more than he bargained for when the ghost of his ex-wife is conjured up.

With thrilling humour, this combination of drawing-room drama and mischievous ghost story will keep audiences entertained throughout the show.

Director Nicholas Lahey said "Coward's characters possess no internal filter, they say exactly what they think, for great comic effect on stage."

"I'm a huge fan of Noël Coward's work, as it is clever, colourful and always contains some sort of calamity, plus I'm a sucker for a good ghost story."

The play is performed by well-known, talented local actors Petr Divis, Fransina Kennedy, Kath Uziallo, Sarah

Phillips, Leigh Faulkner, Sandy Velini, and Chloe Harle.

Nicholas said it is a stunning cast that has been willing to be silly, yet so smart with the interpretation of the sharp, witty script.

"I can't remember a rehearsal room being so full of positive, genuine laughter and at the same time able to apply serious analysis and skill to develop character and atmosphere."

Originally scheduled for 2020, the show was unfortunately postponed four weeks into rehearsal, in March last year.

Eighteen months later, with some changes to the original cast, the show is gearing up to open at the Playhouse Theatre on Friday, October 8.

"It is believed that Coward wrote the play in just five days in 1941 as a merry diversion to World War II," said Nicholas.

"History it seems, is almost repeating itself, as we present it to audiences today to escape from our own bleak battle with COVID."

"In its 80th anniversary year, I am hoping Blithe Spirit will continue to resonate with audiences today, due to its cheeky tone and opportunity to escape to another time and spirit filled world."

Blithe Spirit is showing at the Playhouse Theatre, 106 Bathurst Street, Hobart, from October 8 to 23, with evening and matinee shows available.

For more information or tickets visit playhouse.org.au

Golden anniversary exhibition at Hub

The Handweavers, Spinners and Dyers Guild of Tasmania is celebrating its golden anniversary with a travelling exhibition of Travellers' Cloaks, a collection of 18 creations arriving at the Kingborough Community Hub.

After a resounding season at Queen Victoria Museum and Art Gallery, Inveresk, this travelling community exhibition of 18 fabulous creations will delight viewers when they are displayed at the Hub from October 9 to 16.

Travellers' Cloaks celebrates the common threads in the Handweavers, Spinners and Dyers Guild communities throughout Tasmania.

Over 100 members collaborated to produce a unique interpretation of a cloak using diverse skills, techniques and materials.

For a preview, click the link to watch the Guild's exhibition officer talking about the cloaks on YouTube at <https://youtu.be/BE2ZWRajOQw>

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Young Joey Scouts caring for the land

North West Bay Joey Scouts aged between five and seven attended a landcare activity on Nierinna Creek Reserve on Thursday, September 23.

Their leader Dani Archer-Forinash and Tramway Hill Landcare Group coordinator Roz Thurn organized the event. "We were lucky with the weather although the ground was very wet underfoot with puddles here and there," said Roz. "A muddy time was had on the southern side of Nierinna Creek, digging, planting and hammering in stakes for each plant. "Some Joeys couldn't resist splashing in the muddy puddles near the planting site."

A walk around the reserve dam followed the planting

whilst some parents manned the BBQ. Unfortunately, the group were unable to spot a platypus in the dam.

"Many thanks to Kingborough Council for providing 60 understory plants and stakes, and to Banjo's in Margate for providing bread and sweet treats for the BBQ that followed the planting," said Roz.

"Thanks also to the adults who helped supervise and assist the children during the event.

"Tramway Hill Landcare Group would also like to say a big thank you to all the Joeys for their efforts planting on this lovely reserve."

Digging, planting and hammering in stakes for each plant was completed by the young Joeys. (PS)



A muddy time was had on the southern side of Nierinna Creek with the North West Bay Joey Scouts helping the Tramway Hill Landcare Group. (PS)



After a busy afternoon of digging, planting and hammering, the hard-working Joeys and parents were treated to a BBQ. (PS)

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Our Antarctic whaling history

A presentation on Antarctic whaling history is to be delivered by Dr Michael Stoddart, a former chief scientist of Australia's Antarctic science program and former director of the Institute of Marine and Antarctic Studies.

Now retired, Dr Stoddart is keeping busy as a researcher at the Maritime Museum and is due to deliver a whale of a story to locals on Monday, October 11.

Hobart's young men were recruited to hunt blue whales in Antarctic waters up until 1932.

The blue whale population is struggling to recover.

The talk has been arranged by the Browns River History Group.

"I'm sure you have been looking out at the Derwent and hoping to see whales and their babies swimming

peacefully around here," said Browns River History Group President, Rosie Severs.

"Well, it wasn't always like that in the Derwent and in the southern waters with whaling a major industry.

"If you thought whaling out of Hobart Port stopped almost 150 years ago, this talk by Michael Stoddart will provide you with the real story."

The talk is scheduled to take place from 3pm to 4pm, in the Library Learning Centre, Block A, Room A1 of the old Kingston Primary School at 8 Hutchins Street, Kingston.

Entry for paid up members is free and a gold coin donation is appreciated from non-members.

Coronavirus restrictions mean attendance numbers will be limited to 27 people, so it is recommended keen audience members arrive early.



'The shot' by artist van der Does, 1924. (PS)



An historical photo of a blue whale being 'flensed' on deck, to remove its skin and blubber from its carcass. (PS)



Dr Michael Stoddart is scheduled to deliver a talk on our Antarctic whaling history, at the Library Learning Centre in Kingston on October 11. (PS)

Disability Services Act Review



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Huon FM 95.3 Mhz Kingston FM 98.5 RADIO GUIDE

MONDAY 5-9am Good Morning Country; 9-10am Easy Gardening; 10am-12noon Grapevine/Great Groups; 12-1pm Schools' News & music from the 80s; 1-2pm Listen to Laurie; 2-5pm My Kinda Music with Rod; 5-6pm In a Sentimental Mood; 6-8pm Loongana-Indigenous music; 8-9pm The Tasmanian Connection-local music artists with Mike; 9-11pm Music fill: 11-12mid Rootsreggae; midnight to 5am Overnight - Aussie Rock/Pop

TUESDAY 5-9am Good Morning Country; 9-9.30am As the Poet Hath Said; 9.30-10am Cinemascope; 10am-12noon Grapevine Mary Rose 12-2pm Mary Heart; 2-5pm Up The Creek; 5-7pm Flashback Favourites; 7-10pm Music Maestro Please; 10-11pm Hits Parade of yesterday; 11-12mid Off the Record; Overnight Jazz

WEDNESDAY 5-9am Good Morning Country; 9-10am Zoe's Music; 10am-12noon Grapevine David Milne; 12-3pm Musical Alphabet with Helen; 3-5pm Aussie Rock; 5-6pm Radio Rosie; 6-7pm As the Poet Hath Said/Cinemascope; 7-8pm Dads on Air; 8-9pm Amrap Airt Chart; 9-10pm Hit Parade of Yesterday; 10-11pm Indigenous Sounds; 11-Midnight - The Bohemian Beat; 12-5am Overnight - 50s-80s rock/pop

Hourly weather updates when presenter on air

NEWS BULLETIN WEEKDAYS
10am, 1pm and 5pm week days

THURSDAY 5-9am Good Morning Country; 9-10am Hazy Memories with Chris; 10am-12noon Grapevine with Rod Gray; 12-1pm Aust Bush Ballad Show; 1-4pm Captain's Choice-Celtic, Country, Folk; 4-7pm Those were the Days with Chris; 7-10pm Easy Street with Tracey; 9-10pm Contemporary Music; 10-11pm Under African Skies; 11-12 The Folk Show; 12pm-5am Overnight-Easy Listening

FRIDAY 5-9am Good Morning Country; 9-10am Arts Alive; 10am-12 noon Grapevine with Liz Smith; 12-1pm The Tasmanian Connection (repeat); 1-4 Soulstream with Mary Heart; 4-6pm Music Fill; 6-9pm Music Mayhem & More; 9-12am - Midnight Special with Big Dave & John; Mid to 5am - Radio X

SATURDAY 5-6am 50's, 60's music; 6-9am Easy Breakfast with Robbie; 9-10am Talking Sport with David; 10-11am Easy Gardening rpt; 11am-12 noon It's Time; 12-1 The Happy Hour Darren Hayden; 1-2pm Top of the Pops; 2-4pm Contemporary Music; 4-5pm Welcome to my Nightmare -Freddy; 5-6 contemporary music 6-10pm Saturday Night Party and Requests with Chris, Dan, Steve & Julie and Rod; 10-12mid The Buzz Files with DJ Buzzsaw; 12-5am The Edge@ Midnight

SUNDAY 5-9am Classic Cuts; 9-10am Let the Bands Play; 10am-11am Kid's Corner; 11-12noon Sunday Celebration; 12noon -1pm Remnant Church of Grace; 1-2pm Gospel Music Time with Hank; 2-5pm 2 Kinds of Country with Ted; 5-8pm Rhythm Is Our Business (Jazz); 8-10pm Blues Come Down Like Hail; 10-11pm Beale Street Caravan; 11pm Country Overnight

Office: 6297 1706 Studio: 6297 7160 huonfm@huonfm.com www.huonfm.com



Pictured is the winning image *'The Calm'* by Sohee Kim for the Woodbridge Life Photo Exhibition. (PS)

Life in Woodbridge weekend a winner

The Woodbridge Life Photo Exhibition, held on August 28 and 29, was a great success with over 450 people attending.

Feedback from the weekend was the Woodbridge Hall looked great and the exhibition was wonderful.

"The winner was chosen by popular vote and it is our pleasure to announce that Sohee Kim, of Sandy Bay and her photograph *'The Calm'* won by a landslide," said Rod Barwick.

The 12 images voted most popular will be a part of the Woodbridge Life 2022 Calendar.

The calendar can be pre-ordered from Woodbridge Post Office for \$20 to mid-October.

"We would like to thank all the people who participated in the photo exhibition and for all those who attended over the weekend," Rod said.

The 12 images voted most popular and appearing in the Woodbridge Life 2022 Calendar are:

- 1st *'The Calm'* by Sohee Kim
- 2nd *'Signed, sealed, delivered'* by Kate Yates
- 3rd *'A Storm-tossed Channel from Windy Woodbridge'* by Tim Nossiter
- 4th *'Belonging and Connectedness'* by Kellie Randall
- 5th *'Jetty Jumping'* by Sohee Kim
- 6th *'Sunrise 1'* by Angie Strickland
- 7th *'Tide Out'* by Sohee Kim
- 8th *'All paths lead to Woodbridge'* by Louissa Janes
- 9th *'Goat Track Serenity'* by Nancy Conte
- 10th *'Smivvie Shape Shifter and his High Horse'* by Scottie Marshall
- 11th *'Serenity'* by Trina Blazely
- 12th *'Every Day'* by Kelly Eckel



Cheque presentation to Tim Nossiter of Woodbridge for his third place photograph, *'A storm-tossed Channel from Windy Woodbridge'* pictured above. (PS)



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Inclusive dementia activities in Kingston

Did you know that people living with dementia can feel excluded by the hustle and bustle of daily life?

Tuesday, September 21 locals enjoyed coming together for a sing-a-long at Timeless Way Café in Kingston organised by Dementia Friendly Tasmania.

People living with dementia and their loved ones and carers sang along to old favourites with local group The Garden Gnomes.

A delicious high tea topped off the afternoon.

On Wednesday a free crafts afternoon was hosted at Redwood Village, where 14 people could have a go at

something different.

Crafts included making felt balls, gumnut necklaces, and creating mandalas or tissue paper flowers.

One participant said "This has been so good, it wasn't about dementia it was about being with friendly people and learning a new skill."

President of Dementia Friendly Tasmania, Kath Shearer said "We have co-designed these events with people living with dementia to make them easily accessible.

"Creating friendly, safe places with activities that older people said they want more of and we'll do it again."



Tuesday, September 21 people living with dementia and their loved ones enjoyed a sing-a-long at Timeless Way Café in Kingston organised by Dementia Friendly Tasmania. (PS)



A free crafts afternoon at Redwood Village, Kingston was organised by Dementia Friendly Tasmania. (PS)



ERIC ABETZ

Liberal Senator for Tasmania

Congrats to Kingborough Community Missions and Blackmans Bay P&F for your Community Group of the Year nomination



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Authorised by Eric Abetz, 136 Davey St, Hobart TAS 7000

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Spring Plant Fair

Crawleighwood Garden

Saturday, October 23 and Sunday, October 24 • 10am-4pm


51 Underwoods Road, Nicholls Rivulet

Admission \$10 (children under 16 free)

Plants • Garden tours • Garden tools • Garden art
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Pizzas • Devonshire teas • Vegetarian food • Coffee

Bring lots of CASH - internet not guaranteed • Sorry, no dogs please



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Kingborough Real Estate Guide

Designed with space in mind

Tucked away in a quiet complex, this spacious villa is an ultra-convenient, short stroll from Kingston Town Shopping Centre.

On one level and suitable for all ages, the generous open plan living, kitchen and dining area offers practicality and plenty of space to entertain or relax.

A private enclosed sunroom adds another dimension to this spacious home, providing a second living area to perhaps read, knit or nap.

The well-appointed kitchen comes with plenty of storage, a walk-in pantry and workable bench space.

The home is readily warmed or cooled by its reverse

cycle air conditioner.

There are two good-sized bedrooms with built in robes, a modern bathroom with an easy access shower and a separate study with a built-in desk.

The laundry provides access to a remote-controlled garage with plenty of room to install a workbench or

add storage cupboards.

Sitting on 407 square metres of land, if garden privacy or growing vegetables is of interest, then this is the right place.

An investment opportunity with an enviable lifestyle awaits.



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Kingborough Chronicle

AT THE HEART OF THE COMMUNITY

FREE WEEKLY TV GUIDE

Wednesday October 6 – Tuesday October 12

WEDNESDAY OCTOBER 6

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 The Recording Studio (PG) [s] 11:05 The Repair Shop [s] 12:00 ABC News [s] 12:30 National Press Club Address [s] 1:35 Media Watch (PG) [s] 2:00 The Bletchley Circle - San Francisco (M v) [s] 3:00 ABC News [s] 4:05 Escape From The City [s] 5:05 Grand Designs Australia (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Hard Quiz (PG) [s] 8:30 Question Everything [s] 9:00 Frayed (MA15+) [s] 9:50 Would I Lie To You? (PG) [s] 10:20 Adam Hills: The Last Leg (M) [s]

ABC TV PLUS 5:00 Children's Programs 1:35 Mister Maker 2:05 Becca's Bunch 2:30 Wallykazam! 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 The Adventures Of Paddington 6:20 Bluey 7:00 Dino Dana 7:30 Spicks And Specks 8:00 Would I Lie To You? (PG) 8:30 Art Works 9:00 The Leunig Fragments (M I) 10:00 Doctor Who (PG) 11:05 Restoration Australia 12:05 Louis Theroux: Miami Mega Jail (M I,s)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Road Less Travelled" (PG) ('17) Stars: Charlene Tilton 2:00 Beach Cops (PG) [s] 2:30 Border Security - International (PG) [s] 3:00 The Chase UK (PG) [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia (PG) [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 SAS Australia (PG) [s] 8:30 Movie: "Unstoppable" (M I) ('10) Stars: Denzel Washington 10:30 The Latest Seven News [s] 11:00 Chicago Fire (M) [s]

7TWO 6:00 Home Shopping 6:30 Under The Hammer (PG) 7:00 Auction Squad 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness With Luke Darcy, Jo Stanley And Luke Hines (PG) 1:00 Million Dollar Minute 2:00 Mighty Ships (PG) 3:00 DVine Living (PG) 3:30 Medical Emergency (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country: Dorset 6:30 Bargain Hunt 12 7:30 The Coroner (M v) 8:30 A Touch Of Frost (M n,v) 10:40 Bones (M v) 2:00 Home Shopping

NINE 6:00 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:00 The Block (PG) [s] 1:00 Travel Guides: Bali (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 The Block (PG) [s] 8:40 Paramedics (PG) [s] 9:40 Botched (M) [s] 10:40 NINE News Late [s] 11:10 Serial Killer With Piers Morgan (MA15+) [s] 12:05 Pearson (M) [s] 1:00 A Current Affair (PG) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs 11:00 Clarence (PG) 12:00 The Incredible Hulk (PG) 1:00 Airwolf (PG) 2:00 A1: Highway Patrol (PG) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 Movie: "Walking Tall" (M v,d,I) ('04) Stars: Dwayne Johnson 9:05 Movie: "Pain & Gain" (MA15+) ('13) Stars: Anthony Mackie 11:35 3rd Rock From The Sun (PG)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 TBA 2:00 Entertainment Tonight [s] 2:30 Farm To Fork [s] 3:00 Judge Judy (PG) [s] 3:30 Freshly Picked [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:30 The Project (PG) [s] 7:30 The Graham Norton Show (M I) [s] 8:30 Bull (M) [s] 11:30 The Project (PG) [s] 12:30 The Late Show With Stephen Colbert (PG) [s] 1:30 Home Shopping 4:30 CBS Mornings [s]

WIN BOLD 6:00 Home Shopping 8:00 Destination 8:30 Snap Happy 9:00 Diagnosis Murder (PG) 10:00 JAG (PG) 12:00 One Strange Rock (PG) 1:00 Reel Action 1:30 Snap Happy 2:00 Escape Fishing With ET 2:30 I Fish 3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: Jurisdiction (M) 8:30 NCIS: Los Angeles (M v) 11:15 Seal Team (M v) 12:10 Home Shopping 2:10 48 Hours 3:10 NCIS: Shalom (M) 4:05 Diagnosis Murder (PG) 5:00 The Doctors (PG)

SBS 5:30 Worldwatch 1:00 PBS Newshour 2:00 Dateline 2:30 Insight 3:40 The Cook Up With Adam Liaw (PG) 4:10 Walking Britain's Lost Railways (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind 6:30 SBS World News 7:35 Coastal Ireland With Adrian Dunbar (PG) 8:30 Lost For Words (PG) 9:30 War Of The Worlds (MA15+) 10:25 SBS World News 10:55 Atlantic Crossing (M v) (In Norwegian/ English) 11:55 The Killing (M I) (In Danish) 4:15 Vice Guide To Film (M I,v) 4:45 Destination Flavour Down Under

SBS VICE 5:00 Worldwatch 12:00 Counter Space (M) 1:00 Fubar: The Age Of The Computer (M I,s) 2:00 Most Expensivist (PG) 3:00 Munchies Guide To Las Vegas (PG) 3:50 ABC America: World News Tonight 4:20 PBS Newshour 5:20 Takeshi's Castle (PG) 5:50 Shortland Street (PG) 6:20 Forged In Fire (PG) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Scientology And The Aftermath: Waiting For Justice (M) 10:00 The Truth About Anxiety (M) 11:05 Vice News Tonight (PG)

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THURSDAY OCTOBER 7

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Australian Story [s] 10:30 The Greek Islands With Julia Bradbury [s] 11:00 How To Live Younger [s] 12:00 ABC News [s] 1:00 Hard Quiz (PG) [s] 1:30 Question Everything [s] 2:00 The Bletchley Circle - San Francisco (M v) [s] 3:00 ABC News [s] 4:05 Escape From The City [s] 5:05 Grand Designs Australia (PG) [s] 6:00 The Drum [s] 6:55 Sammy J (PG) [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Foreign Correspondent [s] 8:30 Q&A [s] 9:35 Secrets Of The Museum [s] 10:25 You Can't Ask That (M I,s)

ABC TV PLUS 5:00 Children's Programs 1:35 Mister Maker 2:05 Becca's Bunch 2:30 Wallykazam! 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 The Adventures Of Paddington 6:20 Bluey 7:00 Dino Dana 7:30 Spicks And Specks 8:30 Penn And Teller: Fool Us (PG) 9:10 Hard Quiz (PG) 9:35 Question Everything (PG) 10:10 Doctor Who (PG) 10:50 That Pacific Sports Show 11:25 You Can't Ask That (PG)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Heart Of Down Under" (AKA 'Follow Me To Daisy Hills') (PG) ('20) Stars: Cindy Busby 2:00 Koochie's Business Builders [s] 2:30 Border Security - International (PG) [s] 3:00 The Chase UK (PG) [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia (PG) [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 Cricket: T20 International Women: Australia v India: Match 1 'Live' [s] 10:30 The Latest Seven News [s]

7TWO 6:00 Home Shopping 6:30 Under The Hammer (PG) 7:00 Auction Squad 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 Mighty Ships (PG) 3:00 Weekender 3:30 Medical Emergency (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Father Brown (M v) 8:30 Inspector Morse (M I,v) 10:50 Murdoch Mysteries (M v) 11:50 Father Brown (M) 12:50 M*A*S*H (PG) 2:00 Escape To The Country 3:00 Bargain Hunt

NINE 6:00 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:00 The Block (PG) [s] 1:00 World's Greatest Cities (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 The Block (PG) [s] 8:40 Movie: "Jack Reacher" (M I,v) ('12) Stars: Tom Cruise 11:15 NINE News Late [s] 11:45 The Fix: Revenge (M) [s] 12:35 Tipping Point (PG) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs 11:00 Clarence (PG) 12:00 The Incredible Hulk (PG) 1:00 Airwolf (PG) 2:00 A1: Highway Patrol (PG) 3:00 Malcolm In The Middle (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 Survivor 41 USA (M) 8:30 Movie: "Pleasantville" (PG) ('98) Stars: Reese Witherspoon 11:00 Movie: "Species II" (MA15+) ('98) Stars: Michael Madsen 12:50 Westside (MA15+)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 TBA 2:30 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 Freshly Picked [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:30 The Project (PG) [s] 7:30 Prince Philip - The Royal Family Remembers [s] 8:30 Gogglebox (PG) [s] 9:30 TBA 10:30 Blue Bloods (M v) [s] 11:30 The Project (PG) [s] 12:30 The Late Show (PG) [s]

WIN BOLD 6:00 Home Shopping 8:00 MotoGP Race 15 Grand Prix Of The Americas "Replay" 10:00 JAG (PG) 12:00 Demolition Down Under (PG) 1:00 The Offroad Adventure Show 3:00 Diagnosis Murder (PG) 5:00 JAG: Valor/ Liberty (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: Guilty Pleasure (M v) 8:30 Hawaii Five-0 (M v) 10:30 Seal Team: The Carrot Or The Stick (M v) 11:30 TBA 12:30 Home Shopping 2:00 Elementary: Into The Woods (M v) 3:00 NCIS: Escaped (M v) 4:00 Hawaii Five-0: Ho' Ohuli Na'au (M v)

SBS 5:30 Worldwatch 1:00 PBS Newshour 2:05 Celine Dion: The Story Of The Songs 3:00 Going Places With Ernie Dingo (PG) [s] 3:40 The Cook Up With Adam Liaw (PG) 4:10 Walking Britain's Lost Railways (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind 6:30 SBS World News 7:35 Walking Britain's Lost Railways (PG) 8:30 Lost Temple Of The Inca (M) (In Spanish) 9:30 The Victim (MA15+) 10:35 SBS World News 11:05 Criminal Planet (MA15+) 11:55 Mr Mercedes (MA15+) 1:55 The Name Of The Rose (M n,s,v)

SBS VICE 5:00 Worldwatch 12:00 Counter Space (M) 1:00 Fubar: The Age Of The Computer (M I,s) 1:55 Most Expensivist (PG) 2:55 What's The Catch With Matthew Evans (PG) 3:55 ABC America: World News Tonight 4:20 PBS Newshour 5:20 Takeshi's Castle (PG) 5:50 Shortland Street (PG) 6:20 Forged In Fire (PG) 7:05 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 The Curse Of Oak Island (M I) 10:00 Dave Gorman: Modern Life Is Goodish (M) 10:50 The Feed

FRIDAY OCTOBER 8

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Q&A [s] 11:05 Grand Designs (PG) [s] 12:00 ABC News [s] 1:00 Foreign Correspondent [s] 1:30 That Pacific Sports Show [s] 2:00 The Bletchley Circle - San Francisco (M v) [s] 3:00 ABC News [s] 4:05 Escape From The City [s] 5:05 Grand Designs Australia (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 Gardening Australia [s] 8:30 Des (M I) [s] 9:20 Capital (M I) [s] 10:10 Talking Heads (M I) [s] 10:45 ABC Late News [s] 11:00 The Vaccine [s] 11:15 Question Everything [s]

ABC TV PLUS 5:00 Children's Programs 1:35 Mister Maker 2:05 Becca's Bunch 2:30 Wallykazam! 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 The Adventures Of Paddington 6:20 Bluey 7:00 Dino Dana 7:30 Spicks And Specks 8:00 Hard Quiz (PG) 8:30 Movie: "Infinitely Polar Bear" (M I,s,v) ('14) Stars: Mark Ruffalo 9:55 Gruen (M I) 10:35 Doctor Who (PG) 11:15 Art Works 11:45 Anh's Brush With Fame

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Kissin' Cousins" (G) ('64) Stars: Elvis Presley 2:00 House Of Wellness (PG) [s] 3:00 The Chase UK (PG) [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia (PG) [s] 6:00 Seven News Tasmania [s] 7:00 Better Homes And Gardens [s] 8:30 Movie: "Pearl Harbor" (M) ('01) Stars: Ben Affleck 12:30 Marvel's Agents Of S.H.I.E.L.D. (M v) [s] 1:30 Harry's Practice [s] 2:00 Home Shopping 4:00 Million Dollar Minute [s] 5:00 NBC Today [s]

7TWO 6:00 Home Shopping 6:30 Under The Hammer (PG) 7:00 Auction Squad 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 Better Homes And Gardens 3:30 Medical Emergency (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Border Security International (PG) 8:30 Martin Clunes: Islands Of America (PG) 9:30 Billy Connolly's Tracks Across America (PG) 10:30 Charlie Luxton's Homes By The Sea (PG) 11:40 Super Garden

NINE 6:00 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:00 The Block (PG) [s] 1:30 Driving Test (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 Country House Hunters Australia [s] 8:30 Downton Abbey (PG) 10:55 Movie: "Elizabeth" (MA15+) ('98) Stars: Cate Blanchett 1:15 Talking Honey - Princess Diana: Death And Legacy (PG) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs 11:00 Clarence (PG) 12:00 The Incredible Hulk (PG) 1:00 Airwolf (PG) 2:00 A1: Highway Patrol (PG) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 Movie: "Spy Kids 3: Game Over" (PG) ('03) Stars: Antonio Banderas 7:30 Movie: "Sherlock Holmes" (M v) ('09) Stars: Robert Downey Jr 10:05 Movie: "Due Date" (MA15+) ('10) Stars: Zach Galifianakis 12:00 URBEX: Enter At Your Own Risk (M I)

WIN 6:00 Football: World Cup Qualifier: Socceroos v Oman "Live" [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (PG) [s] 1:00 The Living Room [s] 2:00 Entertainment Tonight [s] 2:30 Farm To Fork [s] 3:00 Judge Judy (PG) [s] 3:30 Left Off My Map [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:30 The Project (PG) [s] 7:30 The Living Room [s] 8:30 TBA 9:30 TBA 10:30 Rhys Nicholson: Live At Darlinghurst Theatre (MA15+) [s] 12:00 The Project (PG) [s] 1:00 The Late Show With Stephen Colbert (PG) [s]

WIN BOLD 6:00 Home Shopping 8:00 Mega Mechanics (PG) 9:00 Diagnosis Murder (PG) 10:00 JAG (PG) 12:00 Truck Hunters (PG) 1:00 Reel Action 2:00 Snap Happy 3:00 Diagnosis Murder (PG) 5:00 JAG: Salvation/ To Walk On Wings (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: Moonlighting (M) 8:30 Law & Order: SVU: Swing/ Lunacy/ Retro (M) 11:30 CSI: Crime Scene Investigation: High And Low (MA15+) 12:30 Home Shopping 2:00 Elementary (M v) 3:00 JAG (PG) 4:00 NCIS (MA15+) 5:00 Diagnosis Murder (PG)

SBS 5:30 Worldwatch 1:00 PBS Newshour 2:05 Police And Sting: The Story Of The Songs (PG) 3:00 NITV News Tonight 3:40 The Cook Up With Adam Liaw (PG) 4:10 Walking Britain's Lost Railways (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind 6:30 SBS World News 7:35 Legends Of The Pharaohs (PG) (In English/ French) 8:30 The Hunt For Shackleton's Ice Ship (PG) 10:05 SBS World News 10:35 8 Out Of 10 Cats Does Countdown (M I,s) 11:25 The Eagle (M I,v) (In Danish/ Icelandic/ English)

SBS VICE 5:00 Worldwatch 12:00 Rockwiz (M I) 12:50 Black Lives Matter: A Global Reckoning (M v) 1:40 How To Rob A Bank (PG) 2:25 The Curse Of Oak Island (PG) 3:55 ABC America: World News Tonight 4:20 PBS Newshour 5:20 Takeshi's Castle (PG) 5:45 Shortland Street (PG) 6:15 Forged In Fire (PG) 7:00 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Hoarders (M I) 9:15 Monica And Sex (M s) (In Spanish) 10:15 Hunters (M I) 11:05 Vice News Tonight (M) 11:30 Escape From LA (M)

SATURDAY OCTOBER 9

ABC 6:00 rage (PG) [s] 7:00 Weekend Breakfast [s] 10:00 rage (PG) [s] 11:00 rage Guest Programmer (PG) [s] 12:00 ABC News At Noon [s] 12:30 Midsomer Murders (PG) [s] 2:00 Restoration Australia (PG) [s] 2:55 The School That Tried To End Racism (PG) [s] 4:00 Dream Gardens (PG) [s] 4:30 Landline [s] 5:10 Rick Stein's Road To Mexico (PG) [s] 6:10 The Repair Shop [s] 7:00 ABC News [s] 7:30 Grantchester (PG) [s] 8:20 Shetland (M I,v) [s] 9:15 Fires (M I) [s] 10:15 Mrs Wilson (M) [s] 11:10 rage Guest Programmer (MA15+) [s]

ABC TV PLUS 5:00 Children's Programs 1:25 Miffy's Adventures Big And Small 2:05 Becca's Bunch 2:30 Wallykazam! 3:05 Curious George 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 The Adventures Of Paddington 6:30 Go Jetters 7:00 Grace's Amazing Machines 7:30 Spicks And Specks (PG) 8:00 QI (PG) 8:30 Live At The Apollo (M) 9:15 The Stand Up Sketch Show (M I) 9:40 Sammy J (PG) 9:45 Penn And Teller: Fool Us

SEVEN 6:00 NBC Today [s] 7:00 Weekend Sunrise [s] 10:00 The Morning Show [s] 12:00 Seven's Horse Racing: Randwick/ Caulfield [s] 5:00 Seven News At 5 [s] 5:30 Border Security - Australia's Front Line (PG) [s] 6:00 Seven News Tasmania [s] 7:00 Movie: "Harry Potter And The Chamber Of Secrets" (PG) ('02) Stars: Emma Watson 10:15 Movie: "X-Men United" (M v) ('03) Stars: Hugh Jackman And The Chamber Of Secrets" (PG) ('02) Stars: Emma Watson 10:15 Movie: "X-Men United" (M v) ('03) Stars: Hugh Jackman 12:55 Marvel's Agents Of S.H.I.E.L.D. (M v) [s] 2:00 Home Shopping 4:00 Get Clever [s] 5:00 House Of Wellness (PG) [s]

7TWO 6:00 Home Shopping 8:30 Travel Oz (PG) 9:00 Three Wide No Cover 10:00 Winners 11:00 Our Town 11:30 Weekender 12:00 Creek To Coast 12:30 Sydney Weekender 1:00 House Of Wellness (PG) 2:00 Charlie Luxton's Homes By The Sea (PG) 3:00 Movie: "Oh, God! Book II" (PG) ('80) Stars: George Burns 5:00 Seven's Horse Racing 6:00 Border Security - International (PG) 6:30 Crufts Dog Show (PG) 7:30 The Yorkshire Vet (PG) 8:30 Escape To The Country 11:30 TBA 12:30 The Yorkshire Vet (PG) 1:30 TBA 2:30 TBA 3:30 Our Town

NINE 6:00 Animal Tales (PG) [s] 7:00 Weekend Today [s] 10:00 Today Extra - Saturday (PG) [s] 12:00 Rivals [s] 12:30 Destination WA [s] 1:00 Good Food Kitchen [s] 1:30 Animal Embassy (PG) [s] 2:00 The Block (PG) [s] 4:30 The Garden Gurus [s] 5:00 NINE News: First At Five [s] 5:30 Getaway (PG) [s] 6:00 NINE News Saturday [s] 7:00 A Current Affair (PG) [s] 7:30 Movie: "Bohemian Rhapsody" (M) ('18) Stars: Rami Malek 10:15 The Show Must Go On - The Queen + Adam Lambert Story (M) [s] 12:00 Pearson (M) [s] 1:00 Rivals [s]

9GO! 6:00 Children's Programs 12:30 Beyblade Burst Surge (PG) 1:00 Power Rangers Dino Fury (PG) 1:30 Clarence (PG) 1:40 Malcolm In The Middle (PG) 2:10 Liquid Science (PG) 3:10 Movie: "Comet Kids" (PG) ('17) Stars: Tiniel Mora 5:00 Movie: "The Spiderwick Chronicles" (PG) ('08) Stars: Freddie Highmore 7:00 Movie: "Jurassic Park" (PG) ('93) Stars: Jeff Goldblum 9:30 Movie: "Hanna" (M I,v) ('11) Stars: Saoirse Ronan 11:40 Malcolm In The Middle (PG) 12:10 Young, Dumb And Banged Up In The Sun (MA15+)

WIN 7:00 Healthy Homes [s] 7:30 Escape Fishing With ET [s] 8:00 4x4 Adventures [s] 9:00 Taste Of Australia [s] 9:30 Studio 10 Saturday (PG) [s] 12:00 The Living Room [s] 1:00 The Dog House UK (PG) [s] 2:00 Everyday Gourmet [s] 2:30 My Market Kitchen [s] 3:00 What's Up Down Under [s] 3:30 Roads Less Travelled [s] 4:00 Farm To Fork (PG) [s] 4:30 Taste Of Australia With Hayden Quinn [s] 5:00 10 News First [s] 6:00 Making It Australia [s] [s] 7:00 The Dog House UK (PG) [s] 8:00 Ambulance UK (M d) [s] 10:00 TBA 11:00 TBA 12:00 TBA

WIN BOLD 6:00 Home Shopping 9:00 Football: Socceroos v Oman "Replay" 12:00 JAG (PG) 1:00 The Doctors (PG) 2:00 One Strange Rock (PG) 3:00 Pat Callinan's 4x4 Adventures 4:00 Truck Hunters (PG) 4:30 I Fish (PG) 5:00 Reel Action 5:30 Scorpion (PG) 7:30 NCIS: Obsession (M) 8:30 NCIS: New Orleans (M v) 10:20 MacGyver 11:20 CSI: Crime Scene Investigation (M s,v) 1:10 48 Hours (M) 2:10 MotoGP Race 15 Grand Prix Of The Americas "Replay" 4:00 The Doctors (PG) 5:30 Home Shopping

SBS 5:30 Worldwatch 1:00 PBS Newshour 2:00 Motor Sports: Superbike World Championship 3:00 Cycling: CRO Race 2021 Highlights 4:00 Going Places With Ernie Dingo (PG) 4:30 Five Billion Pound Super Sewer 5:40 The Buildings That Fought Hitler (PG) 6:30 SBS World News 7:35 Celebrity Letters And Numbers 8:35 Battle Of Britain: 3 Days To Save The UK (PG) 9:30 8 Out Of 10 Cats Does Countdown (M I,s) 11:15 Movie: "Molly's Game" (PG) ('17) Stars: Jessica Chastain

SBS VICE 5:00 Worldwatch 12:00 Letterkenny (M I,s) 1:25 Stacey Dooley: Russia's War On Women (M I,s) (In English/ Russian) 2:25 Munchies Guide To Basque Country (PG) 3:10 Yokyi Footy 4:10 ABC America: World News Tonight 4:35 PBS Newshour 5:35 Celebrity Mastermind (PG) 6:40 The Bee Whisperer (PG) 7:40 Brooklyn Nine-Nine (PG) 8:30 The X-Files (MA15+) 11:00 Dateline: Women Of Everest 11:30 Insight 12:30 Movie: "Being Flynn" (M) ('12) Stars: Robert De Niro 2:25 France 24 News In English From Paris

SUNDAY OCTOBER 10

ABC 6:00 rage (PG) [s] 7:00 Weekend Breakfast [s] 9:00 Insiders [s] 10:00 Offsiders [s] 10:30 The World This Week [s] 11:00 Compass [s] 11:30 Songs Of Praise [s] 12:00 ABC News At Noon [s] 12:30 Landline [s] 1:30 Gardening Australia [s] 2:30 Rick Stein's Road To Mexico (PG) [s] 3:30 Todd Sampson's Life On The Line (PG) [s] 4:00 Secrets Of The Museum [s] 4:10 TBA 5:00 Art Works [s] 5:30 Antiques Roadshow [s] 6:30 Back Roads [s] 7:00 ABC News Sunday [s] 7:40 Restoration Australia [s] 8:40 Fires (M) [s] 9:40 We Hunt Together (MA15+) [s]

ABC TV PLUS 5:05 Children's Programs 1:25 Miffy's Adventures Big And Small 2:05 Becca's Bunch 2:30 Wallykazam! 3:05 Curious George 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 Octonauts 6:25 Shaun The Sheep 7:00 Grace's Amazing Machines 7:30 Spicks And Specks 8:00 Compass 8:30 Louis Theroux: Miami Mega Jail (M I,s) 9:30 The School That Tried To End Racism (PG) 10:30 Movie: "The Trip To Spain" (M I) ('17)

SEVEN 6:00 Home Shopping 7:00 Weekend Sunrise [s] 10:00 The Morning Show Weekend [s] 12:00 House Of Wellness (PG) [s] 1:00 Beach Cops (PG) [s] 1:30 Border Security - International (PG) [s] 2:00 Movie: "The Maltese Falcon" (PG) ('41) Stars: Humphrey Bogart 4:00 Better Homes And Gardens [s] 5:00 Seven News At 5 [s] 5:30 Border Security - Australia's Front Line (PG) [s] 6:00 Seven News Tasmania [s] 7:00 TBA 8:05 TBA 8:50 Manhunter: The Night Stalker (M I,v) [s] 9:50 The Real Manhunter (M v) [s] 11:50 The Blacklist (MA15+) [s]

7TWO 6:00 Mums At The Table 6:30 Religious Programs 8:30 Home Shopping 9:00 NBC Today 10:00 House Of Wellness (PG) 11:00 The Great Australian Doorstep (PG) 11:30 Caravan & Camping WA (PG) 12:00 The Yorkshire Vet (PG) 1:00 My Road To Adventure (PG) 1:30 Dvine Living (PG) 2:00 TBA 2:30 Escape To The Country 3:30 Movie: "Grand Prix" (PG) ('66) Stars: James Garner 7:00 Border Security - Australia's Front Line (PG) 8:30 Chris Tarrant's Extreme Railway Journeys (PG) 9:30 Mighty Trains (PG)

NINE 6:00 Animal Tales (PG) [s] 7:00 Weekend Today [s] 10:00 Sunday Footy Show (PG) [s] 11:00 The Xtreme CollXtion (PG) [s] 11:30 Fishing Australia (PG) [s] 12:00 Ultimate Rush (PG) [s] 12:30 Explore [s] 12:40 Movie: "Curse Of The Pink Panther" (PG) ('83) Stars: David Niven 3:00 The Block (PG) [s] 5:00 NINE News: First At Five [s] 5:30 Postcards (PG) [s] 6:00 NINE News Sunday [s] 7:00 The Block (PG) [s] 8:30 60 Minutes (M) [s] 9:30 NINE News Late [s] 10:00 The First 48 (M) [s] 11:00 Cold Case - New Leads Wanted (MA15+) [s]

9GO! 6:00 Children's Programs 11:00 Lego City Adventures (PG) 12:00 Bakugan: Geogan Rising (PG) 12:30 Beyblade Burst Surge (PG) 1:00 Power Rangers Dino Fury (PG) 1:30 Rivals 2:00 Peaking (PG) 2:40 Red Bull Soapbox Race (PG) 3:40 Race Across The World (PG) 5:00 Movie: "Nutmeg Professor II: The Klumps" (PG) ('00) Stars: Eddie Murphy 7:00 Movie: "The Phantom" (PG) ('96) Stars: Billy Zane 9:00 Movie: "Transformers: The Last Knight" (M) ('09) Stars: Mark Wahlberg 12:00 Race Across The World (PG)

WIN 8:00 Roads Less Travelled [s] 8:30 Waltzing Jimeoin (PG) [s] 9:00 Destination Dessert (PG) [s] 9:30 Studio 10 Sunday (PG) [s] 12:00 TBA 1:10 Three Veg And Meat [s] 1:30 Healthy Homes Australia [s] 2:00 Everyday Gourmet [s] 2:30 My Market Kitchen [s] 3:00 Good Chef Bad Chef [s] 3:30 Roads Less Travelled [s] 4:00 Waltzing Jimeoin (PG) [s] 4:30 Taste Of Australia [s] 5:00 10 News First [s] 6:30 The Sunday Project (PG) [s] 7:30 Celebrity MasterChef Australia (PG) [s] 9:00 CSI: Vegas (M) [s] 10:00 FBI (M) [s]

WIN BOLD 6:00 Home Shopping 7:30 Religious Programs (PG) 8:00 Bondi Rescue (PG) 8:30 Reel Action 9:00 Snap Happy 9:30 Escape Fishing With ET (PG) 10:00 Roads Less Travelled 10:30 The Doctors (PG) 11:30 Scorpion (PG) 1:30 Bondi Rescue (PG) 2:00 The Offroad Adventure Show 3:00 All 4 Adventure (PG) 4:00 Truck Hunters (PG) 4:30 What's Up Down Under 5:00 I Fish (PG) 5:30 Bondi Rescue (PG) 6:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 9:25 Star Trek: Discovery (M v)

SBS 5:30 Worldwatch 1:00 Speedweek 3:00 Football: FIFA World Cup 2022 Magazine 3:30 Cycling: Paris-Roubaix Race Highlights 5:40 The Buildings That Fought Hitler (PG) 6:30 SBS World News 7:35 Inside Central Station: (M) 8:30 Australia Uncovered (PG) 10:10 Life Of Earth From Space 11:10 How 'Mad' Are You? (M I) 12:05 24 Hours In Emergency (M) 1:00 Backtrack Boys (MA15+) 2:55 Cocaine - Living With The Cartels (MA15+) 3:50 Sinkholes - Deadly Drops (PG) 4:45 Destination Flavour Singapore Bitesize

SBS VICE 5:00 Worldwatch 12:00 Danny's House (M I,s) 1:05 Ancient Aliens (M) 2:45 Insight 3:45 France 24 English News Second Edition 4:15 The Point 4:45 What's The Catch With Matthew Evans (PG) 5:45 Underground Worlds 6:40 Planet Expedition (PG) 7:40 UnXplained With William Shatner (M) 8:30 Women On Death Row (M I) 9:30 Criminal Planet (M d) 10:20 Dark Side Of The Ring (M I) 11:30 I Was A Teenage Felon (MA15+) 12:20 Peach (M n,s) 12:30 Cycling: Paris-Tours "Live" 2:10 Counter Space (MA15+)



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MONDAY OCTOBER 11

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Landline [s] 11:00 Restoration Australia [s] 12:00 ABC News [s] 1:00 Grantchester (PG) [s] 2:00 Des (M I) [s] 3:00 ABC News [s] 4:10 Escape From The City (PG) [s] 5:10 Grand Designs Australia (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:00 Australian Story [s] 8:30 Four Corners [s] 9:15 Media Watch (PG) [s] 9:35 China Tonight [s] 10:05 Road To Now (M v) [s] 11:05 ABC Late News [s] 11:20 The Business [s] 11:35 The School That Tried To End Racism (PG) [s]

ABC TV PLUS 5:05 Children's Programs 1:25 Miffy's Adventures Big And Small 2:05 Becca's Bunch 2:30 Wallykazam! 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 The Adventures Of Paddington 6:20 Bluey 7:00 Dino Dana 7:30 Spicks And Specks 8:00 QI (PG) 8:30 David Attenborough's Life That Glows 9:30 George Clarke's Amazing Spaces 10:20 Doctor Who (PG) 11:05 TBA

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Hidden Intentions" (M s,v) ('18) Stars: Ashlynn Yennie 2:00 The Real Manhunter (M v) [s] 3:00 The Chase UK (PG) [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia (PG) [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 SAS Australia (PG) [s] 8:50 Movie: "Deadpool 2" (MA15+) ('18) Stars: Ryan Reynolds 11:20 Station 19 (M v) [s] 12:20 The Passage (M v) [s] 1:20 The Real Seachange [s] 2:00 Home Shopping

7TWO 6:00 Home Shopping 6:30 Under The Hammer (PG) 7:00 Auction Squad 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 10:30 My Road To Adventure (PG) 11:00 Mighty Trains (PG) 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 TBA 3:00 Sydney Weekender 3:30 Medical Emergency (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Doc Martin (M) 8:30 The Inspector Lynley Mysteries (M v) 10:30 Cold Case (M v) 12:30 M*A*S*H (PG) 1:30 The Real Seachange

NINE 6:00 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:00 The Block (PG) [s] 1:30 Getaway (PG) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 The Block (PG) [s] 8:45 Love Island Australia (M) [s] 10:15 TBA 11:15 NINE News Late [s] 11:45 The Arrangement: Suite Revenge (M I,s,v) [s] 12:40 New Amsterdam: Rituals (M) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs (PG) 11:00 The Amazing World Of Gumball (PG) 11:30 Teen Titans Go! (PG) 12:00 Supergirl (M) 1:00 Vanderpump Rules (M) 3:00 Malcolm In The Middle (PG) 4:00 Adventure Time (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 RBT (PG) 8:30 Movie: "Flight" (MA15+) ('12) Stars: Denzel Washington 11:15 World's Worst Flights (PG) 12:15 State Of Affairs (M) 1:10 Westside (MA15+) 2:10 Vanderpump Rules (M)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (M) [s] 1:00 TBA 2:30 Entertainment Tonight [s] 3:00 Judge Judy (PG) [s] 3:30 Freshly Picked [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:30 The Project (PG) [s] 7:30 Celebrity MasterChef Australia (PG) [s] 8:30 Have You Been Paying Attention? (MA15+) [s] 9:30 Just For Laughs Uncut (MA15+) [s] 10:00 Just For Laughs (MA15+) [s] 10:30 TBA

WIN BOLD 6:00 Home Shopping 8:00 The Doctors (PG) 9:00 Demolition Down Under 10:00 JAG (PG) 12:00 Seal Team (PG) 1:00 NCIS (PG) 3:00 Diagnosis Murder (PG) 5:00 JAG: Lifeline/ Mutiny (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS: Rule Fifty-One/ Spider And The Fly/ Worst Nightmare (M) 10:20 Formula 1 Turkish Grand Prix Highlights 11:20 Blue Bloods (M v) 12:15 Home Shopping 2:15 48 Hours: Live To Tell: Murder On Prom Night (MA15+) 3:15 Diagnosis Murder (PG) 4:10 NCIS (M v) 5:05 The Doctors (PG)

SBS 5:30 Worldwatch 2:00 Inside Central Station 3:00 Where Are You Really From? (PG) 3:35 The Cook Up With Adam Liaw (PG) 4:05 The Supervet (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind 6:30 SBS World News 7:30 10 Mistakes: Deepwater Horizon (M) 8:30 Saved By A Stranger (M) 9:35 24 Hours In Emergency (M) 10:30 SBS World News 11:00 Bosch (MA15+) 11:45 An Ordinary Woman (M I) (In Russian) 1:25 Deep State (MA15+) 3:25 Huang's World (M I,v) 4:15 Vice Guide To Film (MA15+)

SBS VICE 5:00 Worldwatch 12:00 Gymnastics: Artistic Individual World Cup 1:30 A House Divided: Trump And Obama (M I) 2:45 Lee Lin Chin's Fashionista 2:45 Travel Munchies Guide To Oaxaca (PG) 3:45 ABC America: World News Tonight 4:10 This Week With George Stephanopoulos 5:05 Takeshi's Castle (PG) 5:30 Shortland Street (PG) 6:00 Rockwiz (M s) 7:00 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Taskmaster (M I) 9:20 Hypothetical (M) 10:10 Lost For Words (M)

TUESDAY OCTOBER 12

ABC 6:00 News Breakfast [s] 9:00 ABC News [s] 10:00 Four Corners [s] 11:00 Antiques Roadshow [s] 12:00 ABC News [s] 1:00 Shetland (M I,v) [s] 2:00 The Bletchley Circle - San Francisco (M v) [s] 3:00 ABC News [s] 4:05 Escape From The City [s] 5:10 Grand Designs Australia (PG) [s] 6:00 The Drum [s] 7:00 ABC News [s] 7:30 7.30 [s] 8:05 The Greek Islands With Julia Bradbury [s] 8:30 Step Into Paradise (PG) [s] 9:55 Gatwick: The Last Chance Hotel (M d,I) [s] 10:55 ABC Late News [s] 11:10 The Business [s] 11:25 Q&A [s]

ABC TV PLUS 5:00 Children's Programs 1:35 Mister Maker 2:05 Becca's Bunch 2:30 Wallykazam! 3:00 Molly Of Denali 3:30 Play School 4:00 Bananas In Pyjamas 4:25 Thomas And Friends 5:05 Remy & Boo 5:35 Nella The Princess Knight 5:55 Octonauts 6:20 Bluey 7:00 Dino Dana 7:30 Spicks And Specks 8:30 TBA 9:10 Ghosts (M) 9:40 This Time With Alan Partridge (PG) 10:10 Fayed (MA15+) 11:00 Doctor Who (PG) 11:45 In The Long Run (M I) 12:05 Superwog (MA15+) 12:30 Please Like Me (M I,s) 12:55 W1A (M I)

SEVEN 6:00 Sunrise [s] 9:00 The Morning Show [s] 11:30 Seven Morning News [s] 12:00 Movie: "Honor Student" (M s,v) ('14) Stars: Josie Loren 2:00 The Real Manhunter (M v) [s] 3:00 The Chase UK (PG) [s] 4:00 Seven News At 4 [s] 5:00 The Chase Australia (PG) [s] 6:00 Seven News Tasmania [s] 7:00 Home And Away (PG) [s] 7:30 SAS Australia (PG) [s] 8:45 Unbelievable Moments Caught On Camera (M) [s] 9:45 S.W.A.T. (M v) [s] 10:45 The Latest Seven News [s] 11:15 The Goldbergs (M v) [s] 12:00 The Real Dirty Dancing (PG)

7TWO 6:00 Home Shopping 6:30 Under The Hammer (PG) 7:00 My Greek Odyssey (PG) 8:00 Harry's Practice 8:30 Million Dollar Minute 9:30 NBC Today 12:00 House Of Wellness (PG) 1:00 Million Dollar Minute 2:00 Mighty Ships (PG) 3:00 Creek To Coast 3:30 Medical Emergency (PG) 4:30 M*A*S*H (PG) 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Pie In The Sky (PG) 8:30 Lewis: Wild Justice (M v) 10:30 Without A Trace (M d,v) 12:30 M*A*S*H (PG) 1:30 The Real Seachange 2:00 Escape To The Country

NINE 6:00 Today [s] 9:00 Today Extra (PG) [s] 11:30 NINE's Morning News [s] 12:00 The Block (PG) [s] 1:00 Desperate Housewives (M) [s] 2:00 Pointless (PG) [s] 3:00 Tipping Point (PG) [s] 4:00 NINE's Afternoon News [s] 4:30 Millionaire Hot Seat [s] 5:30 WIN News [s] 6:00 NINE News [s] 7:00 A Current Affair (PG) [s] 7:30 The Block (PG) [s] 8:40 Love Island Australia (M) [s] 9:55 Travel Guides (PG) [s] 10:55 NINE News Late [s] 11:25 Reverie: The Key (M v) [s] 12:15 Tipping Point (PG) [s] 1:05 A Current Affair (PG) [s] 1:30 Home Shopping

9GO! 6:00 Children's Programs (PG) 11:00 The Amazing World Of Gumball (PG) 11:30 Teen Titans Go! (PG) 12:00 Supergirl (M) 1:00 Vanderpump Rules (M) 3:00 Malcolm In The Middle (PG) 3:30 The Nanny (PG) 4:00 3rd Rock From The Sun (PG) 4:30 That 70's Show (PG) 5:00 Malcolm In The Middle (PG) 6:00 The Nanny (PG) 6:30 3rd Rock From The Sun (PG) 7:00 That 70's Show (PG) 7:30 Movie: "Heat" (M I,v) ('95) Stars: Al Pacino 11:00 World's Worst Flights (PG) 12:00 State Of Affairs (M) 1:00 Westside (MA15+)

WIN 6:00 The Talk [s] 7:00 Judge Judy (PG) [s] 7:30 The Bold And The Beautiful (PG) [s] 8:00 Studio 10 (PG) [s] 12:00 Dr Phil (M) [s] 1:00 TBA 2:00 Entertainment Tonight [s] 2:30 Farm To Fork [s] 3:00 Judge Judy (PG) [s] 3:30 Freshly Picked [s] 4:00 Everyday Gourmet [s] 4:30 The Bold And The Beautiful (PG) [s] 5:00 10 News First [s] 6:30 The Project (PG) [s] 7:30 The Dog House Australia (PG) [s] 8:30 The Cheap Seats (M I) [s] 9:25 NCIS: Los Angeles (M v) [s] 11:25 The Project (PG) [s] 12:25 The Late Show (PG) [s] 1:30 Home Shopping

WIN BOLD 6:00 Home Shopping 8:00 Bondi Rescue (PG) 8:30 Waltzing Jimeoin (PG) 9:00 Diagnosis Murder (PG) 10:00 JAG (PG) 12:00 Walker, Texas Ranger (PG) 1:00 NCIS (M) 3:00 Diagnosis Murder (PG) 5:00 JAG (PG) 7:00 Bondi Rescue (PG) 7:30 NCIS (M v) 8:30 Football: Japan v Socceroos "Live" From Saitama Stadium, Japan 11:30 NCIS: New Orleans: Relentless (M v) 12:30 Home Shopping 2:00 Movie: "2099: The Soldier Protocol" (AKA "The Wheel") (M I) ('19) Stars: David Arquette 3:45 Elementary (M)

SBS 5:30 Worldwatch 1:00 PBS Newshour 2:00 Whitney Houston - The Story Of The Songs (PG) 2:55 Where Are You Really From? (PG) 3:25 The Cook Up With Adam Liaw (PG) 3:55 Remarkable Places To Eat (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind 6:30 SBS World News 7:30 Great Canadian Railroad Journeys: Skagway To Vancouver (M) 8:30 Insight 9:30 Dateline 10:00 The Feed 10:30 SBS World News 11:00 The Point 11:30 Cacciatore: The Hunter (MA15+) 12:40 The A Word (M I,s)

SBS VICE 5:00 Worldwatch 12:00 Gymnastics: World Challenge Hungary 1:30 Fubar: The Age Of The Computer (M I,s) 2:00 How To Rob A Bank (M d,I,s) 2:50 Munchies Guide To Berlin (PG) 3:40 ABC America: World News Tonight 4:05 PBS Newshour 5:05 Takeshi's Castle (PG) 5:30 Shortland Street (PG) 6:00 Rockwiz (M s) 7:00 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Alone (M) 9:40 Unknown Amazon (PG) 10:30 The Devil You Know (MA15+)

Classifications: (G) General, (PG) Parental Guidance, (M) Mature Audiences, (MA15+) Mature Audience Over 15 Years, (s) Subtitles
Consumer Advice: (d) drug references, (s) sexual references or sex scenes (h) horror, (l) language, (mp) medical procedures, (n) nudity, (v) violence
Programming information correct at time of going to press, changes are at the network's discretion
Prepared by National Typesetting Services

SUDOKU

			5			9	7	
				9			4	
6					8	2		1
	1				9		6	
		7		5		3		
	8		3				2	
8		2	6					5
	7			1				
	4	5			3			

Sudoku is a number placing puzzle based on a 9x9 grid with several given numbers.

The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.

LAST WEEK'S SOLUTION

4	1	8	5	6	9	7	3	2
3	6	9	2	8	7	4	5	1
7	5	2	1	3	4	8	6	9
6	2	4	9	7	1	3	8	5
8	3	1	6	5	2	9	4	7
5	9	7	8	4	3	1	2	6
9	7	5	3	2	8	6	1	4
1	8	6	4	9	5	2	7	3
2	4	3	7	1	6	5	9	8

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CROSSWORD

1		2		3		4		5		6		7
8						9						
10							11					
	12	13					14	15				
16												17
18				19			20			21		
						22						
23								24				
25												

QUICK

ACROSS

1. Dismay (13)
8. Maintain (5)
9. Seaman (7)
10. Effortlessly (6)
11. Insect (6)
12. Garment (5)
14. Garden implement (5)
18. Prolong (6)
20. Pick-me-up (6)
23. Accomplish (7)
24. Nimble (5)
25. Blameworthy (13)

1. Rather old but managing to harness the horse (7,2,1,3).
8. Difficult-to bend! (5). 9. Seems amazed by what the motor-cyclist's wearing (7). 10. Coming to the conclusion both Reg and Peg do (6). 11. Find oil on your land and stop working? (6). 12. Dramatic works, paradoxically (5).
14. Understands they're branches (5). 18. Notes on a small manuscript (6). 20. Correct definition of a prim person (6).
23. Too old or just old enough to be a bowler? (4-3). 24. Was it written in one fifty one of the year of our Lord? (5).
25. Put on the nosebag? (3,4,1,5).

CRYPTIC

ACROSS

1. Will she talk about cuts? (6). 2. In the dock and sorely troubled (5). 3. One's early days as seen in imagination (7).
4. Jokes that leave one speechless (4). 5. Time is a funny thing (5). 6. A person taking in a lieutenant for a thrashing (7). 7. So Ted's got thrown about (6). 13. Having gone to the greatest lengths! (7). 15. Not so hot! (7). 16. Lay it on and take advantage of people (6). 17. Show resentment at the curb (6). 19. I'm returning with a French friend from America (5). 21. The previous head of the monastery (5).
22. Sounds like the top dog (4).

DOWN

1. Spaniel (6)
2. Approaches (5)
3. Acrobat (7)
4. Capital city (4)
5. Concur (5)
6. Lit (7)
7. Tends (6)
13. Sauce (7)
15. Maybe (7)
16. Mend (6)
17. Zephyr (6)
19. Relative (5)
21. Mount (5)
22. Yield (4)

LAST WEEK'S SOLUTIONS

CRYPTIC PUZZLE

Across - 1, Step on it. 6, Tick. 8, Pill. 9, Grilling. 10, Perch. 11, Tanner. 13, Tattoo. 15, Ri-V-ets. 17, Man-age. 19, Truck. 22, Hand-some. 23, Noah. 24, Star(board). 25, Little me. **Down** - 2, Thine. 3, Polecat (anag.). 4, Nags. 5, Twisters. 6, Talon (anag.). 7, Con-sent. 12, Rose-bowl (anag.). 14, Ada-man-t. 16, Ve-Ron-al. 18, Adder. 20, Charm. 21, Vent.

QUICK PUZZLE

Across - 1, Intruder. 6, Side. 8, Doom. 9, Consumed. 10, Peony. 11, Grease. 13, Breach. 15, Desire. 17, Sniper. 19, Piety. 22, Macaroni. 23, Aunt. 24, Skin. 25, Luncheon. **Down** - 2, Noose. 3, Romania. 4, Dace. 5, Renegade. 6, Sauce. 7, Dresser. 12, Charcoal. 14, Ransack. 16, Spinich. 18, Plain. 20, Tango. 21, Lion.

Painters mix and show their palette

The Kingston Palette Painters is holding an exhibition and welcoming new members throughout October.

The exhibition at Brookfield Margate opened on Friday, October 1 and runs to Sunday, October 31.

Lorel from the Kingston Palette Painters said the exhibition is to promote interest in art and display some of the groups works.

"To paint is to mark with colour what you see, be it from within, something spiritual, or the natural world and its people.

"One of our members, Leslie Stranger, puts it this way, 'you see the world the world with different eyes and become more appreciative of it'."

The Kingston Palette Painters began over 15 years ago and paint with oil, acrylics, watercolour and sketch.

No painting experience is needed to join the relaxing and friendly local group, and membership and attendance is free.

For more information contact Lorel on 0415 895 419.



The Kingston Palette Painters exhibition at Brookfield Margate opened on Friday, October 1 and runs to Sunday, October 31. Members Di Smith, Robyn McGrath, Annie Hayes and Jan Finlayson with Barbel Moell and Lesley Stranger in front. (PS)

Salvaged art from waste exhibition

Kingborough's biennial Salvaged Art from Waste Exhibition is due to open on November 12, with entries welcome until October 22.

The exhibition will feature artwork from recycled, re-purposed and reused materials.

Mayor of Kingborough, Cr Paula Wriedt said entry is open to all artists, hobbyists, young people, community groups and schools.

"There will be prizes in the Open, Amateur, Young People, Children and Schools sections as well as a People's Choice Award," Cr Wriedt said.

"This is an opportunity for creative people to reinvent what we usually discard into beautiful pieces of art.

"This year's theme 'Messages of Hope' aims to inspire the creatives to look beyond all the difficulties that face us in 2021, with pandemic and climate change, and to recreate inspirational pieces out of recycled and repurposed things."

Entries close at 5pm on Friday, October 22.

The official opening will commence at 6pm on Friday, November 12.

The exhibition will be held from November 12 to 14, opening daily between 10am and 4pm.

The categories and prizes available include:

- Open Award \$500
- Amateur Artist Award \$250
- 13 to 17 years Award \$150
- Up to 12 years Award \$50
- Two categories for schools, with a prize of \$250 each
- People's Choice Award of \$100.

For further information, visit Kingborough Council's website at <https://www.kingborough.tas.gov.au/2021/08/salvaged-art-exhibition/> or contact Mel Staples via email on mstaples@kingborough.tas.gov.au or phone on 6211 8228.



11–17 OCTOBER 2021

Seniors Week

ADVERTISING
FEATURE



Health professionals at Leap Health clinics in Kingston and Huonville play a guiding role, assisting older adults to maintain an active, healthy lifestyle. (PS)

Leap into positive health

As we age, regular exercise becomes an increasingly important part of maintaining an active, healthy lifestyle, enabling us to participate in activities we enjoy.

The health benefits are mental and physical and can include positive improvements in capacity and management of any acute and chronic health conditions, such as osteoarthritis or osteoporosis, and assist in prevention of falls.

It is recommended adults over 65 be physically active for 30-minutes each daily, even if that means vacuuming or making a cup of tea.

Additionally, 150-minutes of moderately active exercise is recommended at least two-days-per-week.

Examples of moderately active exercise include riding a bike, dancing or a brisk walk and working on

strength, balance and flexibility.

Health professionals, such as exercise physiologists, dietitians, physiotherapists and podiatrists, play a guiding role for each individual.

Leap Health has undergone a significant upgrade to facilitate the best expertise and care to older adults.

Participants can then either continue to exercise on their own or stay connected to others with similar health issues, interests or hobbies.

Combined with an expanded practice at its Huonville clinic, Leap Health has enhanced its capacity to support positive ageing, to help locals achieve their maximum health potential and enjoy the things they love.

Contact Leap Health in Kingston on 6229 3005, or in Huonville on 6286 0277, to find out more.

Alternatively, visit www.leaphealth.com.au

Is tea good for over 55s?

There's nothing like a good cuppa, but when it comes to our ageing bodies is tea still good for us?

Art of Tea owner, Samantha, is not just a keen tea drinker, she's also a scientist.

Samantha has delved into the scientific research to understand how tea may affect local senior community members.

In an article from the *Journal of Nutrition, Health and Aging*, a study with more than 2000 participants over 55 years of age, found those who drank tea, particularly black tea or oolong, had better gait, balance and performance in Activities of Daily Living.

The study found some positive findings for green tea drinkers, yet none for coffee drinkers.

This research bolstered Samantha's belief that enjoying black tea daily is indeed good.

"My own grandparents only drank black tea (with milk) and they lived into their mid-nineties," noted Samantha.

"Every visitor and every occasion called for the kettle to be boiled a pot of tea to be made.

"It's good to know that we have a large range of classic black teas like English breakfast in our Kingston shop, and now we even stock the locally grown black, green, white and oolong teas from Allens Rivulet.

"We have teas from all over the world, but the locally grown one is especially lovely with low tannins and from in our very own neighbourhood," said Samantha.

"Whilst black, green, white and oolong tea have numerous well documented health benefits, it should be noted that they all naturally contain caffeine.

"It is recommended that the consumption of caffeine be limited after mid-afternoon to reduce any problems

falling asleep at bed time," noted Samantha.

"The art of tea has a range of non-caffeine and herbal tisanes, such as rooibos (pronounced roy-boss) and our award-winning snooze blend and organic peppermint or an age-old-favourite chamomile."

A good cuppa is one of the best things shared with friends and family, so next time the door-bell rings, why not pop on the kettle and make a nice pot of tea.



Next time the door-bell rings, why not pop on the kettle and make an Art of Tea pot of soothing brew to share. (PS)



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11-17 OCTOBER 2021

Seniors Week

ADVERTISING FEATURE

Traditional high tea in fine company

Hobart Town Tea Rooms serves traditional high teas in a contemporary environment, complemented by soft music and a collection of fascinating historical images of early Hobart Town.

It's all about the experience, reliving memories with family and friends.
An ideal place to catch up with mum and the girls. Where dads are most welcome too.
Hobart Town Tea Rooms cater for birthdays, baby showers and anniversaries and will open seven days a week during December to cater for the festive season.
Christmas bookings are now available.
Their popular high teas, at \$25 per head, include everything. Upon arrival, guests are invited to browse the range of

delicacies on display and select their preferred cake and pot of tea, leaving the rest of the sweet and savory preparations to the staff.
There's a delightful selection of over 19 blends of tea to choose from, including signature blends of English breakfast, French earl grey and happy belly herbal.
All teas are served in a personal, fine bone China tea set. Tea set collections are available for purchase in the Hobart Town Tea Co retail section, along with glass tea ware items, Christmas hampers, Hobart Town historical photos, hand-made olive oil soaps and delicious Italian soft nougat.
High tea gift vouchers are also available.
Lili, Ron and the Tea Team would like to wish everyone a very happy and safe 2022.

"Thank you to Kingston and Huon for supporting Hobart Town Tea Rooms over the past 18 months.
"It's been a challenging time for all of us in tourism and hospitality.
"We could not have survived without local support."
Hobart Town Tea Rooms are open Wednesday to Sunday, from 11am to 4pm, at 147 Macquarie Street

(opposite Service Tasmania).
A convenient, five-minute stroll from Centrepark Car Park, where the first hour of parking is free.
Due to seating restrictions, it is recommended guests book in advance on 0491 356 255.
For further details, including menu items, visit httc.com.au

Why wait to get help with hearing loss?

Around 3.6 million Australians suffer from hearing impairment.
A recent study published in the *International Journal of Audiology* found that only seven per cent of those who need hearing aids seek help.
Audiologist Nick Modrovich said being told you need a hearing aid can be quite confronting.
"Often people are pushed into getting a test as their family is frustrated," said Nick Modrovich.
"For many clients, the hearing aid signify the first perception of ageing, it can sometimes be the reason why someone may delay getting help for years."
The socio-psychological aspects of correcting hearing loss cannot be underestimated.
In Australia, pensioners are entitled to subsidized hearing aids under the Commonwealth Hearing Services Program.
However, a recent independent review found that over half of all eligible people with hearing loss are not

actively taking advantage of the services available.
"Part of the reluctance is thinking that hearing aids are large and very noticeable," said Nick Modrovich.
"It is part of the stigma of hearing loss and ageing unfortunately.
"Nowadays, hearing aids are discreet and designed in such a way that you can barely see them on the ears.
"It has made our jobs a lot easier, but we would still like to see more people seek the help that they need."
Recent hearing technology is so advanced that you can now stream your phone calls directly into the hearing aids. You can also adjust the volume and programs via an app on your mobile phone.
This technology is fully subsidized by the Commonwealth pension program and available at Ability Hearing and Balance.
Contact Ability Hearing and Balance on 1300 327 776 to apply for the Hearing Services Program.



Hobart Town Tea Rooms offer a unique high tea experience. The tea rooms will open seven days a week during December to cater for festive season bookings. (PS)



FREE 14 day take home
Hearing Aid trial



Mr Nick Modrovich
AUDIOLOGIST



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M15014

11-17 OCTOBER 2021

Seniors Week

ADVERTISING FEATURE

Improved mobility, ease and comfort

Expert advice and equipment can provide a world of difference, improving mobility, comfort and ease of daily life.

Specialist store Mobility4All are experts in the field of mobility aids and home care products. The store, located at 23 Derwent Park Road in Derwent Park, is stocked with a wide range of mobility aids and includes a showroom, with free parking and easy access at the front door. Their specialist staff understand the importance of determining each person's particular circumstances and needs, to provide advice on the most suitable products. Mobility4All also service and repair mobility scooters, powerchairs, wheelchairs, walkers/rollators and other daily living aids. Mobility equipment enables people to live at home longer and make the most of every day. The team provide valuable after-sales service. They know the products inside-out and offer equipment service and repairs either in-store or at a customer's residence. For further information call 6273 8300 or email info@mobility4all.com.au



Expert advice and equipment, such as mobility scooters, powerchairs, walkers and wheelchairs from Mobility4All can make a world of difference, improving mobility, comfort and ease of daily living. (PS)

Nourishing meal delivery

Meals on Wheels Tasmania delivers nourishing meals, with a friendly catch up, to people needing assistance to remain living at home.

CEO Rebecca Free said in addition to freshly cooked meals, the service provides a safety check, giving peace-of-mind to family and friends of meal recipients. "This is what sets Meals on Wheels apart from many other 'drop and go' meal providers," noted Ms Free. "The chance to have a chat with a familiar and friendly face is just as important as the delivery of the meal itself." The service offers a variety of meal choices and caters to special dietary, allergy and texture requirements. Main meals contain the recommended levels of protein for an older person and include five vegetables, providing important nutrients. Prepared meals meet national Meals on Wheels guidelines, developed in partnership with the University of Wollongong. Meals on Wheels is always keen to hear from anyone interested in volunteering. For further details, contact Meals on Wheels Tasmania on 1800 696 325 or email office@mowtas.org.au



Meals on Wheels Tasmania's Paul Voss offers a variety of nourishing meals to those needing assistance to remain living at home. (PS)

M12335



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Meals on Wheels

Providing meals to clients in the Kingborough, Huon and South Channel areas

Meals on Wheels delivers meals to people of all ages, who wish to remain living independently in their own homes. We offer a range of nutritious, wholesome meals and cater for various dietary requirements. Meals can be provided up to seven days a week. Please contact us if you would like to find out more about receiving our meals or volunteering opportunities.

MEALS ON WHEELS TASMANIA
103a Grove Road, Glenorchy P. 6272 0887 / 1800 696 325 E. office@mowtas.org.au

More than just a meal



HIGH TEA FOR 2

High Tea for 3 available - add \$25
GF High Tea available extra \$4 per person

Here is what you do:

1. Choose a pot of tea per person from the Tea Menu on your table or plunger coffee
2. Choose your piece of cake per person from any of our fridges
3. Please go to counter and tell staff your tea and cake selection with payment.

Your High Tea for 2 includes:

- 4 cucumber circles
- 2 club chicken sandwiches
- 2 club champagne ham sandwiches
- 4 scone halves with Tas raspberry jam & fresh cream
- 2 shortbreads
- 2 chocolate brownies
- 2 pieces of cake
- 1 pot of tea or coffee per person

(Additional pot of hot water provided free)

\$25 per person

Sharing: additional plate, cutlery, fine bone China tea set \$5 per person

For full menu [@httco.com.au](http://httco.com.au) • Bookings encouraged due to limited seating.

M15013



Hobart Town

TEA ROOMS



Now taking High Tea bookings for Christmas! Open 7 days in December only!

Bookings: 0491 356 255
147 Macquarie Street, Hobart
Open wed-sun 11am-4pm

11-17 OCTOBER 2021

Seniors Week

ADVERTISING FEATURE

Personalised home care

Christian Homes Tasmania (CHT) Home Care assist with personal care such as showering, transport, shopping, appointments, social visits, meal preparation, washing, ironing, general cleaning, home maintenance and gardening.

Home Care staff are local people, specialised in personal services and mindful of confidentiality.

CHT Home Care offer services to individuals receiving a Level 1, 2, 3 or 4 Home Care Package, or those who prefer to pay privately, on a fee-for-service basis.

Each client is allocated a Registered Nurse to provide case management and information on services available from CHT and other organisations, such as taxi vouchers and meal providers.

CHT's physiotherapist can provide treatments, including for pain relief.

An occupational therapist is also available to provide

advice on home modifications and equipment to support people who choose to remain in their home for as long as possible.

Clients can access group exercise classes, held weekly in Kingston, and enjoy social bus trip outings.

Recent feedback received includes:

"Christian Homes offers a great personalised and caring service comprising people who really care about the people they are assisting to go about their lives."

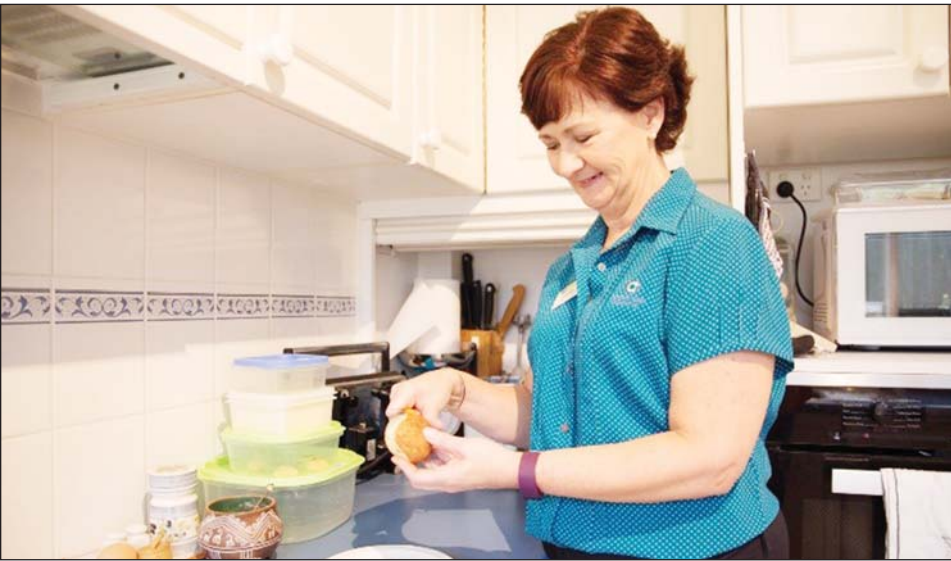
"We have found CHT carers polite, helpful and always obliging."

"All staff put my husband's welfare first and check that I am coping."

"We have only praise for the organisation."

"We have now had two and half years of Home Care services from CHT."

"We are truly blessed!"



Meal preparation is one of a variety of services delivered by Christian Homes Tasmania (CHT) Home Care. (PS)



The team at Paula Sutherland & Associates offer comprehensive, accessible and affordable assistance in relation to estate planning needs. (PS)

Estate planning specialists

Paula Sutherland & Associates (PSA) specialise in estate planning and administration, dispute resolution and litigation, commercial law and conveyancing.

Their lawyers offer specialist advice tailored to meet specific client needs, providing clients with practical solutions and options whilst identifying risks and possible consequences in a way that best achieves the client's desired outcomes.

In the delivery of legal services, PSA focuses on transparency, achieving the best outcome for the client, and anticipating their future needs.

In providing a premium estate planning service, PSA encourage everyone, no matter how big or small their estate, to have the following in place:

- Will
- Enduring Power of Attorney
- Enduring Guardianship

Whilst you are still alive, a power of attorney appoints a person (the attorney) to make decisions on your behalf about matters that relate to your financial and legal affairs, such as selling or purchasing property and accessing funds in your bank accounts.

It does not permit a person to make decisions about your medical or personal affairs, this is achieved via the appointment of an enduring guardian, which PSA can also assist you to put in place.

After you pass away, it is equally important to ensure you have a will and that you regularly update it as the need arises.

Circumstances change; children are born, beneficiaries predecease you, your asset pool changes by either the growth or disposal of assets, and so on.

You should update your will when there is a significant event in your life, such as marriage or divorce, or otherwise at least every two to three years to ensure that your wishes remain current and valid.

Paula Sutherland & Associates offer comprehensive, accessible and affordable assistance to clients in relation to their estate planning needs.

For an appointment or to discuss drafting or updating your will, power of attorney or enduring guardianship, contact them today.

PSA has also been recognised as a recommended Wills & Estates Litigation Law Firm by the Doyle's Guide.

Empowering clients with an understanding of their legal matters through innovative, transparent and specialist advice.

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M15009



OneCare is your local, Tasmanian, non-profit home care provider. We're here in your community to provide you with the care and support you need, when you choose.



We offer Home Care support to help you make the most of every day, in your own home.

- Personal care
- Meal preparation
- Social support
- Cleaning
- Shopping
- Home and garden maintenance
- Nursing services
- Massage therapy
- Transport
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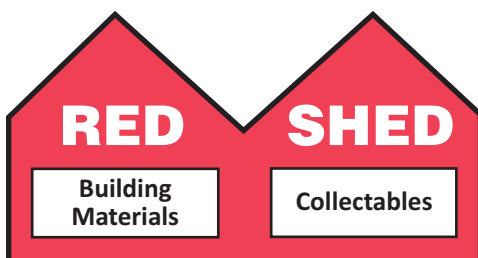
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GOLF RESULTS

Kingston Beach Golf Club – Men
Stableford, Saturday, September 25

Division 1: 1st D Harrison 38 J Smith 37.
Division 2: 1st J Brooks 42 L Jamieson 37.
Division 3: 1st J Conroy 36 P Dwyer 34.
Nearest the pins: 1st S. Dance, 16th B. Malcolm, 18th P. Stride.
Eagle: J Stirling 12th.
Super pin: 18th M Palmer.
Run downs: T. Schofield, S. Rice, Jas Smith, S. Saunders, T. Lorkin, J. Stirling 36.
Seniors: 1st D. Nejman 37.
Nearest the pins and super pin: R. Sturzaker.

Stableford, Wednesday, September 29

Division 1: 1st R. Lyndon 41cb, N. Vince 41.
Division 2: 1st D. Patmore 43, M. Shirley 42.
Division 3: 1st I. Wells 38, J. McCormick 37.
Nearest the pins: 7th M. Shirley, 8th B. Kevett, 18th B. Malcolm.
Eagle: J. O'Reilly 9th
Run downs: N. Henley 41, J. O'Reilly 40, B. Malcolm, K. Gunn 39, K. Read, R. Kerr 38, T. Newlands, S. Palmer, N. Shirley 37cb.
Seniors: 1st B. Armstrong 41, I. Johnson 37cb.
Nearest the pins: 1st K. Zaw, 16th E. Browne.
Run downs: C. Hickton 37, J. St Hill 36, N. Douglas 33.

Kingston Beach Golf Club – Ladies
18 hole Stroke, Tuesday, September 28

1st G. Dobson 67, D. Cook 68.
Least putts: D. Hunnibell.
Run downs: D. Foster, G. Brown 70, D. Males 71, C. Dwyer 72.

9 hole Stableford

1st L. Brown 21, M. Dalton 17.
Run downs: B. Roan 16, M. Wisniewski, C. Miller.

North West Bay Golf Club - Ladies
Homy Ped Round 2 and Bronze Qualifier

Stableford 18 holes, Tuesday, September 28
Division 1: D. Muir 40, E. Collins 36, S. Hall 35, c/b H. Dwyer 35, M. Robert's 34.
Division 2: D. Banks 39, C. Duggan 37, S. Michael 34, C. Mackey 33.
9 holes: P. Irvine 18, M. Cormack 17, R. Sawford 15, E. Murray 14, J. Cooper 12.

Yellow Stableford 18 holes, Thursday, September 30

S. Hall 40, M. Cormack 36, J. Taylor c/b C. Duggan, c/b J. Collet 35 J. Palfreyman 34.
9 holes: D. Banks 17, J. Cooper 17, m Wyllie 15, M. Bedding 15, R. Scallon 14.

North West Bay Golf Club – Men
Stableford, Wednesday, September 29

Division 1: W. Park 37, P.J. Morgan 36.
Division 2: P. Chatterton 38, B. Denton 38.
Ball winners: P. Collidge 38, G. Cobern, G. Williams 37, C. Gates, T. Bevan 36, M. Christian, J. Hodgson, A. Hejtmank, B. Read 35, J. MacArthur, M. Jarman, D. Christensen 34.
Nearest the pins: 7th B. Stanway 344cm, 10th N. Baker 220cm, 14th J. Dare 336cm.
Birdies: 14th J. Dare.
Super pin: J. Dare.



Kingborough Lions United Football Club announced that Jez Kenth has been reappointed as the NPL Head Coach for season 2022. There's a lot going on at Clennett's Lightwood Park from construction to new sponsors to their 2023 Women's World Cup base camp bid. (PS)



The official opening of the greens for the new 2021/22 Bowls Tasmania South Pennant Season at the Kingborough Bowls Club with Senator Catryna Bilyk, past president Craig Griggs and the president of Dementia Friendly Tasmania, Di Carter. (PS)



Kingborough Tigers' Lilly Ellis was the runner-up in the SFLW Division 1 Best and Fairest with 11 votes after a fantastic season. Priscilla Odwogo gained 9 votes (from only 6 games) and Captain Mikayla Absolom gained 6 votes. (PS Carolyn Whitehouse)

Willis wins National Coach of the Year

The AFL has announced the winners of the Toyota AFL National Volunteer Awards, with Kingborough's Brad Willis recognised in the AFL Junior Coach category.
After being one of eight Tasmanians to receive state awards in their categories, Willis is the sole Tasmanian winner of a national prize.
Known throughout the state for his impact on women's football, Willis has been a major contributor to the growth of female participation in the sport.
Formerly the senior women's coach for the Kingborough Tigers, he is now the female coach coordinator at the club across both junior and senior programs.
This role started with the primary aim of developing female coaches across six teams and a variety of age

groups, but it has now evolved to see Willis acting as assistant coach for all six of those teams, attending games and training sessions for each.
Willis' initiatives have seen three new females coaching at the club, all of which have shown tremendous aptitude, and the club has grown to house over 110 female participants, by far the most of any club in the state.
As recognition for his contributions and capability, Willis was chosen to coach the Southern Football League Women's side in this year's inaugural Women's Statewide All-Stars Series.
As the national category winner, Willis travelled to Perth to attend the 2021 AFL Grand Final at Optus Stadium.



Kingborough's Brad Willis was announced by the AFL as the winner of the National AFL Junior Coach category in the Toyota AFL National Volunteer Awards. (PS)



TPR Triples Challenge Competition

On the weekend of Saturday, September 25 and Sunday 26, the Donald Hazell Indoor Centre at the Kingborough Bowls and Community Club at Margate was a hive of activity with 48 bowlers in 16 teams battling to win the lucrative prize money on offer in the TPR Property Group Two Bowls Triples Challenge Competition.

First prize in the two-day competition was \$1200.

Bowlers from various clubs around the state competed in the competition which was held over the two days.

All 16 teams entered played five games consisting of 15 ends per game.

Three games were played during the Saturday session and two games played on Sunday.

At the conclusion of the five games, the top four teams played off in a 10-end final to decide the winning order before prizes were presented to the top four place getters.

Some very competitive bowls was played during the competition and at the conclusion of play after three games on the first day of competition, only three teams were undefeated.

Winning all three of their games were the teams Michael Sims, Tony Clark and Nathan Dinning.

All teams were underway again at 9am on the Sunday, again with some very fierce competition played out.

After the conclusion of the two Sunday games, calculations showed the team of Michael Sims from Trevallyn Bowls Club, Isaac Maughan from Glenorchy Rodman and Josh Walker Davis from Longford were the only team to win all five games played and finished on 85 points.

Nathan Dinning with Iain Dinning and Robbie Wallace, all from Kingborough, won four games with one loss finishing on 83 points.

Tony Rowe with Jason Fowler and Daniel Holland, all from Kingborough, also won four and lost one game to finish on 76 points and Stewart Cashion from Sandy Bay, with Jarod Long from Kingborough and Alby Norris from Sandy Bay finished on 73.5 points, winning three games, drawing one and losing one.

The 10-end finals were held after the lunch break with team Sims playing off against team Dinning with this game deciding 1st and 2nd place in the competition.

Sims got the upper hand from the first end and didn't let team Dinning back into the game, coming away with a convincing win.

In the other final team Rowe played team Cashion to decide 3rd and 4th place.

After eight ends Rowe was leading eight shots to three, but on the 9th end Cashion picked up five shots to even the score then won one shot on the final end of the game to take the win from Rowe.

TPR Property Group representatives Maree Griggs and Renee Vanson attended the club on both days of the competition, lunching with the bowlers on the Saturday and presenting the prize money to the winning teams after the conclusion of the finals on Sunday.

See page 23 for more photos



Winners of the TPR Property Group Two Bowls Triples Challenge Competition Josh Walker-Davis, Isaac Maughan and Michael Sims, far right, with Club President Lorraine Walker and TPR Representatives Maree Griggs and Renee Vanson. (PS)



Former Kermadie and Kingborough Tigers SFL and TSL player, Leigh Savage, played in the AFL Masters Tasmanian side in Perth for the 2021 AFL Masters Carnival. Matches were played in Perth with representative teams from across Australia, including games the day after the AFL Grand Final between Melbourne and the Western Bulldogs at Optus Stadium. Leigh is pictured with Tasmanian 35/40s side, fourth from the left, back row. (PS)