

Simon says bye as head coach

Kingborough Lions United Football Club (KLUF) recently announced Head Coach of the Women's High-Performance Program and WSL Simon Edwards has stepped down.

Simon kickstarted the High-Performance Program 12 years ago and helped the club's number of female players swell to forty percent of the club's playing members.

"Simon's contribution to women's football in our club has been enormous and cannot be understated," Club President Brian Downes said.

"The leadership and inspiration Simon has provided to hundreds of players within our Women's High-Performance Program over the past twelve years is immeasurable and is the foundation upon which the club is able to confidently continue to build for the future.

"We are very grateful to Simon and appreciate what he has achieved in service to the club."

"I am immensely thankful for the lessons learned, the memories made, and the opportunity to positively impact the lives of our athletes," Simon said.

"Each day I have been inspired by the dedication and determination of those individuals in the team, and coaching staff, that aspired to be the best they could be and aspire to perform at the standard.

"Thank you to all of those who have supported me and the program over the last decade."

Weighing in on emergency levy

The State Government has released a draft Tasmania Fire and Emergency Services (TFES) Bill, introducing changes to the fire and emergency services levy.

The TFES Bill proposes to abolish the insurance fire levy. Rather than sourcing State Emergency Service (SES) funding from insurance customers, the Bill offers a property-based levy instead.

This will be calculated using a property's Assessed Annual Value (AAV) multiplied by the relevant land classification rate and will continue to be collected via council rates.

"I am extremely concerned about the financial impact the new fire and emergency service levy will have on the residents and businesses of Franklin," said Kingborough Deputy Mayor Clare Glade-Wright.

"The implication is that properties with large valuations will cop an excessive rise, in some cases over 1000 per cent increase."

Minister for Police, Fire and Emergency Management Felix Ellis said current arrangements fail to provide the funding fire and emergency services need.

"We are going to fix this to support our fire and emergency services," Minister Ellis said.

More on page 3



The Voice to Parliament Referendum took place on Saturday, October 14. The Voice Referendum was defeated with a majority No vote. Over 7000 voting centres were opened across Australia, including one at the Kingborough Community Hub. Dee Beriya supported the No vote and Jill Hickie supported the Yes vote. The Voice proposed to establish a federal advisory body of Aboriginal and Torres Strait Islander people to advise Parliament on Indigenous views. Prepolling was also available for those who needed to vote early. 4.5 million early votes were cast out of approximately 17.5 million eligible Australian voters. More on page 2.

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CONTACT
HEAD OFFICE: 3351 Huon Highway,
Franklin. TAS. 7113.
POSTAL: PO Box 306,
Kingston. TAS. 7051.
TELEPHONE: (03) 6229 3655
EMAIL: **GENERAL**
office@kchronicle.com.au
EDITORIAL
editorial@kchronicle.com.au
ADVERTISING
sales@kchronicle.com.au

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The Woodbridge and Channel District Probus Club celebrated its birthday at West Winds Community Centre last week. Each year they celebrate the club's birthday by wearing yellow and blue, the colours of Probus. The Woodbridge and Channel District meets monthly at West Winds, as well as going on outings. (PS)



From front page. Senator Catryna Bilyk visited the polling station at Kingborough Community Hub to make an early vote. "This Referendum is our response to a generous request by Aboriginal and Torrest Strait Islander people to walk together for a better future, one of which all Australians can be proud," Senator Bilyk said. (PS)



Senator Claire Chandler also visited the Kingston prepoll with Senator Jonno Duniam. Senators Chandler and Duniam discussed the risks of the Voice to Parliament, indicating they were voting 'No'. No voter Heather Shaw with Senator Chandler, Dee Beriya and Senator Duniam. (PS)



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Antarctic Division budget cut

The Senate is currently investigating the impacts of a \$25 million budget cut to the Australian Antarctic Division (AAD).

A recent hearing in October discussed the ramifications of this proposed budget cut, including the possible termination of at least 56 existing projects.

Senator Peter Wish-Wilson asked "What is the decision-making process within the AAD around, for example, this summer, what projects would proceed or what projects would be considered critical, like the ice core project or the Denman Glacier terrestrial work?"

"Do operations have the final say or significant input into what's actually facilitated?"

Senior Researcher at AAD Professor Dana Bergstrom said "There's no clear understanding of the 'critical' category". "We've had multiple project assessment schemes.

"The current one was opened only to AAD and Government organisations.

"The projects were ranked in terms of priority: high, medium and nothing below that, I don't think.

"It's mainly the executive group that makes that decision about what things can go ahead."

Deputy Secretary of AAD Sean Sullivan revealed the department had overspent \$42 million last financial year.

Mr Sullivan said this overspend occurred because the AAD had to employ a second ship while they were waiting for the new icebreaker, the *RSV Nuyina*.

Mr Sullivan said the \$25 million reduction was not a cut. "It wasn't trimming the budget, it was operating within the budget we'd been allocated," Mr Sullivan said.

The Senate inquiry will hand down its report by November 30.

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KINGSTON

Deputy Mayor discusses new levy

From front page

“This Bill essentially shifts the cost burden to business, commercial, and industrial landowners,” Kingborough Deputy Mayor Clare Glade-Wright said.

“For example, a business which has a capital value of \$20 million and an estimated yearly rental value of (AAV) \$1.321 million, the current fire levy is about \$2575.

“Under the proposed levy at 2.4 per cent of AAV (option one) this property would have to pay \$31,720.

“That is a sharp increase of \$29,145.

“And under option two (2.6 per cent) it would be even higher.

“It would be far more appropriate for the State Government to fund their decision to abolish the fire levies on insurance premiums on a recurrent basis and increase their own investment in Tasmanian Fire and Emergency Services.”

Minister for Police, Fire and Emergency Management Felix Ellis said “Our Government will abolish the business insurance levy, reform the property-based levy, and continue the motor-vehicle levy”.

“We will also increase the concession rate from 20 to 30 per cent and in doing so we will abolish an entire levy on Tasmanians.

“We will consult on two options regarding the reformed property-based levy, including one that provides special consideration for rural communities.

“Both provide a growth model for our Tasmanian Fire and Emergency Service and the funding will be ring-fenced for our TFES to exclusively support them in the work they do and the services they provide.”



Maxine Smith, Edna Pennicott and Judy Gale from Kingborough Helping Hands (KHH) potting plants for those in need. KHH are once again organising their biggest fundraiser for the year, Edna’s Annual Christmas Fundraiser lunch, with all proceeds going to local families. (PS)

Christmas Fundraiser lunch returning

Edna Pennicott and the team at Kingborough Helping Hands are once again organising Edna’s Annual Christmas Fundraiser lunch on Sunday, November 12.

The fundraiser is starting at 11.30 am for 12 noon at the Seniors Citizen Club, 35 Redwood Road, Kingston.

This is Kingborough Helping Hands’ biggest fundraiser each year and is strongly supported by local businesses

and attendees with generous donations.

Edna discussed the challenges many Kingborough families are going through this year with the cost-of-living increases.

“The working class is who we are supporting more and more now,” said Edna.

“With mortgage rates going up, rents are sky high, prices for everyday groceries keep going up, the demand for

our services is out of control.

“Please come along for a great day and lunch.”

Edna’s Annual Christmas Fundraiser lunch will have raffles, lucky door prizes, an auction and trade tables, with all proceeds going towards local families this Christmas.

Cost is \$25 per person, which includes lunch.

Contact 0449 110 895 for more information.

Serious crash on Algona Road

Police are continuing to investigate a serious two-vehicle crash on Algona Road that occurred recently.

A late-model Toyota Hilux driven by a 34-year-old man travelling in a southerly direction collided with an early-model Toyota Prado travelling in a northerly direction driven by a 54-year-old man.

Both drivers were the sole occupants of their vehicles. The impact caused significant damage to both vehicles, with one of the cars catching fire after the impact.

Bystanders have been thanked by community members on social media for rushing to the burning Toyota Prado to pull the occupant clear.

Both occupants received medical attention on scene

and were later conveyed to the Royal Hobart Hospital. Police are investigating the cause of the crash.

Anyone who witnessed the incident or has information that may support the investigation is asked to contact the Kingston Police Station on 131444 or report any information anonymously to Crime Stoppers on 1800 333 000.

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KINGSTON

Get Online Week

Power up your digital skills for free at Kingston Library during Get Online Week, October 16 to 22.

Get savvy with your device by learning one-to-one, with a group, or joining a drop-in session at Kingston Library.

Digital literacy is as essential as reading and writing as so much information needed for daily life is now only available online.

Getting online to access this information can seem daunting If you haven't had the opportunity to use computers while at school or work.

"Online skills can enrich our lives, giving access to information and connecting us with each other," said Executive Director of Libraries Tasmania Sue McKerracher.

"Whether it is finding events in your local community, talking to family and friends on social media, or perhaps learning something new in an online course.

"Getting online can open a whole new world."

More than 250 Libraries Tasmania staff members are trained digital mentors, and volunteers are also available to assist learners of all abilities.

Timeline for the Southern Outlet

The next stage in the construction of the Southern Outlet transit lane as part of the Southern Projects is a suite of coordinated transport projects being delivered and funded by the Tasmanian Government.

The goal is to make bus travel more attractive, providing an easier ride for bus users from Huntingfield to Molle Street.

Southern Projects timeline

October

Tenders advertised for Macquarie and Davey Street bus improvements.

November

Work starts on Macquarie and Davey Streets bus improvements.

Before January 2024

Tenders advertised for transit lane connector between Davey and Macquarie Streets.

Early 2024

Work finishes on Macquarie and Davey Street bus improvements.

Tenders awarded for the transit lane connector.

Construction starts on the transit lane connector.

April 2024

Construction starts on preliminary rock works on the Southern Outlet transit lane.

Mid to late 2024

Tenders advertised for major construction of the Southern Outlet transit lane.

Late 2024

Tenders awarded for major construction of the Southern Outlet transit lane.

Early 2025

Construction starts on the Southern Outlet transit lane.



Bridget 'BJ' Jupe conducted a Seasonal Walk at the Snug River track. Kingborough Council runs a weekly walking session on Thursday mornings from 9.30am supported by a health professional along with Council's Natural Areas Interpretation Officer. (PS)

Kingborough seniors

Acting Mayor, Clare Glade-Wright said this Seniors Week, October 16 to 22, is a great time to raise awareness of all activities Kingborough Council provides for older people in the community.

"Some of our most popular activities in Kingborough for older people are our Seasonal Walks which are such a great way to stay healthy and meet people," Cr Glade-Wright said.

"Guided by Council's Natural Areas Interpretation Officer, the program is informative as well as a great social outing.

"The next Seasonal Walk is scheduled for December 13 and will be in one of our beautiful natural reserves.

"If you would like to attend, please register with our Community Development Officer on 6211 8200."

If you would like to get out into nature on a regular basis, Kingborough Council also runs a weekly walking session on Thursday mornings from 9.30am to 10am.

These sessions are called a Dose of Nature and are specifically chosen for their ease as well as what they offer in terms of local flora and uniqueness.

"These walks are supported by a health professional along with Council's Natural Areas Interpretation Officer and are as much a meditation in nature as they are a regular social gathering," Cr Glade-Wright said.

"Details are on the Council website."

Throughout the year Kingborough Council runs programs including pop-up cafes with guest speakers as well as a range of educational sessions in the Tuesday Talks series held on the first Tuesday of each month.

Kingborough also has an active community of volunteers who assist people aged 65 and over with basic help like transport to appointments, light gardening duties and pet support.

To join the mailing list for seniors' activities or to find out more about the volunteer program email kc@kingborough.tas.gov.au or contact 6211 8200.

"Volunteering for just one or two hours can be very rewarding and can benefit a member of the community who, through illness, disability or frailty cannot carry out normal day-to-day tasks." Cr Glade-Wright said.

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KINGSTON

The Aussie bird count

The Aussie bird count is on during National Bird Week, October 16 to 22, and your observations can make a difference to bird conservation in Kingborough.

There are bird-counting walks supported by Kingborough Council for those who want to learn how to survey bird numbers.

Meet behind the Community Hub (Goshawk Lane) at 7.30am, October 18 to join Scott and BJ from Council while they survey birds along Whitewater Creek track.

Andrew from Birdlife Tasmania and BJ from Council will survey in the Algona Road reserve on Friday, October 20

at 8.30am.

Meet them at the Tetratheca Road entrance to join the walk.

Bring binoculars along if you have them.

This simple and fun activity supports understanding of the birds using your area.

Each survey takes 20 minutes, and you can do as many surveys as you like during the week.

Visit aussiebirdcount.org.au/ for more information.

You can also download the Aussie bird count app from any smart phone and/or computer.



Swift Parrots are making their way south for breeding season so local bird watchers might catch a glimpse of them during the Aussie bird count October 16 to 22. Kingborough Council has two supported bird counting walks that are free to join. (P.S Wilson Lennard)



The approximate location of the new footpath is marked orange for the Dru Point works. Construction is due to start this week and will take around 10 weeks. (PS)

Dru Point footpath upgrade

Construction will commence on a shared footpath from the main gate of Dru Point playground to the kiosk this week.

This development is aimed at improving accessibility and safety for all users.

The 2.1-metre-wide concrete path will start at the entrance, continuing to the kiosk, and will provide better pedestrian access to the park for mobility and pram users.

Kingborough Council plans to add a gravel footpath on both sides of the road from the kiosk to the dog park.

Dru Point is one of the most popular parks in the area, and it has undergone several updates to enhance its facilities.

In June the playground was upgraded with a new double flying fox, netting hammock swing, and orbit rope climbing frame.

The old equipment was replaced and the new double flying fox and rope climbing structure will be more appealing to older children using the park.

The construction of the footpath is expected to take around 10 weeks, depending on the weather.

Chief Executive of Hospitals South appointed

In a recent announcement, Joe McDonald has been appointed as the new Chief Executive of Hospitals South after a rigorous recruitment process.

Along with the Royal Hobart Hospital, the Hospitals South CEO is in charge of Kingston Community Health Centre (CHC), Bruny Island CHC, Cygnet CHC and Huon CHC locally.

The Minister for Health, Guy Barnett, expressed his confidence in the appointment by stating that “Mr McDonald is a senior healthcare executive who will bring significant experience to the role”.

Mr McDonald will be leaving his current position as

General Manager of the Northern NSW Local Health District, which he has held since July 2018, to join the Tasmanian Department of Health.

This key senior position includes leadership of Tasmania's largest hospital, making it a crucial role in the health system.

Minister Barnett congratulated Mr McDonald on his appointment and added that his significant experience and skills will be a great asset to the health system.

The Minister also expressed his excitement for working with Joe to continue delivering high-quality health services to Tasmanians.

Mr McDonald is set to begin his new role on November 27.

Pre-Kinder sessions

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World Homeless Day

October 10 marked World Homeless Day and Minister for Housing and Construction Nic Street stressed the importance of action on this issue.

“Every Tasmanian deserves a roof over their head,” Minister Street said.

“We are investing over \$38 million annually on specialist homelessness services that provide our most vulnerable with a place to stay while acting as a touchpoint for wrap around services.

“There are currently 19 homeless shelters and three safe spaces operating around the state, supporting Tasmanians each and every day.

“Whilst homelessness is something that impacts people from all walks of life, we are focusing intently on those groups considered most at risk.”

The Government has also invested \$16 million in the Housing Connect model which will improve access to housing assistance for those Tasmanians finding themselves at risk of homelessness.

“Tackling homelessness requires a multi-faceted approach and every Tasmanian facing homelessness has different needs and desires,” Minister Street said.

“Through our long-term housing plan, we are working to ensure that every Tasmanian has safe, fit-for-purpose and affordable accommodation.

“We are also progressing our long-term housing plan to boost supply across Tasmania with 10,000 more social and affordable homes by 2032.”



Construction of the Saltbush Child and Family Learning Centre building in Kingston, due for completion in early 2024, is well underway. Child and family learning centres aim to improve the health, well-being, education, and care of Tasmania's very young children by supporting parents and enhancing the accessibility of services in the local community. The team from the centre are already delivering pop-up programs across Kingborough in the lead-up to the opening. (PS)



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M15928

TAROONA

Raffle for the Richardsons

Taroona High School's Year 7 Team Leader Travis Hutchins is running a raffle for the Richardson family, whose son Harris is being treated for cancer in Melbourne.

Travis is a good friend of Tyler Richardson, Harris' dad, and in conjunction with the Taroona High Social Club has arranged this raffle which will be drawn on Friday, October 27.

“Great prizes, great cause,” Travis said.

Tyler gave an update on his son, Harris and the family.

“We're doing pretty good,” Tyler said.

“Harris has just finished his third round of chemotherapy and is doing really great.”

More posties, more electric

License rules are being changed so anyone with a car licence can use the electric delivery vehicles (eDV's) used by Australia Post delivery drivers without the need for a motorcycle licence.

“We have listened to advice that these electric vehicles are safer and far simpler vehicles to ride than a motorcycle, are lighter, less powerful and more balanced,” said Minister for Infrastructure and Transport Michael Ferguson.

“In the current tight labour market, the current restrictions limit the pool of workers that Australia Post can draw on.

“Now anyone with a provisional, full car, heavy vehicle or a motorcycle licence will now be able to drive these three-wheelers.”

There are already 90 eDV's on Tasmanian roads and footpaths with approximately 50 per cent of delivery rounds undertaken by eDV's, which cut emissions and noise.



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Peter Gardiner from Glen Huon won the spring garden competition with this photo entry. (PS)



Peter received his winning prize from Greta Watson from the *Huon News*.



Ray Quinn from Blackmans Bay was awarded runner-up in the spring garden competition, receiving his prize from Lauren Sherman at Clennett's Mitre 10 Garden Centre Kingston.



The runner-up in the spring garden photo competition from Ray Quinn from Blackmans Bay. (PS)

Spring garden competition

Readers of the *Kingborough Chronicle* and *Huon News* newspapers submitted their garden photos for a chance to win a Stihl Battery Garden Pruner and Felco Secateurs, donated by Clennett's Mitre 10.

Peter Gardiner from Glen Huon was the winner of the spring garden photo competition and Ray Quinn from Blackmans Bay was the runner-up.

The photo competition showcased many beautiful

gardens in the Kingborough, Channel and Huon Valley communities.

To see the garden photos pick up the latest *Homemakers* publication out now in Kingston Town Shopping Centre and Channel Court where the *Kingborough Chronicle* baskets are, or download it from the *Kingborough Chronicle* website by going to the 'Read our newspapers' tab.



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Fern the Swift Parrot was treated at Bonorong Wildlife Hospital following a window strike. She sustained muscle and soft tissue injuries and required 10 days of treatment before being successfully released back into the wild. (PS Monica Willmott)

Protecting local parrots

Sightings have been made of a significant group of Swift Parrots in Kingborough.

The birds are returning from Victoria and following the flowering blue gums to Birchs Bay and south for breeding season.

The biggest threat facing the Swift Parrot is habitat loss. Old growth trees are often felled because the birds are not present at the time, but this is usually because that particular tree isn't in flower.

When the birds return to the area to nest at a time when the tree would typically be flowering, they arrive to find that their nesting site has gone along with their food supply.

Even the smallest hollow takes 140 years to form so replanting does not solve the immediate problem.

The latest research indicates that there may be as few as 750 individuals left in the wild.

Recently, two Swift Parrots were rescued after being injured.

One sadly died but a female survived and was cared for by Bonorong Wildlife Hospital before being released back into the wild.

For a species on the brink, every individual is precious.

The survival of this female is one small step towards safeguarding the Swift Parrot and a testament to the

importance of everyone helping where they can.

Bonorong encourages anyone who finds an injured Swift Parrot to help if it is possible and safe to do so.

Bonorong Wildlife Hospital and Sanctuary advises the community that keeping cats indoors, providing a water source for birds in the warmer months and writing to your local member of parliament about your concerns are simple steps anyone can take to support native wildlife.

Because of their speed, window strikes are also a significant danger to Swift Parrots.

Hitting a window at high speed can kill a bird or injure them and render them vulnerable to predators like domestic cats.

You can help to prevent these by using mitigation methods like screens and sticky dots on highly reflective windows and glazed doors.

What to do if you find an injured or orphaned animal

- Keep the animal warm
- Keep the animal in a dark space
- Keep the animal in a quiet area
- Keep handling to a minimum
- Do NOT provide food or drink
- Call the Bonorong Wildlife Rescue Service on 0447 264 625 straight away for advice

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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Money Matters

Finance Column

The Centrelink age pension, making sense of it all

Centrelink can be confusing at the best of times.

When terms like asset test, income test and deeming rates are thrown around it can add another layer of confusion, particularly when the tests and rates are forever changing.

Here we cut through the jargon to make some sense of it all.

Apart from being the right age, your eligibility for the age pension is determined by the value of your assets (the asset test) and your income (the income test).

The test that delivers the lower amount of age pension is the test applied to you.

must be below \$204 a fortnight if you are a single or below \$360 a fortnight if you are a couple.

Like the asset test, if your income exceeds these thresholds then you may still be eligible to receive a part age pension.

If your income is above the full age pension thresholds, the amount you receive will reduce by 50 cents for every \$1 you earn per fortnight until it completely cuts out when your fortnightly income exceeds \$2397.40 for a single or \$3666.80 for a couple.

Deeming rates

Money in your bank and other assets such as term deposits, shares and your super are all classed as financial assets.

These financial assets are considered by Centrelink to earn you a certain amount of income using deeming rates.

For example, if you have \$50,000 in a term deposit earning you 4 per cent interest, Centrelink deems this money to earn a certain amount by applying their deeming rates, not the rate of your term deposit.

The deemed income from your financial assets is then applied to the income test.

The deeming rate for singles is 0.25 per cent for the first \$60,400 of your financial assets and then 2.25 per cent on any amount above that.

For couples, a rate of 0.25 per cent is applied to the first \$100,200 and then 2.25 per cent is applied to any amount above that.

For example, if a single person has \$80,000 in a bank account and \$100,000 in super, these financial assets would be deemed to earn you \$2842 per annum by Centrelink.

This deemed income would then be applied to your income test.

Over time the value of your assets and income can change.

It is important to update Centrelink on any changes to ensure you are receiving the appropriate rate of age pension.

A financial adviser can help ensure you are maximising the amount of age pension you are entitled to receive.

Please contact us if you would like to ensure you are receiving the right age pension.

Damian Gibson, Partner & Financial Adviser, Elevate Wealth

Any general advice in the publication has been prepared without taking into account your objectives, financial situation or needs.

Before you act on any general advice in this publication, you should consider whether it is appropriate to your individual circumstances.

Please seek personal advice prior to acting on this information.



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M16763



Kingborough Real Estate Guide



HUNTINGFIELD 13 Charles Eaton Court

Offers over \$750,000



3 2 3

Susan Kay 0418 720 201 Raine & Horne Kingston

Comfort and convenience with character

Set in a tree-lined streetscape, this beautiful three-bedroom home in Charles Eaton Court is both charming and sophisticated in its presentation. With plenty of curb appeal, this home has some not-so-obvious surprises. Through the front door, you enter the hallway that gives access to the nicely proportioned master bedroom featuring a built-in robe and ensuite shower room.

On the opposite side of the hall are bi-fold doors which open into the formal lounge. This is a charming room that offers a cosy retreat in cooler months. A sliding door leads out onto the rear alfresco. From the lounge, you enter a fabulous open-plan living room with a large contemporary kitchen and dining that leads to a second lounge area.

Off the kitchen is the undercover alfresco accessed through a glass sliding door. From the living area, you re-enter the hallway off which are the two additional generously proportioned bedrooms, both with built-ins, as well as the family bathroom, separate adjacent toilet, and laundry. The flat back garden is mainly laid to lawn and bordered with planting beds.

A garden shed with some additional storage completes the layout. The home has an adjoining single-vehicle garage with a roller door and a side entry door in the back garden. This well-maintained property offers both comfort and convenience with plenty of character. Close to the services and amenities of Kingston, the home benefits from a sense of quiet seclusion and convenience.



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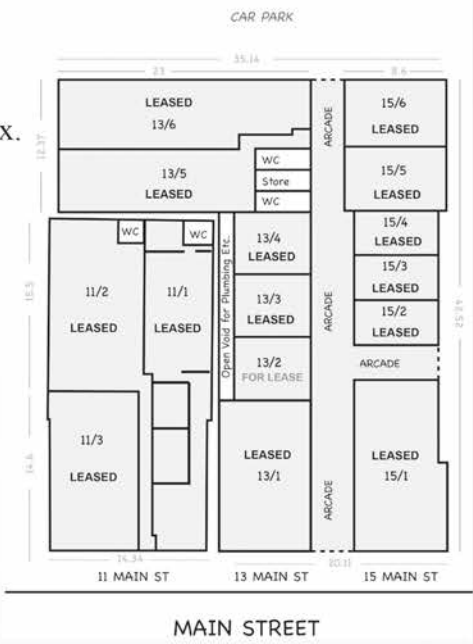
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property of the week



KINGSTON 15 Cades Drive **\$1,200,000**

Delightful family home with income-generating villa

6 2 6

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Delightful family home with income-generating villa

This lovely property known as Bimbadeen offers the perfect blend of comfort and versatility.

Nestled amidst the trees yet conveniently close to local amenities.

Welcome to your new home, where a delightful main house and a separate, income-generating villa await your exploration.

The main house exhibits an inviting open plan, featuring a welcoming kitchen with a walk-in pantry, dining and lounge area that opens onto an expansive entertaining deck that looks straight out to the beautiful bush setting.

A sloped ceiling provides ample sunshine and adds a touch of grandeur and airiness to the space.

You'll stay cosy with the roaring wood heater, while a fan and panel heater offer additional ease and warmth.

The property has undergone a recent makeover, featuring brand-new wool carpets, a fresh coat of paint, and newly installed blinds throughout.

Three double bedrooms, all equipped with built-in robes, provide ample storage.

The main bathroom features a spacious walk-in shower, a new vanity and a toilet, and is complemented by a

separate second toilet.

Up a few steps is another wing of the home offering even more versatility for family living.

The expansive parents' retreat boasts a well-appointed bedroom with ample built-in robes complemented by a generous living area.

If you're looking for even more living zones, you'll be delighted by the near-new, separate two-bedroom villa.

The villa is contemporary and fully self-contained. It features a heat pump and double glazing throughout, ensuring a comfortable and energy-efficient environment.

The villa can be provided fully furnished, making it move-in ready or enhancing its rental appeal.

The property's exterior is equally captivating, with a portion dedicated to landscaped gardens and another part embraced by light bush.

There is also a large paddock area with fencing suitable for horses.

With its beautiful bush surroundings and proximity to local amenities, this home provides the best of both worlds.

Come and enjoy Bimbadeen, with its bush-studded serenity and light-filled living spaces.

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Kingborough Chronicle

AT THE HEART OF THE COMMUNITY

FREE WEEKLY TV GUIDE

Wednesday October 18 – Tuesday October 24

WEDNESDAY OCTOBER 18

ABC 6:00 News Breakfast 9:00 ABC News 10:00 Four Corners 10:45 Q+A (M) 12:00 ABC News 12:30 National Press Club Address 1:40 Media Watch (PG) 2:00 Parliament Question Time 2:55 Gardening Australia 3:55 Tenable 4:40 Long Lost Family (PG) 5:25 Hard Quiz (PG) 6:00 The Drum 7:00 ABC News 7:30 7.30 (PG) 8:00 Hard Quiz (PG) 8:30 Question Everything (PG) 9:00 WFAQ (M I) 9:35 Would I Lie To You? (M I) 10:05 QI (M s) 10:35 ABC Late News 10:50 The Business 11:10 Death In Paradise (M v)

ABC TV PLUS 5:00 Children's Programs 12:00 Teletubbies 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Thomas And Friends 3:00 Luo Bao Bei 3:30 Play School 4:00 Gardening Australia Junior 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 Interstellar Ella 6:30 Andy And The Band 7:05 Karma's World 7:30 Spicks And Specks 8:00 Would I Lie To You? (PG) 8:30 Vera (PG) 10:00 Killing Eve (MA15+) 10:45 Would I Lie To You? (PG) 11:15 Inside The Met (PG)

SEVEN 6:00 Sunrise 9:00 The Morning Show 11:30 Seven Morning News 12:00 Movie: "Poisoned Love: The Stacey Castor Story" (M) ('20) Stars: Nia Vardalos 2:00 The Real Manhunter: The Murder Of Christopher Donovan (M v) 3:00 The Chase UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News Tasmania 7:00 Home And Away (PG) 7:30 Dogs Behaving (Very) Badly (PG) 8:30 A Year On Planet Earth (PG) 9:30 Amazing Race (PG) 11:00 The Latest Seven News 11:30 TBA 1:05 The Replacement (M)

7TWO 6:00 Home Shopping 6:30 Escape To The Country 7:30 One Road - Great Australian Road Trips (PG) 8:00 Million Dollar Minute 9:00 Harry's Practice 9:30 NBC Today 12:00 Better Homes And Gardens 1:00 Escape To The Country 2:00 Sydney Weekender 2:30 The Bowls Show 3:30 Medical Rookies (PG) 4:00 ICU (PG) 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Heartbeat (PG) 8:45 Lewis (M v) 10:45 Law & Order: UK (M) 11:45 Bargain Hunt 12:45 My Greek Odyssey (PG)

NINE 6:00 Today 9:00 Today Extra 11:30 NINE's Morning News 12:00 The Block (PG) 1:00 Bondi Vet (PG) 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE's Afternoon News 4:30 Millionaire Hot Seat 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 The Block (PG) 8:40 Luxe Listings Sydney (M I) 9:40 Botched (M I) 10:40 NINE News Late 11:10 The Equalizer (M v) 12:00 Tipping Point (PG) 12:50 Pointless (PG) 1:50 Hello SA (PG) 2:20 9Honey - He Said/ She Said (PG) 2:30 Home Shopping 4:00 Religious Programs

GO! 6:00 Children's Programs (PG) 12:00 Pitch (M) 1:00 Bewitched 1:30 Everybody Loves Raymond (PG) 2:30 Full House (PG) 3:00 MacGyver (PG) 4:00 Family Ties (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 Everybody Loves Raymond (PG) 7:00 Young Sheldon (PG) 7:30 Movie: "Logan Lucky" (PG) ('17) Stars: Channing Tatum 10:00 Movie: "The Brothers Grimsby" (MA15+) ('16) Stars: Sacha Baron Cohen 11:40 Young Sheldon (PG) 12:10 Homeland (MA15+)

TEN 6:00 Football: Socceroos v New Zealand "Live" 8:15 My Market Kitchen 8:30 Judge Judy (PG) 9:00 The Bold & The Beautiful (PG) 9:30 Neighbours (PG) 10:00 Studio 10 (PG) 12:00 10 News First 1:00 Dr Phil (M) 2:00 Shark Tank (PG) 3:00 Entertainment Tonight (PG) 3:30 Everyday Gourmet 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:30 The Project (PG) 7:30 The Amazing Race Australia (PG) 9:00 Heat (M) 10:00 So Help Me Todd (PG) 11:00 The Project (PG) 12:00 The Late Show (PG)

BOLD 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Camper Deals 9:00 A-Leagues All Access (PG) 9:30 Jake And The Fatman (PG) 10:30 JAG (PG) 12:30 NCIS (PG) 1:30 Bull (PG) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG: The Court-Martial Of Sandra Gilbert/ The Good Of The Service (PG) 7:30 Bull: Don't Say A Word (PG) 8:30 NCIS: Prime Suspect (M) 9:25 Hawaii Five-O (PG) 10:20 Blood & Treasure (M v) 11:15 JAG (M) 12:15 Home Shopping 2:15 Diagnosis Murder (PG) 4:05 JAG (PG)

SBS 5:00 Worldwatch 9:20 Make Me A Dealer 10:10 Grayson Perry's Rites Of Passage 11:05 Great Canal Journeys (PG) 12:00 Worldwatch 2:00 Dateline (PG) 2:30 Insight 3:30 The Point: Road To Referendum 3:45 The Cook Up With Adam Liaw (PG) 4:15 World's Most Scenic Railway Journeys 5:05 Jeopardy! 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:35 Sri Lanka With Alexander Armstrong (PG) 8:30 While The Men Are Away (MA15+) 9:40 Keanu Reeves - Pop Messiah (MA15+) 10:40 SBS World News

SBS VICE 5:00 Worldwatch 10:00 Shortland Street (PG) 12:00 Fear Of A Black Quarterback (M I,v) 1:35 187 Minutes: Capitol Riots (M I,v) 2:30 Planet A 3:25 BBC News At Ten 3:55 ABC World News Tonight With David Muir 4:20 PBS News Hour 5:20 Cyberwar (PG) 5:50 Forged In Fire (PG) 6:40 Jeopardy! 7:30 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Celebrity Letters And Numbers (PG) 9:30 White Coat Rebels (MA15+) 11:05 Movie: "The Texas Chainsaw Massacre 2" (MA15+) ('86) Stars: Dennis Hopper



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THURSDAY OCTOBER 19

ABC 6:00 News Breakfast 9:00 ABC News 10:00 Australian Story (PG) 10:30 That Pacific Sports Show 11:00 Trump Takes On The World (PG) 12:00 ABC News 1:00 Hard Quiz (PG) 1:25 Question Everything 2:00 Parliament Question Time 3:00 Gardening Australia 3:55 Tenable 4:45 Long Lost Family (PG) 5:30 Hard Quiz (PG) 6:00 The Drum 7:00 ABC News 7:30 7.30 (PG) 8:00 Boyer Lecture 2023: Professor Michelle Simmons 8:35 Grand Designs (PG) 9:25 Griff's Great Australian Rail Trip (PG) 10:15 You Can't Ask That (MA15+)

ABC TV PLUS 5:00 Children's Programs 12:00 Teletubbies 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Thomas And Friends 3:00 Luo Bao Bei 3:30 Play School 4:00 Andy's Global Adventures 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 Interstellar Ella 6:30 Andy And The Band 7:05 Karma's World 7:30 Spicks And Specks 8:00 Would I Lie To You? (PG) 8:30 Hard Quiz (PG) 9:00 WFAQ (M I) 9:30 Question Everything 10:05 Penn And Teller: Fool Us (PG)

SEVEN 6:00 Sunrise 9:00 The Morning Show 11:30 Seven Morning News 12:00 Movie: "The Wrong Teacher" (M) ('18) Stars: Jessica Morris 2:00 Kochie's Business Builders 2:30 Australia's Deadliest (PG) 3:00 The Chase UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News Tasmania 7:00 Home And Away (PG) 7:30 Cricket: Women's Big Bash League: Sydney Sixers v Melbourne Stars "Live" 11:00 The Latest Seven News 11:30 Ambulance: Code Red (M) 12:30 The Resident (M) 1:30 Travel Oz (PG)

7TWO 6:00 Home Shopping 6:30 Escape To The Country 7:30 One Road - Great Australian Road Trips (PG) 8:00 Million Dollar Minute 9:00 Harry's Practice 9:30 NBC Today 12:00 Better Homes And Gardens 1:00 Escape To The Country 2:00 South Aussie With Cosi (PG) 2:30 My Greek Odyssey (PG) 3:30 Medical Rookies (PG) 4:00 ICU (PG) 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Father Brown (M) 8:30 Miss Scarlet And The Duke (M v) 9:40 Harry Palmer: The Ipccress File (M)

NINE 6:00 Today 9:00 Today Extra 11:30 NINE's Morning News 12:00 The Block (PG) 1:00 Great Australian Detour Snow 1:30 Kenan (PG) 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE's Afternoon News 4:30 Millionaire Hot Seat 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 RBT (PG) 8:30 Emergency (M) 9:30 Big Miracles (M) 10:30 NINE News Late 11:00 Chicago Med (MA15+) 11:50 The Gulf (M) 12:40 Tipping Point (PG) 1:35 Pointless (PG) 2:30 Home Shopping 4:00 Religious Programs

GO! 6:00 Children's Programs (PG) 11:00 Magic Mixies 11:30 Bakugan (PG) 12:00 Pitch (M) 1:00 Bewitched 1:30 Everybody Loves Raymond (PG) 2:30 Full House (PG) 3:00 MacGyver (PG) 4:00 Family Ties (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 Everybody Loves Raymond (PG) 7:00 Young Sheldon (PG) 7:30 Survivor 45 (PG) 9:00 Movie: "Jaws" (M I,v) ('75) Stars: Roy Scheider 11:30 Young Sheldon (PG) 12:00 Homeland (MA15+) 1:00 Love After Lockup (MA15+)

TEN 6:00 The Talk 7:00 Farm To Fork 7:30 Entertainment Tonight (PG) 8:00 Everyday Gourmet 8:30 Judge Judy (PG) 9:00 The Bold & The Beautiful (PG) 9:30 Neighbours (PG) 10:00 Studio 10 (PG) 12:00 10 News First 1:00 Dr Phil (M) 2:00 TBA 3:30 Everyday Gourmet 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:30 The Project (PG) 7:30 The Amazing Race Australia (PG) 8:40 Gogglebox Australia (M) 9:40 The Cheap Seats (M) 10:40 Law & Order: SVU (M v) 11:30 The Project (PG)

BOLD 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Camper Deals 9:00 A-Leagues All Access (PG) 9:30 Jake And The Fatman (PG) 10:30 JAG (PG) 12:30 NCIS (PG) 1:30 Bull (PG) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG: Blind Side/ King Of The Fleas (PG) 7:30 Bull: Bounty (PG) 8:30 NCIS: Seek (M v) 9:30 NCIS: New Orleans: See You Soon (M) 10:30 FBI (M) 11:30 NCIS: Los Angeles (M) 12:30 Home Shopping 2:00 Diagnosis Murder (PG) 4:00 JAG (PG)

SBS 5:00 Worldwatch 9:00 Home Of The Year 10:10 Grayson Perry's Rites Of Passage 11:05 Great Canal Journeys (PG) 12:00 Worldwatch 2:10 The Buildings That Fought Hitler (PG) 3:10 The Point: Road To Referendum 3:15 Mastermind Australia (PG) 3:45 The Cook Up With Adam Liaw (PG) 4:15 Secret Scotland (PG) 5:05 Jeopardy! 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Every Family Has A Secret (PG) 8:30 Luke Nguyen's India 9:30 Crime (MA15+) 10:30 SBS World News Late 11:00 Devils (MA15+)

SBS VICE 5:00 Worldwatch 10:00 Shortland Street (PG) 12:00 Land Of The Giants: Titans Of Tech (M) 1:35 Hunters (M I) 2:30 Munchies Guide To Wales (PG) 3:20 BBC News At Ten 3:50 ABC World News Tonight With David Muir 4:20 PBS Newshour 5:20 Cyberwar (PG) 5:50 The Curse Of Oak Island (PG) 6:40 Jeopardy! 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Decoding The Antikythera Mechanism (PG) 9:20 The Amityville Horror (M) 10:10 The Frontier (PG) 11:05 Taskmaster (M I,s)

FRIDAY OCTOBER 20

ABC 6:00 News Breakfast 9:00 ABC News 10:00 Australia After War (PG) 11:00 Worzel Gummidge (PG) 12:00 ABC News 1:00 The Newsreader (M I) 2:00 WFAQ (M I) 2:30 Poh's Kitchen 3:00 Gardening Australia 3:55 Tenable 4:40 Long Lost Family (PG) 5:30 Hard Quiz (PG) 6:00 The Drum 7:00 ABC News 7:30 Gardening Australia 8:30 Sherwood (MA15+) 9:30 Midsomer Murders (M v) 11:00 ABC Late News 11:20 Question Everything 11:50 Silent Witness (M v) 12:50 Frayed (M I,s) 1:40 rage (MA15+)

ABC TV PLUS 5:00 Children's Programs 12:00 Teletubbies 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Thomas And Friends 3:00 Luo Bao Bei 3:30 Play School 4:00 Andy's Aquatic Adventures 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 Interstellar Ella 6:30 Andy And The Band 7:05 Gardening Australia Junior 7:30 Spicks And Specks 8:00 Would I Lie To You? (PG) 8:30 TBA 11:00 Movie: "Mao's Last Dancer" (PG) ('09) Stars: Chi Cao

SEVEN 6:00 Sunrise 9:00 The Morning Show 11:30 Seven Morning News 12:00 Movie: "No One Would Tell" (M) ('18) Stars: Shannen Doherty 2:00 House Of Wellness (PG) 3:00 The Chase UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News Tasmania 7:00 Better Homes And Gardens 8:30 Movie: "Green Book" (M I) ('18) Stars: Viggo Mortensen 11:10 A Year On Planet Earth 12:10 12 Monkeys: Shonin (M) 1:10 Travel Oz (PG) 2:00 Home Shopping 4:00 Million Dollar Minute 5:00 NBC Today

7TWO 6:30 Escape To The Country 7:30 One Road: Great Australian Road Trips (PG) 8:00 Million Dollar Minute 9:00 Medical Rookies (PG) 9:30 NBC Today 12:00 Better Homes And Gardens 1:00 House Of Wellness (PG) 2:00 Discover With RAA Travel 2:30 The Great Australian Doorstep (PG) 3:00 One Road: Great Australian Road Trips (PG) 3:30 Medical Rookies (PG) 4:00 ICU (PG) 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Pie In The Sky (PG) 8:30 Escape To The Country

NINE 6:00 Today 9:00 Today Extra 11:30 NINE's Morning News 12:00 Movie: "A Country Romance" (G) ('20) Stars: Alix Angelis 1:45 Garden Gurus Moments 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE's Afternoon News 4:30 Millionaire Hot Seat 5:30 WIN News 6:00 NINE News 7:00 Cricket: ICC Cricket World Cup: Australia v Pakistan "Live" From Chinnaswamy Stadium, Bangalore 3:30 Home Shopping 4:00 Postcards (PG) 4:30 Home Shopping 5:30 Skippy The Bush Kangaroo

GO! 6:00 Children's Programs (PG) 11:00 Magic Mixies 11:30 Bakugan (PG) 12:00 Pitch (M) 1:00 Bewitched 1:30 Everybody Loves Raymond (PG) 2:30 Full House (PG) 3:00 MacGyver (PG) 4:00 Family Ties (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 Transformers: Cyberverse (PG) 5:45 Movie: "Penguins Of Madagascar" (G) ('14) Stars: Tom McGrath 7:30 Movie: "Harry Potter And The Prisoner Of Azkaban" (PG) ('04) Stars: Emma Watson 10:15 Movie: "American Ultra" (MA15+) ('15) Stars: Jesse Eisenberg 12:10 Homeland (M)

TEN 6:00 The Talk 7:00 Farm To Fork 7:30 Entertainment Tonight (PG) 8:00 Everyday Gourmet 8:30 Judge Judy (PG) 9:00 The Bold & The Beautiful (PG) 9:30 Neighbours (PG) 10:00 Studio 10 (PG) 12:00 10 News First 1:00 Dr Phil (M) 2:00 TBA 3:10 Entertainment Tonight (PG) 3:30 Everyday Gourmet 4:00 Judge Judy (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:30 The Project (PG) 7:30 The Graham Norton Show (M I,s) 8:30 Have You Been Paying Attention? (M I,s) 9:30 The Graham Norton Show (M I,s)

BOLD 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Camper Deals 9:00 A-Leagues All Access (PG) 9:30 Jake And The Fatman (PG) 10:30 JAG (PG) 12:30 NCIS (PG) 1:30 Bull (PG) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG (PG) 7:30 Bull: The Good One (M) 8:30 NCIS: Squall (M) 9:25 NCIS: Los Angeles: The Noble Maidens/ Imposter Syndrome (M v) 11:15 Star Trek: Discovery: (M v) 12:15 Home Shopping 2:15 Diagnosis Murder (PG) 4:05 JAG (PG)

SBS 5:00 Worldwatch 9:00 Home Of The Year 10:10 Grayson Perry's Rites Of Passage: Birth 11:05 Great Canal Journeys (PG) 12:00 Worldwatch 2:00 Mastermind Australia (PG) 3:00 NITV News: Nula 3:30 The Point: Road To Referendum 3:45 The Cook Up With Adam Liaw (PG) 4:15 Secret Scotland (PG) 5:05 Jeopardy! 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Arctic Sinkholes (PG) 8:30 Ancient Egypt - Chronicles Of An Empire (M) (In English/ German)

SBS VICE 5:00 Worldwatch 10:00 Shortland Street (PG) 12:00 Most Expensivest (M d,I) 1:50 Cook Up With Adam Liaw Bitesize 1:55 The Salisbury Poisonings (M I) 2:50 The Pizza Show 3:20 BBC News At Ten 3:50 ABC World News Tonight With David Muir 4:20 PBS Newshour 5:20 Cyberwar (PG) 5:50 The Curse Of Oak Island (PG) 6:40 Jeopardy! 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Hoarders (M) 9:20 Sex Tape Italy (M) (In Italian) 10:15 While The Men Are Away (MA15+)

SATURDAY OCTOBER 21

ABC 6:00 rage (PG) 7:00 Weekend Breakfast 9:00 rage (PG) 10:30 rage Guest Programmer (PG) 12:00 ABC News 12:30 Midsomer Murders (M v) 1:55 Sherwood (M I,v) 2:55 Matthew Bourne's Swan Lake 5:00 Landline 5:30 The ABC Of Garry McDonald (PG) 6:00 Old People's Home For Teenagers (PG) 7:00 ABC News 7:30 Shakespeare And Hathaway (PG) 8:15 Vera (M v) 9:45 The Newsreader (M d,I,s) 10:50 Shetland (M I) 11:50 QI (M s) 12:20 rage Guest Programmer (MA15+) 5:00 rage (MA15+)

ABC TV PLUS 5:00 Children's Programs 12:00 In The Night Garden 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Fireman Sam Special 3:30 Play School 4:00 Andy's Aquatic Adventures 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 Interstellar Ella 6:30 Andy And The Band 7:05 Andy's Safari Adventures 7:30 Spicks And Specks 8:00 QI (PG) 8:35 Zoe Coombes Marr: Bossy Bottom (MA15+) 9:40 Whome Line Is It Anyway? (PG) 10:05 Mock The Week (M I) 10:35 Staged (M)

SEVEN 6:00 NBC Today 7:00 Weekend Sunrise 10:00 The Morning Show - Weekend (PG) 12:00 Seven's Horse Racing: Caulfield/ Randwick 5:30 Border Security - Australia's Front Line (PG) 6:00 Seven News Tasmania 7:00 Border Security - Australia's Front Line (PG) 7:30 Movie: "Ford v Ferrari" (M) ('19) Stars: Matt Damon 10:40 Movie: "Baby Driver" (MA15+) ('17) Stars: Ansel Elgort 1:05 Travel Oz (PG) 2:00 Home Shopping 4:00 Get Clever 5:00 House Of Wellness (PG)

7TWO 6:00 Home Shopping 8:30 Travel Oz (PG) 10:00 Three Wide No Cover (PG) 11:00 Horses For Courses (PG) 12:00 House Of Wellness (PG) 1:00 Escape To The Country 5:00 Medical Rookies (PG) 5:30 Seven's Horse Racing: Caulfield/ Randwick "Live" 6:00 Heathrow (PG) 6:30 Bondi Vet (PG) 7:30 The Yorkshire Vet 8:30 Escape To The Country 11:30 The Great Outdoors 12:30 My Greek Odyssey (PG) 1:30 The Great Australian Doorstep (PG) 2:00 Discover With RAA Travel 2:30 Creek To Coast 3:00 Weekender

NINE 6:00 Getaway (PG) 6:30 A Current Affair (PG) 7:00 Weekend Today 10:00 Today Extra - Saturday 12:00 Our State On A Plate 12:30 Great Australian Detour 1:00 My Way 1:30 Arctic Vets (PG) 2:00 Rugby World Cup Highlights 3:00 The Block (PG) 4:30 The Garden Gurus 5:00 NINE News: First At Five 5:30 Getaway (PG) 6:00 NINE News Saturday 7:00 Cricket: ICC Cricket World Cup: England v South Africa "Live" From Wankhede Stadium, Mumbai 3:30 Home Shopping 5:30 Helping Hands (PG)

GO! 6:00 Children's Programs 10:30 Lego Dreamzzz (PG) 11:00 Smashdown! - Search For The G.O.A.T 11:30 Pokemon 12:00 Yu-Gi-Oh! Sevens (PG) 12:30 Beyblade Burst Surge (PG) 1:00 Teen Titans Go! (PG) 1:30 Transformers: Cyberverse (PG) 3:00 Ocean Thunder 4:00 A1: Highway Patrol (PG) 5:00 Sunnyside (PG) 5:30 Movie: "Alvin And The Chipmunks" (G) ('07) Stars: Jason Lee 7:30 Movie: "Ocean's Twelve" (M I) ('04) Stars: Brad Pitt 10:00 Movie: "Get Shorty" (M I,v) ('95) Stars: John Travolta 12:10 Dominion (MA15+)

TEN 7:00 Reel Action 7:30 My Market Kitchen 8:00 I Fish 8:30 Road To The Melbourne Cup Carnival 9:00 Good Chef Bad Chef 9:30 Everyday Gourmet 10:00 Studio 10: Saturday 12:00 Freshly Picked 12:30 Farm To Fork 1:00 Motorsport: Australian Motorcycle Grand Prix: Round 17 "Live" 4:00 My Market Kitchen 4:30 Food Trail: South Africa 5:00 10 News First 6:00 Luxury Escapes 6:30 The Dog House Australia (PG) 8:30 Movie: "Mission: Impossible III" (M v) ('06) Stars: Tom Cruise 11:00 The Cheap Seats (M)

BOLD 6:00 Home Shopping 9:00 Snap Happy 9:30 Gold Buckle Campdrafting 2023 10:00 Diagnosis Murder (PG) 12:00 Escape Fishing With ET 12:30 Jake And The Fatman (PG) 1:30 Pooches At Play 2:00 JAG (PG) 5:00 Reel Action 5:30 I Fish 6:00 JAG (PG) 7:00 Football: Round 1: Sydney FC v Melbourne Victory "Live" From Allianz Stadium 10:15 48 Hours (M) 11:10 NCIS: Turkey Trot (M) 12:10 Blue Bloods: Guilt (M) 1:05 Star Trek: Discovery (PG) 2:05 48 Hours (PG) 3:00 JAG (PG) 5:00 Home Shopping

SBS 5:00 Worldwatch 9:05 Rediscover Victoria 10:00 Travel Safe, Not Sorry 11:00 Curious Traveller (PG) 12:00 Worldwatch 2:00 Breaking The Biz (PG) 2:40 Waterman: Duke - Ambassador Of Aloha 4:25 Gone Fishing With Mortimer & Whitehouse (PG) 5:35 1945 - The Year That Changed History (PG) (In English/ French) 6:30 SBS World News 7:30 The Cotswolds With Pam Ayres 8:25 The Royals - A History Of Scandals (PG) 9:20 World's Most Scenic Railway Journeys (PG) 10:10 Great Continental Railway Journeys (PG)

SBS VICE 5:00 Worldwatch 10:00 Shortland Street (PG) 12:00 Fake News: A True History (M I) 1:10 Cook Up With Adam Liaw Bitesize 1:15 8 Out Of 10 Cats Does Countdown (PG) 2:35 BBC News At Ten 3:05 ABC World News Tonight With David Muir 3:35 PBS Newshour 4:35 Mastermind Australia (PG) 5:45 American Runescape: A Viking Mystery (PG) 6:40 The Future With Hannah Fry 7:40 When Big Things Go Wrong (M) 8:30 Dirty Rotten Cleaners: It's Not A Cat Claw (M I) 9:25 Conversations With Friends (PG)

SUNDAY OCTOBER 22

ABC 6:00 rage (PG) 7:00 Weekend Breakfast 9:00 Insiders 10:00 Offsiders 10:30 The World This Week 11:00 Compass (PG) 11:30 Songs Of Praise 12:00 ABC News 12:30 Landline 1:30 Gardening Australia 2:30 Shakespeare And Hathaway (PG) 3:15 Grand Designs (PG) 4:10 Griff's Great Australian Rail Trip (PG) 5:00 Take 5 With Zan Rowe (PG) 5:30 Nigella's Cook, Eat, Repeat 6:00 Antiques Roadshow 7:00 ABC News 7:30 Death In Paradise (M v) 8:30 Movie: "Red Joan" (M s,v) ('18) Stars: Judi Dench 10:10 Total Control (MA15+)

ABC TV PLUS 5:00 Children's Programs 12:00 In The Night Garden 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Thomas And Friends 3:00 Luo Bao Bei 3:30 Play School 4:00 Andy's Aquatic Adventures 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 Interstellar Ella 6:30 Andy And The Band 7:05 Andy's Safari Adventures 7:30 Spicks And Specks 8:00 QI (PG) 8:30 Louis Theroux: Life On The Edge: The Dark Side Of Pleasure (M I,S)

SEVEN 6:00 NBC Today 7:00 Weekend Sunrise 10:00 The Morning Show - Weekend (PG) 12:00 House Of Wellness (PG) 1:00 AFL Women's: Round 8: Collingwood v Geelong "Live" 3:00 AFL Women's: Round 8: Fremantle v St Kilda "Live" 5:00 Seven News At 5 5:30 Border Security - Australia's Front Line (PG) 6:00 Seven News Tasmania 7:00 TBA 8:00 Border Security - Australia's Front Line (PG) 8:30 Ron Iddles - The Good Cop (M I,s,v) 9:35 Body In The Snow (M) 12:05 The Inbetween (M v) 1:05 Travel Oz (PG)

7TWO 7:00 Religious Programs 8:30 Home Shopping 9:00 The Real Seachange 9:30 The Great Australian Doorstep (PG) 10:00 House Of Wellness (PG) 11:00 NBC Today 12:00 Escape To The Country 1:00 The Great Outdoors (PG) 2:00 TBA 2:30 Discover Travel With RAA 3:00 The Bowls Show 4:00 Escape To The Country 5:00 Heathrow (PG) 5:30 I Escaped To The Country 6:30 Escape To The Country 7:30 World's Most Scenic Railway Journeys (PG) 8:30 Call The Midwife (M) 9:40 Manhunt (M) 10:40 Murdoch Mysteries (M v)

NINE 6:00 Fishing Australia 6:30 Drive TV 7:00 Weekend Today 10:00 Sports Sunday (PG) 11:00 Cross Court 11:30 Great Australian Detour 12:00 Bondi Lifeguard World Adventures (PG) 12:30 Fishing Australia 1:00 Drive TV 1:30 World's Greatest Engineering Icons (PG) 2:40 The Block (PG) 5:00 NINE News: First At Five 5:30 Postcards (PG) 6:00 NINE News Sunday 7:00 The Block (PG) 8:30 60 Minutes (PG) 9:30 NINE News Late 10:00 Under Investigation (M) 11:00 #TextMeWhenYou-GetHome (MA15+) 11:50 The First 48 (M)

GO! 6:00 Children's Programs 11:00 Ninjago: Dragons Rising (PG) 11:30 Lego Friends: The Next Chapter 12:00 Yu-Gi-Oh! Sevens (PG) 12:30 Power Players (PG) 1:00 Teen Titans Go! (PG) 1:30 Surfing Australia TV 2:00 Full Bloom (PG) 3:00 Ben Fogle: Starting Up Starting Over (PG) 4:00 A1: Highway Patrol (PG) 5:00 Movie: "Tom & Jerry" (G) ('21) Stars: Chloë Grace Moretz 7:00 Movie: "Minions" (PG) ('15) Stars: Pierre Coffin 8:50 Movie: "Deep Impact" (M I) ('98) Stars: Téa Leoni 11:15 Movie: "Us" (MA15+) ('19) Stars: Lupita Nyong'o

TEN 6:00 Religious Programs 8:00 Everyday Gourmet 8:30 Freshly Picked 9:00 Good Chef Bad Chef 9:30 My Market Kitchen 10:00 Studio 10: Sunday (PG) 12:00 Motorcycles: Australian Motorcycle Grand Prix "Live" From Phillip Island Circuit 3:00 Destination Dessert 3:30 Good Chef Bad Chef 4:00 Farm To Fork 4:30 Taste Of Australia 5:00 10 News First 6:30 The Sunday Project (PG) 7:30 The Graham Norton Show (M) 8:30 FBI: International (M) 11:30 The Sunday Project (PG) 12:30 Home Shopping 4:30 CBS Mornings

BOLD 6:00 Home Shopping 7:30 Religious Programs (PG) 8:00 Tough Tested 9:00 What's Up Down Under 10:00 Escape Fishing With ET 11:00 Luxury Escapes (PG) 11:30 Destination Dessert 12:00 JAG (PG) 2:00 I Fish 2:30 Football: Round 1: Western Sydney Wanderers v Wellington Phoenix "Live" From Commbank Stadium 5:30 JAG (PG) 7:30 NCIS: Revenge/ Double Blind/ Damned If You Do (M v) 10:20 Blue Bloods: Guilt (M) 11:15 NCIS: Los Angeles (M v) 1:10 Star Trek: Discovery (M) 2:10 48 Hours (PG) 4:00 JAG (PG)

SBS 5:00 Worldwatch 9:15 Rediscover Victoria 9:45 When I Stutter (PG) 11:00 Curious Traveller 12:00 Worldwatch 1:00 Motorsport: Speedweek 3:00 Still Running (PG) 4:00 Going Places With Ernie Dingo (PG) 4:35 Coastal Ireland With Adrian Dunbar (PG) 5:30 The Lost Camps Of The Third Reich (PG) (In English/ French) 6:30 SBS World News 7:30 Bermuda Triangle - Into Curious Waters (PG) 9:10 Rebel With A Cause (M) 10:10 Empires Of New York (MA15+) 11:00 The Real Lawrence Of Arabia (PG) 12:35 24 Hours In Emergency (PG)

SBS VICE 5:00 Worldwatch 9:30 Small Business Secrets 10:05 Shortland Street (PG) 12:05 Syria Prison Break (M) 1:00 The Story Of A Thousand Miles (M I) 1:25 Devoured (M d,I) 2:15 Jungletown (PG) 3:05 Every Family Has A Secret 4:10 France 24 English News 4:40 Cowboy Kings Of Crypto (PG) 5:10 Inside Sydney Airport (PG) 6:10 Kars & Stars (PG) 6:40 Mysteries From Above (PG) 7:35 Abandoned Engineering (PG) 8:30 Race For The Planet 9:50 City Under Fire: Inside War In Ukraine (M) 11:20 Romulus (MA15+)

MONDAY OCTOBER 23

ABC 6:00 News Breakfast 9:00 ABC News 10:00 Landline (PG) 11:00 Antiques Roadshow 12:00 ABC News 1:00 Vera (M v) 2:30 QI (M I) 3:00 Gardening Australia 3:55 Tenable 4:45 Long Lost Family (PG) 5:30 Hard Quiz (PG) 6:00 The Drum 7:00 ABC News 7:30 7.30 (PG) 8:00 Australian Story (PG) 8:30 Four Corners 9:15 Media Watch (PG) 9:35 Q+A 10:35 ABC Late News 10:50 The Business 11:10 The Newsreader (M I) 12:05 The Trouble With Maggie Cole (M) 12:55 The China Century (M I) 1:50 rage (MA15+) 3:40 Tenable

ABC TV PLUS 5:00 Children's Programs 12:00 Teletubbies 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Thomas And Friends 3:00 Luo Bao Bei 3:30 Play School 4:00 Andy's Aquatic Adventures 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 TBA 6:30 Andy And The Band 7:05 Karma's World 7:30 Spicks And Specks 8:00 Would I Lie To You? (PG) 8:30 Mythbusters (PG) 9:20 George Clarke's Amazing Spaces 10:10 Earth's Striking Islands

SEVEN 6:00 Sunrise 9:00 The Morning Show 11:30 Seven Morning News 12:00 SAS Australia (PG) 1:45 Surveillance: Dashcam (PG) 2:00 The Real Manhunter (M v) 3:00 The Chase UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News Tasmania 7:00 Home And Away (PG) 7:30 SAS Australia (PG) 9:05 The Rookie (M v) 10:05 The Rookie - Feds (M d,v) 11:05 The Latest Seven News 11:35 Chicago Fire (M) 12:35 Kokie's Business Builders 1:05 Travel Oz (PG) 1:35 Harry's Practice

7TWO 6:00 Home Shopping 6:30 The Real Seachange 7:00 The Great Australian Doorstep (PG) 7:30 Surf Patrol 8:00 Million Dollar Minute 9:00 Harry's Practice 9:30 NBC Today 10:30 Better Homes And Gardens 1:00 Kokie's Business Builders 1:30 The Real Seachange 2:00 Weekender 2:30 I Escaped To The Country 3:30 Australia's Deadliest (PG) 4:00 Surf Patrol 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 Doc Martin (PG) 8:30 Endeavour (M v) 10:30 Air Crash Investigations (PG)

NINE 6:00 Today 9:00 Today Extra 11:30 NINE's Morning News 12:00 The Block (PG) 1:30 Getaway (PG) 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE's Afternoon News 4:30 Millionaire Hot Seat 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 The Block (PG) 8:50 Million Dollar Murders (M I,v) 10:00 Reported Missing (MA15+) 11:15 NINE News Late 11:45 Resident Alien: Secrets (M s,v) 12:35 Tipping Point (PG) 1:30 Pointless (PG) 2:30 Home Shopping 4:00 Religious Programs 4:30 A Current Affair (PG)

GO! 6:00 Children's Programs (PG) 11:00 Teen Titans Go! (PG) 12:00 Pitch (M) 1:00 Starting Up Starting Over (M) 2:00 Bewitched 2:30 Full House (PG) 3:00 MacGyver (PG) 4:00 Family Ties (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 Everybody Loves Raymond (PG) 7:00 Young Sheldon (PG) 7:30 RBT (PG) 8:30 Movie: "Assassins" (M I,v) ('95) Stars: Antonio Banderas 11:10 Homeland (MA15+) 12:10 Love Island USA (M I,s) 1:05 Starting Up Starting Over (M) 2:00 I Dream Of Jeannie

TEN 7:30 Entertainment Tonight (PG) 8:00 Everyday Gourmet 8:30 Good Chef Bad Chef 9:00 Judge Judy (PG) 9:30 The Bold & The Beautiful (PG) 10:00 Studio 10 (PG) 12:00 10 News First 1:00 Dr Phil (M) 2:00 TBA 3:20 Entertainment Tonight (PG) 3:30 Everyday Gourmet 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:30 The Project (PG) 7:30 The Masked Singer Australia (PG) 8:50 Have You Been Paying Attention? (M) 9:50 The Betoota Advocate Presents: The Cronulla Riots (M I,s) 10:50 FBI: Most Wanted (M v)

BOLD 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Tough Tested 9:30 Escape Fishing With ET 10:30 JAG (PG) 12:30 NCIS: Thirst (PG) 1:30 Bull: Name Game (PG) 2:30 Jake And The Fatman: What Is This Thing Called Love? (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG: Someone To Watch Over Annie/ With Intent To Die (PG) 7:30 Bull: When The Rain Comes (PG) 8:30 NCIS (M) 10:20 Blue Bloods (M v) 11:15 Jake And The Fatman (PG) 12:15 Home Shopping 2:15 Diagnosis Murder (PG) 4:05 JAG (PG)

SBS 5:00 Worldwatch 9:10 Home Of The Year: Scotland 10:20 Grayson Perry's Rites Of Passage 11:15 Great Canal Journeys (PG) 12:10 Worldwatch 2:00 A Way Of Seeing 2:20 The Sculpture 3:45 The Cook Up With Adam Liaw (PG) 4:15 Secret Scotland (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Finding Your Roots (PG) 8:30 Scotland's Extreme Medics (PG) 9:30 Michael Mosley's 21 Day Body Challenge (PG) 10:25 SBS World News Late

SBS VICE 5:00 Worldwatch 9:30 Small Business Secrets 10:05 Shortland Street (PG) 12:05 Secrets Of America's Shadow Government (M I) 1:50 Outsider: World's Weirdest Films (M v) 2:15 Inside Story (PG) 2:45 Insight (PG) 3:45 BBC News At Ten 4:05 ABC World News Tonight With David Muir 4:30 ABC America This Week 5:25 Cyberwar (PG) 5:50 The Curse Of Oak Island (PG) 6:40 Jeopardy! (PG) 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Taskmaster (M) 9:25 Derry Girls (M I) 10:35 VICE (MA15+)

TUESDAY OCTOBER 24

ABC 6:00 News Breakfast 9:00 ABC News 10:00 Ask The Doctor (PG) 10:30 Dream Gardens 11:00 Knowing The Score (PG) 12:00 ABC News 1:00 Keeping Faith (M I,v) 2:00 Poh's Kitchen Lends A Hand 2:30 Julia Zemiro's Home Delivery (PG) 3:00 Gardening Australia 3:55 Tenable 4:45 Long Lost Family (PG) 5:30 Hard Quiz (PG) 6:00 The Drum 7:00 ABC News 7:30 7.30 (PG) 8:00 Take 5 With Zan Rowe 8:30 Old People's Home For Teenagers (PG) 9:30 Australia After War (M I) 10:35 ABC Late News 10:50 The Business

ABC TV PLUS 5:00 Children's Programs 12:00 Teletubbies 12:30 Tik Tak 1:05 Peppa Pig 1:40 Ana Pumpkin 1:55 hoopla doopla! 2:35 Thomas And Friends 3:00 Luo Bao Bei 3:30 Play School 4:00 Andy's Aquatic Adventures 4:25 School Of Roars 5:00 Peppa Pig 5:30 Kiya And The Kimoja Heroes 6:10 TBA 6:30 Andy And The Band 7:05 Karma's World 7:30 Spicks And Specks 8:00 Would I Lie To You? (PG) 8:30 Queen Of Oz (M I) 9:00 Rosehaven (PG) 9:25 Portlandia (M I) 10:10 Blunt Talk (M I,n,s) 10:40 Red Dwarf (PG)

SEVEN 6:00 Sunrise 9:00 The Morning Show 11:30 Seven Morning News 12:00 SAS Australia (PG) 1:45 Surveillance: Dashcam (PG) 2:00 The Real Manhunter (M v) 3:00 The Chase UK (PG) 4:00 Seven News At 4 5:00 The Chase Australia (PG) 6:00 Seven News Tasmania 7:00 Home And Away (PG) 7:30 SAS Australia (PG) 9:05 HMP - Behind Bars: HMP Full Sutton (MA15+) 10:35 The Latest Seven News 11:05 The Chernobyl Disaster: Firestorm (M) 12:05 The Arrangement (M) 2:00 Home Shopping 4:00 NBC Today

7TWO 6:00 Home Shopping 6:30 Escape To The Country 7:30 Surf Patrol 8:00 Million Dollar Minute 9:00 Harry's Practice 9:30 NBC Today 12:00 Better Homes And Gardens 1:00 Escape To The Country 2:00 Creek To Coast 2:30 Air Crash Investigation (PG) 3:30 Australia's Deadliest (PG) 4:00 Surf Patrol 4:30 Better Homes And Gardens 5:30 Escape To The Country 6:30 Bargain Hunt 7:30 The Coroner (PG) 8:30 Inspector George Gently (M I,v) 10:30 Law & Order: UK (M) 11:30 The Coroner (PG) 12:30 Surf Patrol

NINE 6:00 Today 9:00 Today Extra 11:30 NINE's Morning News 12:00 The Block (PG) 1:20 Kenan 1:50 9Honey - He Said/ She Said (PG) 2:00 Pointless (PG) 3:00 Tipping Point (PG) 4:00 NINE's Afternoon News 4:30 Millionaire Hot Seat 5:30 WIN News 6:00 NINE News 7:00 A Current Affair (PG) 7:30 The Block (PG) 8:40 Paramedics (M) 9:40 Love Triangle (MA15+) 11:10 NINE News Late 11:40 New Amsterdam (M) 12:30 Tipping Point (PG) 1:30 Desert Vet (PG) 2:20 Hello SA (PG) 2:50 9Honey Hacks (PG) 3:00 Home Shopping

GO! 6:00 Children's Programs (PG) 11:00 Teen Titans Go! (PG) 12:00 Pitch (M) 1:00 Bewitched 1:30 Everybody Loves Raymond (PG) 2:30 Full House (PG) 3:00 MacGyver (PG) 4:00 Family Ties (PG) 4:30 The Addams Family 5:00 Bewitched 5:30 I Dream Of Jeannie 6:00 Everybody Loves Raymond (PG) 7:00 Young Sheldon (PG) 7:30 Movie: "Survivor" (M I,v) ('15) Stars: Paddy Wallace 9:30 Movie: "No Escape" (MA15+) ('15) Stars: Owen Wilson 11:30 Homeland (MA15+) 12:30 Love After Lockup (M) 1:30 Young Sheldon (PG)

TEN 6:00 The Talk 7:00 Farm To Fork 7:30 Entertainment Tonight (PG) 8:00 Everyday Gourmet 8:30 Judge Judy (PG) 9:00 The Bold & The Beautiful (PG) 9:30 Neighbours (PG) 10:00 Studio 10 (PG) 12:00 10 News First 1:00 Dr Phil (M) 2:00 TBA 3:20 Entertainment Tonight (PG) 3:30 Everyday Gourmet 4:00 Neighbours (PG) 4:30 The Bold & The Beautiful (PG) 5:00 10 News First 6:30 The Project (PG) 7:30 The Masked Singer Australia (PG) 8:40 The Cheap Seats (PG) 9:40 NCIS (M v) 10:30 TBA 11:30 The Project (PG) 12:30 The Late Show (PG)

BOLD 6:00 Home Shopping 8:00 What's Up Down Under 8:30 Tough Tested 9:30 Jake And The Fatman (PG) 10:30 JAG (PG) 12:30 NCIS (PG) 1:30 Bull (PG) 2:30 Jake And The Fatman (PG) 3:30 Diagnosis Murder (PG) 5:30 JAG (PG) 7:30 Bull (PG) 8:30 NCIS: Under The Radar (PG) 9:25 FBI - International (M) 10:30 Matildas Magazine Show (PG) 11:00 48 Hours: The Mysterious Death Of Tiffany Crawford/ Who Killed Jonelle Matthews? (M) 1:00 Home Shopping 2:00 Diagnosis Murder (PG) 4:00 JAG (PG)

SBS 5:00 Worldwatch 9:00 Home Of The Year: Scotland 10:10 Grayson's Art Club: Portraits 11:05 Great Canal Journeys: (PG) 12:00 Worldwatch 2:00 I Am Emmanuel (PG) 2:20 The Buildings That Fought Hitler (PG) 3:15 Mastermind Australia (PG) 3:45 The Cook Up With Adam Liaw (PG) 4:15 Secret Scotland: Borders (PG) 5:05 Jeopardy! (PG) 5:30 Letters And Numbers 6:00 Mastermind Australia (PG) 6:30 SBS World News 7:30 Great British Railway Journeys 8:30 The Mission (M I) 9:30 House Of Maxwell (M I) 10:40 SBS World News Late

SBS VICE 5:00 Worldwatch 10:00 Shortland Street (PG) 12:00 In My Own World (PG) 12:55 VICE (M I) 1:30 Gaycation (M s) 2:20 States Of Undress (PG) 3:15 Uncovering Incels 3:25 BBC News At Ten 3:55 ABC World News Tonight With David Muir 4:20 PBS News Hour 5:20 Cyberwar (PG) 5:50 The Curse Of Oak Island (PG) 6:40 Jeopardy! 7:30 NITV News Update 7:35 8 Out Of 10 Cats Does Countdown (M I,s) 8:30 Alone - Frozen 10:10 Dreaming Whilst Black (M) 11:10 Monogamish (M) (In Swiss German)

Woodbridge team puts one foot forward

The Woodbridge Walks team is participating in One Foot Forward, an annual event held in October to raise awareness and funds for the Black Dog Institute.

The institute provides mental health treatment, education, and digital services to those in need. The team, many of whom have been touched by mental health issues in their own lives or those of their loved ones, has already walked over 400 kilometres between them.

The goal was to raise \$1000 and walk 780 kilometres, but with three times that amount already pledged, now all they must do is walk.

One in five Australians experiences a mental illness in any given year. Approximately 60 per cent of these individuals will not seek help.

Team member Trina Blazely said that last year she participated in One Foot Forward for the first time, raising over \$2000 and walking over 300

kilometres.

"Staying healthy and active is incredibly important for my mental health and well-being," she said.

"Developing a keen interest in photography has added another element to my walking adventures and now it is a part of my everyday life."

The Woodbridge Walks team has shown that small steps can lead to significant strides in raising awareness and funds for mental health issues.



The Woodbridge Walks One Foot Forward team: Dianna Atkins and Charlie, Sue Edwards, Trina Blazely, Sue Leschen, Kelly Eckel, Tess Tscheppera, Narissa and Emily Lambrinakos, and Peta Annear. The team has already exceeded their \$1000 fundraising goal and is on track to walk 780 kilometres. (PS)

Deer farming regulations

New nature conservation regulations came into effect July 1, 2022.

Game Services Tasmania (GST) is currently inspecting all deer farms to determine whether they meet the requirements of the new regulations.

The regulations include new arrangements for deer farmers, including a deer farm licence system that aims to improve the responsible management of farmed deer and minimise the risk of farmed deer straying into areas where wild deer are not wanted.

Anyone keeping any deer, even if only one, must now have a licence.

GST wants to hear from all deer farmers to work with them to become compliant with the new regulations.

Wildlife management officers will work with deer farmers to understand and implement the new regulations within a reasonable period.

If you own any deer, contact GST on 1300 292 292.

BRUNY ISLAND

Mills Reef Park funding

Kingborough Council recently considered a request for funding from the Bruny Island Community Association.

The request for \$60,000 in funding for the purchase and installation of play equipment at Mills Reef Community Park will be listed for consideration in the 2024/25 capital budget.

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ADVERTISING FEATURE

Bubbles Dog Spa is on the move

After three successful years in Kingston and nine years in Margate, Bubbles Dog Spa and Groom is moving to its forever home at 12 Channel Highway, Kingston, in the Kingston Gateway.

Thanks to the landlord who found this great location, it is being purpose-built to the business' needs.

"It is going to be a salon like no other in Tasmania," said Jennifer from Bubbles.

"We will be offering extra services to support the dog community."

Jennifer encourages her employees to develop interests and skills additional to grooming which makes the business stronger.

Her plan is to partner with a dog training group, offer coat and skin therapy, special occasion grooms and open a coffee shop/window to cater for the Gateway precinct's need for caffeine.

"It's an exciting time for me, but I have to move the business first which is no easy feat," Jennifer said.

"I'm optimistic it will come together and open November as planned."

Bubbles Dog Spa and Groom version 4 is opening in the Kingston Gateway Centre November 1, with the previous site closing from October 21.



Bubbles Dog Spa and Groom team Cam Thai and Toby, Sam McDermott with Puffin, Jennifer Webster, Maz Greeley with Lady, Ellen Lemming with Sonny and Lea Regazzoni with Renoir and Zoe. Bubbles is moving in November to their new home at 12 Channel Highway, Kingston, in the Kingston Gateway. (PS)

Dogs on Blackmans Bay Beach

Kingborough Council is currently engaging in the draft Dog Management Policy that regulates the control of dogs in public spaces, determines the locations for off-lead exercise areas and outlines other declared areas in the best interest of the community and environment.

Kingborough Mayor Paula Wriedt said the community still has time to participate in the survey, which will be open until October 28.

"I know Kingborough has many passionate dog owners, with nearly 6000 registered dogs, so this consultation will be an important review for the community to contribute to," Cr Wriedt said.

"Many people have already contributed to the survey as well as written submissions, so I would encourage the community to either visit the Council's website or pop into the Civic Centre for a hard copy of the survey."

Two proposed off-lead dog exercise areas are being consulted on specifically.

The first is the sandy area of the southern end of Snug Beach.

This area has been included in the updated policy document for consultation.

The other dog exercise area proposed for the community to consider is at Blackmans Bay Beach, starting from south of the stormwater outlet to the end of the beach area.

The proposed Blackmans Bay Beach off-lead dog exercise area was not placed into the policy document as the request came through to Councillors from the Kingborough Dog Walking Association just before the meeting at which this policy was considered.

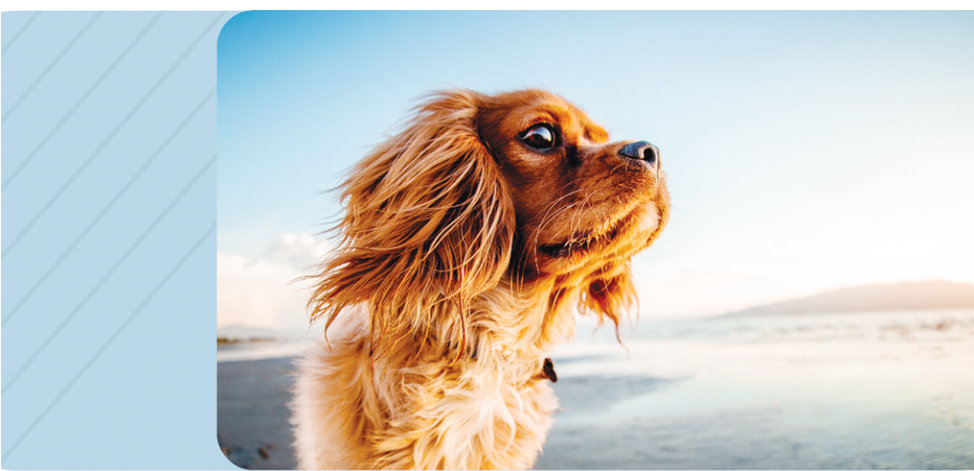
"The question of whether dogs should be allowed off the lead on the southern end of Blackmans Bay Beach

has been discussed for well over a decade and I know there are varied opinions on this matter, so it would be useful to ask the community what they think," Cr Wriedt said.

To participate in the survey, please see the advertisement with the QR code and link to the website or visit Kingborough Council's website and follow the links on the front page to community engagement.



Peter from the Kingborough Dog Walking Association (KDWA) and his two whippets with Kingborough Mayor Paula Wriedt. KDWA proposed the Blackmans Bay Beach off-lead dog exercise area just before the meeting at which this policy was considered. (PS)



DOG MANAGEMENT POLICY ENGAGEMENT

Kingborough Council is engaging with the community to get input for the review of the Dog Management Policy.

The Dog Management Policy regulates the control of dogs in public spaces, determines the locations for off lead exercise areas and outlines other declared areas in the best interest of the community and environment.

Contact information

Contact us via email kc@kingborough.tas.gov.au, call

6211 8200 or visit us at 15 Channel Hwy, Kingston

Mon – Fri 8.30am – 5pm.

Find the survey on Council website at

Kingborough.tas.gov.au

This survey closes on 28 October 2023



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The federal government could help secure the future of regional news with zero extra cost by simply allocating a fairer share of government advertising to local and regional news services.

One page per week of important government information in regional newspapers would be a great start. This shouldn't be controversial. It's a simple and fair solution for the future of regional news.



HEALTHY BODY HEALTHY MIND

ADVERTISING FEATURE



Holly Freeman from the Therapists Chair is a qualified trauma counsellor and clinical hypnotherapist who has a background in social work and nursing. She has many years of experience developing and teaching person-centred chronic disease management programs as well as training front-line health professionals in trauma-informed practice, domestic and family abuse and mental health. (PS)

Providing a safe space

Getting support and counselling for mental health issues is of the utmost importance for several reasons.

Mental health is an integral component of overall well-being.

Neglecting mental health concerns can have a profound and lasting impact on one's quality of life.

Professional support and counselling provide a safe space for individuals to express their thoughts and feelings, enabling them to confront and manage their issues effectively.

Moreover, mental health challenges can exacerbate physical health problems and strain relationships with loved ones.

Seeking help early can prevent these issues from escalating and help individuals regain control of their lives.

Holly Freeman at the Therapists Chair is equipped with the knowledge and tools to empower individuals to develop coping strategies, improve self-esteem, and navigate life's challenges.

Addressing mental health issues can reduce the stigma and foster a more open and supportive society.

By seeking help, individuals set an example for others, normalising the importance of mental health care and creating a culture of understanding and empathy.

Contact the Therapists Chair today at thetherapistschair.com.au or phone 0490 903 358.



Professional support and counselling provide a safe space for individuals to express their thoughts and feelings, enabling them to confront and manage their issues effectively. Contact the Therapists Chair today at thetherapistschair.com.au or phone 0490 903 358. (PS)

Appointments available now

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THE
THERAPISTS
CHAIR



Kettering-based Matthew Lamb has a new book coming out in November. *Frank Moorhouse: Strange Paths* explores the journey Frank Moorhouse has taken to become one of Australia's most original writers. Matthew Lamb is a former editor of *Review of Australian Fiction* and *Island* magazines with two PhDs in Literature and Philosophy. (PS)

Five tips to boost mental health

On World Mental Health Day, Beyond Blue shared mental health coaching tips to help people navigate everyday life stresses.

NewAccess Mental Health Coach Gemma Danahay supports people using a low-intensity CBT (cognitive behaviour therapy) coaching program, developed by Beyond Blue.

"More and more people are coming to me due to financial stress, as cost of living pressures escalate," Ms Danahay, who works with Lives Lived Well in Queensland said.

"The other main issues are relationship problems, work stresses, and grief and loss and sudden life changes.

"I have found many people are looking for more than just someone to talk to; they want to walk away with practical suggestions.

"In mental health coaching, people receive proactive skills and tools to work on the problems affecting their mental health."

Five practical coaching tips to help relieve stresses that can build up:

- Deal with problems one at a time - break down problems into bite-size pieces
- Notice common thinking traps - all-or-nothing thinking, self-blame, repetitive thinking
- Have realistic goals - make it achievable, it doesn't have to be perfect
- Balance is key - schedule pleasurable activities as well as work/family commitments
- Healthy habits - keep both body and mind healthy

"Part of coaching is also around relapse prevention, so any dips in mood are an opportunity to explore early warning signs and what helps the person feel better so that they know what to do with any future drops on the roller coaster of life," Ms Danahay said.

Beyond Blue's lead clinician Dr Grant Blashki says there are multiple benefits to using low-intensity CBT and problem-solving to support our mental health.

"These techniques are based on evidence and are shown to improve clinical outcomes for common mental health conditions like depression and anxiety," Dr Blashki said.

"People who are using the skills are often able to reduce their negative thinking patterns, the severity of their symptoms, and find that they develop new coping skills that they can apply to other problems in their lives.

"A structured approach helps people to stay focused on their goals and people often come away feeling quite empowered that they have some new strategies to manage common stresses in life."

NewAccess provides support for mild to moderate anxiety, depression, and life stresses, using specially trained and clinically supervised mental health coaches. It's free and doesn't require a GP referral.

"Mental health coaching is a valuable low-intensity support option that helps people with everyday common stresses and mental health issues before they develop into more severe mental health issues," Dr Blashki said.

"When it comes to reforming Australia's mental health

system, low-intensity options are a critical piece of the puzzle."

If you or someone you know need support, visit beyondblue.org.au/getsupport or call 1300 22 4636.

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		5			6			7
2					1		4	
	3					6	8	
			6	1			5	
	7		4		9		3	
	8			2	3			
	1	4					2	
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8			1			9		

CROSSWORD AND SUDOKU SUPPLIED

SUDOKU

Last week's answers

5	4	8	7	3	2	6	1	9
2	3	6	1	8	9	4	5	7
7	9	1	6	4	5	2	8	3
3	6	2	8	7	1	9	4	5
8	7	4	5	9	6	3	2	1
1	5	9	3	2	4	8	7	6
4	1	5	2	6	3	7	9	8
6	2	7	9	5	8	1	3	4
9	8	3	4	1	7	5	6	2

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1		2		3		4		5		6		7
8						9						
10								11				
		12	13					14	15			
16												17
18					19			20			21	
						22						
23									24			
25												

ACROSS

1. Dog (6,7)
8. Morass (5)
9. Commander (7)
10. Whole (6)
11. Live (6)
12. Twenty (5)
14. Behaved (5)
18. Show (6)
20. Mountainous (6)
23. Lit (7)
24. Treatment (5)
25. Disloyalty (13)

DOWN

1. Nut (6)
2. Sing (5)
3. Ruler (7)
4. Ill (4)
5. Fruit (5)
6. Fancy (7)
7. Bird (6)
13. Wine (7)
15. Hues (7)
16. Opinion (6)
17. Prises (6)
19. Snag (5)
21. Foolish (5)
22. Brink (4)

ACROSS

1. A description of Curt? (3,2,3,5). 8. Act as drover to one of the farm animals (5). 9. Sure to react in a peculiar way (7). 10. A double one! (6). 11. Determine to get the river police in (6). 12. The fool's going round by the chasm (5). 14. Tries to find out about the award, we hear (5). 18. People were said to feed her! (6). 20. He cadges something to eat from the cake shop (6). 23. Flower that would be appropriately grown into a pot! (3-4). 24. Came to the conclusion you possibly need five hundred (5). 25. Give one hundred per cent accuracy, I can assure you (4,2,7).

DOWN

1. She got furious about being squashed (6). 2. She was written up in a piece in the paper (5). 3. They make notes! (7). 4. It's within reach for everyone (4). 5. A point or two less good than the others (5). 6. Understand it's about the conversion of Elias (7). 7. Burned the wrong design (6). 13. Make a hostile demonstration to get a ban on torture (7). 15. One thrusts with them and possibly parries (7). 16. The two cats in the rhythm section! (3-3). 17. Try to find a home market for your products! (6). 19. Canoodle in the canteen! (5). 21. Help an upset girl (5). 22. Send out the signal with a smile (4).

CROSSWORD – Last week's answers

QUICK PUZZLE

Across - 1, Bungalow. 6, Side. 8, Scar. 9, Contrite. 10, Delay. 11, Expose. 13, Appear. 15, Excuse. 17, Willow. 19, Match. 22, Material. 23, Trip. 24, Less. 25, Green-fly. Down - 2, Uncle. 3, Garbage. 4, Lack. 5, Wandered. 6, Scrap. 7, Detests. 12, Browning. 14, Private. 16, Chasten. 18, Leeks. 20, Chill. 21, Blue.

CRYPTIC PUZZLE

Across - 1, Fare-well. 6, Lark. 8, Sa-id. 9, Negative. 10, Ch-i-ef. 11, Th-Ron-e. 13, Presto (anag.). 15, Roller. 17, S.-peck-s. 19, Heart. 22, Mode-rate. 23, Lime (rev.). 24, He-a-r. 25, End-owing. Down - 2, A-bash. 3, End-less. 4, Eons (anag.). 5, Lighters (anag.). 6, (vil)La-ter(ribly). 7, R.E-venue. 12, For shame. 14, Re-prove. 16, Lies low. 18, Clear. 20, R.A.-mon. 21, Read (anag.).



Five Kingborough gymnasts have been selected to represent Australia at the 37th FIG World Championships. Amber French competed in the junior World Championship last year and is taking on the senior division for the first time this year in November. (PS)

Local gymnasts for Birmingham

Five Kingborough gymnasts have been selected to represent Australia at the 37th FIG World Championships being held in Birmingham, United Kingdom in November.

This event is the primary qualification event for the Paris Olympics in the division of Individual Trampoline, where local gymnast Leuca McLeod will compete in the Men's Individual Trampoline and Synchronised Trampoline events.

This will be Leuca's second World Championships, having represented Australia in 2022 in the Men's Double-Mini Tramp.

McLeod has made the decision to focus on the Olympic discipline for 2023 and this will be the first time he represents Australia at the World Championship level on this apparatus.

Siblings Matthew and Amber French will also compete for Australia in the Men's and Women's Double-Mini Tramp. This will be Amber's first senior World Championship, having competed in the World Age Championships in the junior divisions in 2022.

Matthew will be hoping to build on last year's performances where he finished in eighth place in the final of the Men's Double-Mini Tramp.

Jacob Smith will once again compete in the Men's Tumbling division.

This will be his third time representing Australia at the senior World Championships.

Finally, newcomer Tristan Styles has been named as the non-travelling reserve for Men's Double-Mini and will be called up to compete in case of injury of a current team member.

The FIG World Age and Junior Championships will be held in Birmingham the week after the senior competition.

Kingborough gymnasts vying for selection into this event include Billy French, Madison McCulloch, Axel Murden, Finley Webster, Rohan Wilcox and Tristan Styles.



Newcomer Tristan Styles has been named as the non-travelling reserve for Men's Double-Mini and will be called up to compete in case of injury of a current team member. He is also vying for selection in the FIG World Age and Junior Championships to be held after the senior competition. Billy French, Madison McCulloch, Axel Murden, Finley Webster and Rohan Wilcox are also hoping to be selected. (PS)

A Page from the Past - Kingborough News

Fifty-six years ago the Huon Newspaper Company published *Kingborough News*, a weekly newspaper that circulated from 1967. The below page is taken from *Kingborough News*, Thursday, October 18, 1973.

Sthn. Road Outlet Road Route

THE route of the Southern Outlet Road from Sandfly to Vines Saddle has not changed materially since 1963.

Mr D. F. Clark M.H.A., has asked a number of questions in Parliament with respect to the section.

The adopted route crossed the Sandfly Secondary Road in the vicinity of the Sandfly shop and continued on a new alignment, more or less in a direct line to Vines Saddle via the hill flanking the southern side of Quarries Creek.

It joined the existing Huon Highway at a point one-eighth of a mile south of the old Lower Longley Hall site. Final plans would be completed within the next six months.

Actual expenditure to June 30, 1973 had been \$7,280,500 with \$670,000 required to complete the section to the Sandfly Secondary Road.

The detailed design of the road revealed inadequacies in the original estimates, he said. Many additional costs had been incurred. But the main reason for the increase over the original estimates, had been the longer construction period and the consequential effects of wage and price rises.

Mr Clark said the road would be opened to the Sandfly road by March 1974.

The section to the old Huon Highway at Longley, would be upgraded as part of the general reconstruction of that road.

The section to Vines Saddle should be opened by 1975-76, if sufficient funds were allocated to maintain the rate of expenditure of the past three years.

Mr Clark said it was planned to spend

\$670,000 to complete the road to the Sandfly Secondary Road and \$80,000 on initial work on the next section to Vines Saddle.

The road should have reached Vines Saddle by 1971 and now would be five years late, Mr Clark said.

"How much later than that, would it be if funds were further reduced? And when would it reach the Grove and Huonville?" he asked.

Consequent upon the completion of the Southern Outlet to Huonville, Mr Clark said, the policy had always been (as enunciated in 1964, by the then Labor Government), that major funds would then be spent on the Huonville to Geeveston section.

This policy was acceptable then as the Southern Outlet Road was expected to be completed by 1972. Now that it would not be completed until 1978 or later, that major funds would then be spent on the Huonville to Geeveston section.

This policy was acceptable then as the Southern Outlet Road was expected to be completed by 1972. Now that it would not be completed until 1978 or later, that policy was no longer acceptable. The Government should either allocate more realistic amounts to the Southern Outlet Road or commence more serious work on the Huonville to Geeveston section, one of the worst roads in the State.

Back to Dover Committee

A meeting was held at Dover Hall recently to form a committee to plan for the Back to Dover weekend to be held on December 22-23, to coincide with the launching of Mr Jim Casey's new Cruise Ship.

An interim committee was appointed comprising Mr Ray Skinner (Hon. Sec.), Mr and Mrs W. Cochrane, Mr and Mrs J. Casey, Mr J. Jansson, Mr E. W. Jager and Mr S. Gamble.

It was decided to contact all local organisations asking each to arrange functions and

events for the Back-to-Dover weekend.

It was suggested by Mrs Cochrane that womens organisations could make a major contribution to organisation.

A follow-up public meeting will be held on Thursday, October 18th to elect office bearers.

KINGBOROUGH MUNICIPALITY

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Incorporating the 'Huon News'

1st Series: Vol. 36 No. 3328. Price 5c; delivered 6c; posted \$3.00 per year.

2nd Series: Vol. 9 No. 444 — THURSDAY, OCTOBER 18, 1973.

Tournament Winners



THIS Franklin four won the Huon Apple Blossom Tournament, conducted by the Huonville Bowls Club, at Huonville, on 6th October. The Franklin Club entered eight teams in the tournament.

(Left to right): Jim Paul, Ray Walker, Ellis Walker (skip), and Ian Bumford.

Photography by
Richard Bennett

WEDDINGS
PORTRAITURE
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Esperance Rural Fires

The first Rural Fires Brigade in Esperance Municipality was formed at Dover in 1968 when a second-hand International Fire Tanker was purchased from A. P.M. Forests, Melbourne.

The first Captain of the unit was Mr K. M. Doyle. The unit became very efficient and secured an equal first at the Campbell Town competitions.

In Geeveston, the township is covered by the Urban Brigade with Noel Fielding as First Officer and 11 volunteer firemen.

However many areas outside the town have little protection as the Urban Brigade is confined to its gazetted area.

It was decided to purchase a 500 gallon Tanker Unit on a Bedford vehicle. At present Mr Fielding and a couple of volunteers are carrying on and last Saturday controlled a fire threatening to spread at Riley's Creek.

A meeting next Tuesday, October 23, at 8 pm at the Council Chambers seeks volunteers for the brigade, and on Sunday, October 28, there will be practice and a barbecue tea at Kent St. followed by films at the Town Hall.

'IT'S NOT A HANGING MATTER'

AN uneventful October Kingborough Council meeting flared to life in its last moments when Councillor Boot moved a motion of censure against fellow Tarooma Councillor, Mark Ashton.

Cr. Boot accused Cr. Ashton of initiating police action against Tarooma parking violators prior to receiving the results of an investigation by his fellow Ward Councillors Boot and Eyles.

The September Council meeting had agreed that the danger to pedestrians caused by Tarooma residents parking cars on the Channel Highway footpath should be weighed against their parking on the narrow winding roadway thus increasing the dangers to car drivers.

Cr. Ashton announced at the September meeting that he would act alone when his request to approach the police to clear illegal parkers was deferred by the Council.

In answer to Councillor Boot, Cr. Ashton stated that he had approached Acting Police Commissioner Knowles the next day after the council meeting and the police had agreed that

the practice of parking along the Channel Highway was dangerous and that police action would continue in spite of the protests received from residents.

In his reply, Cr. Ashton counter attacked. 'I don't care. Those who brought the motion up have no respect for the safety of the residents in the area.'

Cr. Eyles, in recommending the motion of censure, accused Cr. Ashton of not having due regard to the wishes of the Council and restated his belief that it was safer to have cars on the footpath than parked on the roadway.

Other Councillors prevailed upon the movers to water the censure motion down to one 'registering disapproval' and the motion passed with Cr. Golder abstaining.

As the verdict was announced, Cr. Ashton challenged the successful mover (Cr. Boot) to

indicate what action he wanted to flow from 'the disapproval' motion.

Cr. Boot's reply summed up the feeling of the meeting—'nothing—it's not a hanging matter.'

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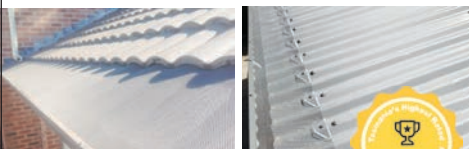
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The Kingborough Lions United Football Club recently held their Annual Awards and Presentation Dinner. High performance women award winners and coaches Amelia Loxley, Charli Crowe, Madison James, Simon Edwards, Chelsea Segger and Danielle Kannegiesser. (PS Carolyn Whitehouse)



Social Men Division 1 League winners. (PS Carolyn Whitehouse)



New Life Members, Simon Edwards, Jan Stewart and Tim Dale (absent). (PS Carolyn Whitehouse)

Kingborough Lions awards dinner

The Kingborough Lions United Football Club (KLUF) held their Annual Awards and Presentation Dinner on Saturday, October 14 at the Hobart Function Centre.

The following were recipients of the 2023 awards:

- Brian Dale (President's) Awards - Andrew Kerr
- Mike Perrin Perpetual Trophy for Outstanding Club Service - Lorna Barrett
- Laurie Harvey Perpetual Trophy for Outstanding Club Person - Brian Downes
- Life Members - Tim Dale, Simon Edwards and Jan Stewart
- Zoe Nolan Medal (WSL Best and Fairest) - Chelsea Segger
- WSL Player's Player - Chelsea Segger and Danielle Kannegiesser
- SWC Best and Fairest - Charli Crowe
- SWC Player's Player - Sunita Buamee
- Women's Social Division 1 Best and Fairest - Michaelyne Chee
- Women's Social Division 1 Player's Player - Lizzy Batt
- George Arnott Medal (NPL Best and Fairest) - Ahmed Othman

- NPL Coach's Award - Ahmed Othman
- Bernie Siggins Medal (U21s Best and Fairest) - Rory Kent
- U21s Player's Player - David Leamey
- Social Men Division 1 Best and Fairest - Jack Docking
- Social Men Division 1 Most Improved - Campbell Harms
- Social Men Division 2 Best and Fairest - Dan Conway
- Social Men Division 2 Player's Player - Gabe Deayton
- Social Men Division 4 Black Best and Fairest - Geoff White
- Social Men Division 4 Black Player's Player - Geoff White
- Social Men Division 4 Blue Best and Fairest - Andrew Kent
- Social Men Division 4 Blue Player's Player - Andrew Kent
- Social Men Division 4 White Best and Fairest - Kai Huddy
- Social Men Division 4 White Coach's Award - Hayden Honeywood
- Golden Boot - Wayne Quinn
- Sheena Harper Memorial (most promising female youth playing seniors) - Amelia Loxley
- Alistair Rattray (most promising male youth playing seniors) - Eli Wright



The HCCA T20 Division 1 Summerleas Eagles and Kingston Crows battled on and off rain on Saturday, October 14. The game was shortened due to the weather, but not before the Crows managed a 3/94 win to Eagles 8/96. Eagle Jay Jay Rawat bowled four overs, no maidens for 30 runs and no wickets. (PS - Carolyn Whitehouse)

GOLF RESULTS

Kingston Beach Golf Club - Women's

Tuesday 18 Hole Stroke, October 3
C. Strudwick 69, S. Falkingham 70.
Ball rundowns: R. Smithies 72, A. Challen 73, C. Abel 76.
9 Hole Stroke: B. Morgan 36, M. Adams 37.
Ball rundowns: S. Newland 39.

Thursday 18 Hole Canadian Foursomes, October 5
Nett: C. Mathers and Kaye Nesbitt 71.12, D. Males and S. Scollard 76.37, C Dywer and A. Johnston 77.
9 Hole Canadian Foursomes
Nett: M. Wisniewski and C. Miller 40.69, R. Knight and A. Dixon 44.

Kingston Beach Golf Club - Men's

Midweek Stableford, October 4
Division 1: S. Figg 40, A. Hind 39.
Division 2: B. Knevett 42 c/b, M. Hurley 42.
Division 3: N. Glade Wright 43, D. Nunn 39.
Ball rundowns: P. Dalton 41, S. Lowry 39, J. Gunn, A. Kanthety, P. Lowry, M. Grimes 38, R. Hartog, R. Brown.
Nearest the pins: 1st T. Lorkin, 7th R. More, 8th S. Lucas, 16th D. Harrison, 18th P. Faure.
Eagles: 17th R. Demmer, M. Grimes.
Seniors: I. Johnson 39 c/b, D. Stringer.
Ball rundowns: P. Targett 37, G. Hills, M. Burbidge 36, R. Stewart.
Nearest the pin: 16th P. Mayne.

2023 Men's Foursomes Championship, Saturday, October 7 Round 1, 18 Holes
Bidencope Cup Gross: T. Rumney and A. Butt 72.
CB Davies Cup Nett: T. Rumney and A. Butt 67.
Runners up: J. Sorrentino and V. Sorrentino 68.5.
Third place: P. Odendaal and P. Faure 70.
36 Hole Gross: D. Pretzman and M. Glover 152, P. Leary and S. Terhell 155 c/b.
36 Hole Nett: T. Rumney and A. Butt 145, L. Cripps and P. Bain 149.

Round 2, 18 Holes
Gross: P. Leary and S. Terhell 73 c/b, A. Isles and N. Johns.

Nett: S. Louw and T. Newlands 70.
Ball rundowns: C. Meades and A. White 71 c/b, P. Rogers and R. Sassin, J. Smith and S. Figg 72.5 c/b, L. Cripps and P. Bain, W. Jones and R. Jones 73, G. Appleyard and C. Willoughby 73.5 c/b.
Nearest the pins: 1st S. Terhell, 7th J. Sorrentino, 8th H. Johnstone, 16th P. Lagerewskij, 18th P. Leary.

North West Bay Golf Club - Women's

Tuesday Foursomes Championships 18 holes, October 10
Nett: J. Collett, H. Dwyer 96, M. Roberts, K. Batchelor 103, E. Collins, D. Banks 112, S. Hall, R. Sawford 113, C. Duggan, C. Mackey 115.
9 holes
P. Irvine, M. Cormack 53, G. Morriss, J. Cooper 62, E. Murray, C. Goodwin 62, M. Bedding, S. Ball 69.
Thursday Red/Yellow Stableford, October 12
Winners: Y. Jarman 33, K. Batchelor 32, S. Hall 31 c/b, H. Dwyer 31, E. Collins 28, D. Banks 25.
9 holes
Winners: C. Mackey 17, C. Thompson 16, G. Morriss 15, C. Duggan 12.

North West Bay Golf Club - Men's

Saturday Stroke and Monthly Medal, October 7
A Grade Nett: B. Stanway 74, H. Botha 74.
A Grade Gross: B. Stanway 77.
B Grade Nett: B. Jenkins 63, D. Goetzke 70.
B Grade Gross: B. Jenkins 80.
C Grade Nett: P. Clements 68, C. James 69.
C Grade Gross: C. James 89.
Place getters: R. Ferguson 70, C. Gates 71, G. Swan, G. Dwyer 72, K. Latham, I. Batt, R. Gore, P. Lindsay 73, E. Gardiner 74.
Nearest the pins: 7th W. Su 216cm, 10th S. Smith 207cm, 14th B. Jenkins 74cm.
Birdies: 7th B. Jenkins, I. Batt, D. Muir, D. Gofton, 14th J. Cooper-Campbell, B. Jenkins.
Monthly Medal: B. Jenkins 63.



Aiden Donovan was the Crows' top scorer with 25. (PS Carolyn Whitehouse)